

December 2013

SchoolFood FEED YOUR MIND

Monday	Trayless Tuesday	Wednesday	Thursday	Friday
2 Tasty Beef Ravioli EAT YOUR COLORS Garlicky Green Beans	3 Big Apple Cheese Burger on a Whole Grain Roll EAT YOUR COLORS Wedge Cut Potatoes	4 Slow Cooked Turkey with Salsa and Cheddar Rice Choice Baked! Tostitos® Scoops® EAT YOUR COLORS Seasoned Bean Choice	5 Mac and Cheese BBQ Roasted Chicken Sunrise Corn Bread EAT YOUR COLORS Roasted Sweet Potato Wedges	6 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Green Garden Salad
9 Crispy Chicken Tenders EAT YOUR COLORS Orange Roasted Carrots	10 Grilled Chicken Parmesan Sandwich EAT YOUR COLORS Super Hero Spinach	11 Big Apple Cheese Burger on a Whole Grain Roll EAT YOUR COLORS Red Roasted Potatoes	12 Chicken Teriyaki Hot Lo Mein EAT YOUR COLORS Crispy Egg Roll	13 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Chickpea Salad
16 Tasty Beef Ravioli EAT YOUR COLORS Garlicky Green Beans	17 Cheesy Ranch Crispy Chicken Sandwich on a Whole Grain Roll EAT YOUR COLORS Roasted Sweet Potato Wedges	18 Slow Cooked Turkey Country Gravy FritoLay® SunChips® EAT YOUR COLORS Mashed Potatoes	19 Penne Pasta with Pesto Grilled Chicken Strips OR Spaghetti and Meat Sauce Herbed Marinara Sauce EAT YOUR COLORS Super Hero Spinach	20 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Chickpea Salad
23 WINTER RECESS Oven Baked Italian Cheese Herbed Marinara Sauce EAT YOUR COLORS Braised Collards	24 WINTER RECESS Big Apple Cheese Burger on a Whole Grain Roll EAT YOUR COLORS Straight Cut Potatoes	25 WINTER RECESS Slow Cooked Turkey Rice Choice Baked! Tostitos® Scoops® EAT YOUR COLORS Seasoned Bean Choice	26 WINTER RECESS Mac and Cheese BBQ Roasted Chicken Sliced Wheat Bread EAT YOUR COLORS Roasted Sweet Potato Wedges	27 WINTER RECESS Oven Baked Pizza Bagel EAT YOUR COLORS Marinated Green Beans
30 WINTER RECESS Crispy Chicken Tenders EAT YOUR COLORS Super Hero Spinach	31 WINTER RECESS Big Apple Cheese Burger on a Whole Grain Roll EAT YOUR COLORS Wedge Cut Potatoes			

Offered Daily : PB&J and Cheese Sandwiches, Deli Condiments

Offered Daily : Milk (1% low fat, fat free & fat free chocolate), Seasonal Fresh Fruit

Spice Station : Granulated Garlic, Red Pepper Flakes, Oregano

Packet Burger Condiments : Ketchup, Mustard, Mayonnaise

Packet Dipping Sauces : Ketchup, Mayo

Packet Dressings : Creamy Italian, French, Thousand Island, Italian

K-8 Express Hot Lunch Menu

Menu is Subject to Change

