


January 2014

SchoolFood FEED YOUR MIND

Monday	Trayless Tuesday	Wednesday	Thursday	Friday
		1 HAPPY NEW YEAR BBQ Roasted Chicken Steamed Rice EAT YOUR COLORS Orange Roasted Carrots	2 Savory Beef Ravioli Parmesan Cheese EAT YOUR COLORS Garlicky Green Beans	3 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Roasted Chickpeas
6 Crispy Chicken Tenders EAT YOUR COLORS Super Hero Spinach	7 Cheese Burger EAT YOUR COLORS Red Roasted Potatoes	8 Hot Corner Deli Sandwich Creations on Assorted Breads FritoLay® SunChips® EAT YOUR COLORS Garlicky Green Beans	9 BBQ Roasted Chicken NEW! Honey Biscuit EAT YOUR COLORS Sweet Potato Wedges	10 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Roasted Chickpeas
13 Jamaican Beef Patty EAT YOUR COLORS Orange Roasted Carrots	14 Honey Mustard Crispy Chicken Sandwich EAT YOUR COLORS Wedge Cut Potatoes	15 Teriyaki Chicken Hot Lo Mein EAT YOUR COLORS  Crispy Egg Roll	16 <i>Slow Cooked Turkey</i> with BBQ Sauce Sunrise Corn Bread EAT YOUR COLORS Seasoned Bean Choice	17 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Green Garden Salad
20 MARTIN LUTHER KING JR DAY Crispy Chicken Tenders EAT YOUR COLORS Garlicky Green Beans	21 Cheese Burger EAT YOUR COLORS Sweet Potato Wedges	22 Sabroso Roasted Chicken Spanish Rice EAT YOUR COLORS Sweet Plantains	23 Cheesy BBQ Grilled Chicken Sandwich EAT YOUR COLORS Braised Collards	24 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Roasted Chickpeas
27 Jamaican Beef Patty EAT YOUR COLORS Garlicky Green Beans	28 Cheesy Ranch Crispy Chicken Sandwich EAT YOUR COLORS Red Roasted Potatoes	29 Penne Pasta with Pesto Grilled Chicken Strips OR Spaghetti and Meat Sauce Herbed Marinara Sauce EAT YOUR COLORS Super Hero Spinach	30 NEW! Southwest Turkey Salsa and Cheddar Steamed Rice Baked! Tostitos® Scoops® EAT YOUR COLORS Seasoned Bean Choice	31 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Marinated Tomato Salad

Offered Daily : PB&J and Cheese Sandwiches, Deli Condiments

Offered Daily : Milk (1% low fat, fat free & fat free chocolate), Seasonal Fresh Fruit

Spice Station : Granulated Garlic, Red Pepper Flakes, Oregano

Packet Burger Condiments : Ketchup, Mustard, Mayonnaise

Packet Dipping Sauces : Ketchup, Mayo

Packet Dressings : Creamy Italian, French, Thousand Island, Italian

K-8 Express Hot Lunch Menu

Menu is Subject to Change

