

October 2013

Monday	Trayless Tuesday	Wednesday	Thursday	Friday
	BURGER BASH Big Apple Cheese Burger on a Whole Grain Roll Jamaican Beef Patty Burger Condiments Red Roasted Potatoes	BIG APPLE CAFÉ Grilled Chicken Strips Chef's Choice Sauce FritoLay® SunChips® Seasoned Bean Choice	THE CLASSICS Italian Bolognese Sauce Herbed Marinara Sauce WG Pasta Choice Garlicky Green Beans	PIZZA PARTY Oven Baked Pizza Bagel Green Garden Salad Choice of Dressings Spice Station
THE CLASSICS Tasty Beef Ravioli Super Hero Spinach	BIG APPLE CAFÉ Glazed Grilled Chicken Sandwich With BBQ Sauce OR Honey Mustard Glazed on a Whole Grain Roll Wedge Cut Potatoes	NACHO TACO Southwest Style Beef with Shredded Cheese & Salsa Jasmine Rose Rice Baked! Tostitos® Scoops® Seasoned Bean Choice	CHICKEN DELIGHTS Crispy Chicken Sandwich on a Whole Grain Roll Roasted Sweet Potato Wedges Dressings and Sauces	PIZZA PARTY Oven Baked Pizza Bagel Cucumber Salad Spice Station
COLUMBUS DAY Big Apple Cheese Burger on a Whole Grain Roll Burger Condiments Brooklyn Baked Beans	CHICKEN DELIGHTS Crispy Chicken Tenders Dipping Sauces Roasted Sweet Potato Wedges	THE CLASSICS Italian Bolognese Sauce Herbed Marinara Sauce WG Pasta Choice Garlicky Green Beans Spice Station	THE CLASSICS Slow Cooked Turkey Mashed Potatoes Country Gravy Sunrise Corn Bread	PIZZA PARTY Oven Baked Pizza Bagel Green Garden Salad Choice of Dressings Spice Station
THE CLASSICS Tasty Beef Ravioli Garlicky Green Beans	BIG APPLE CAFÉ Glazed Grilled Chicken Sandwich With BBQ Sauce OR Honey Mustard Glazed on a Whole Grain Roll Roasted Sweet Potato Wedges	NACHO TACO Southwest Style Beef with Shredded Cheese & Salsa Jasmine Rose Rice Baked! Tostitos® Scoops® Seasoned Bean Choice	THE CLASSICS Savory Roasted Chicken Chef's Choice Sauce FritoLay® SunChips® Sweet Plantains	PIZZA PARTY Oven Baked Pizza Bagel Green Garden Salad Choice of Dressings Spice Station
CHICKEN DELIGHTS Crispy Chicken Tenders Dipping Sauces Crunchy Carrot Sticks	BURGER BASH Big Apple Cheese Burger on a Whole Grain Roll Burger Condiments Red Roasted Potatoes	THE CLASSICS Crispy Chicken Patty Herbed Marinara Sauce Melted Mozzarella on a Whole Grain Roll Garlicky Green Beans	BOWL EM OVER Grilled Chicken Strips BBQ OR Asian Sesame Sauce over Rice Choice OR Hot Lo Mein Super Hero Spinach	

Offered Daily : Milk (1% low fat, fat free and fat free chocolate), Seasonal Fresh Fruit, PB&J and Cheese Sandwiches

Packet Dressings : Creamy Italian, French, Thousand Island, Italian Packet Dipping Sauces : Ketchup, Mayo

Packet Deli Condiments : Mayo, Mustard Packet Burger Condiments : Ketchup, Mayo, Mustard

Spice Station : Granulated Garlic, Red Pepper Flakes, Oregano

Menu is Subject to Change

K-8 Express Hot Lunch Menu

