

November 2013

SchoolFood FEED YOUR MIND

Monday	Trayless Tuesday	Wednesday	Thursday	Friday
				1 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Chickpea Salad
4 Tasty Beef Ravioli EAT YOUR COLORS Garlicky Green Beans	5 ELECTION DAY Big Apple Cheese Burger on a Whole Grain Roll EAT YOUR COLORS Wedge Cut Potatoes	6 Slow Cooked Turkey Rice Choice Salsa and Cheddar Baked! Tostitos® Scoops® EAT YOUR COLORS Seasoned Bean Choice	7 Mac and Cheese BBQ Roasted Chicken Sunrise Corn Bread EAT YOUR COLORS Roasted Sweet Potato Wedges	8 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Green Garden Salad
11 VETERANS DAY Classic Grilled Cheese Toasted Wheat Bread EAT YOUR COLORS Brooklyn Baked Beans	12 Crispy Chicken Tenders Herbed Marinara Sauce EAT YOUR COLORS Super Hero Spinach	13 Big Apple Cheese Burger on a Whole Grain Roll EAT YOUR COLORS Red Roasted Potatoes	14 Chicken Teriyaki Hot Lo Mein EAT YOUR COLORS Crispy Egg Roll	15 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Marinated Tomato Salad
18 Tasty Beef Ravioli EAT YOUR COLORS Super Hero Spinach	19 Crispy Chicken Sandwich BBQ OR Honey Mustard on a Whole Grain Roll EAT YOUR COLORS Roasted Sweet Potato Wedges	20 Penne Pasta with Pesto Grilled Chicken Strips OR Spaghetti and Meat Sauce Herbed Marinara Sauce EAT YOUR COLORS Roasted Zucchini	21 HOLIDAY MEAL <i>Slow Cooked Turkey</i> Country Gravy FritoLay® SunChips® EAT YOUR COLORS Mashed Potatoes Oven Roasted Vegetables	22 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Chickpea Salad
25 Crispy Chicken Tenders EAT YOUR COLORS Orange Roasted Carrots	26 PIZZA PARTY Oven Baked Pizza Bagel EAT YOUR COLORS Green Garden Salad	27 Big Apple Cheese Burger on a Whole Grain Roll EAT YOUR COLORS Wedge Cut Potatoes	28 THANKSGIVING RECESS <i>Slow Cooked Turkey</i> Country Gravy FritoLay® SunChips® EAT YOUR COLORS Garlicky Green Beans Mashed Potatoes	29 THANKSGIVING RECESS Oven Baked Pizza Bagel EAT YOUR COLORS Chickpea Salad

Offered Daily : PB&J and Cheese Sandwiches, Deli Condiments

Offered Daily : Milk (1% low fat, fat free & fat free chocolate), Seasonal Fresh Fruit

Spice Station : Granulated Garlic, Red Pepper Flakes, Oregano

Packet Burger Condiments : Ketchup, Mustard, Mayonnaise

Packet Dipping Sauces : Ketchup, Mayo

Packet Dressings : Creamy Italian, French, Thousand Island, Italian

K-8 Express Hot Lunch Menu

Menu is Subject to Change

