

# September 2013

## SchoolFood FEED YOUR MIND

Monday	Trayless Tuesday	Wednesday	Thursday	Friday
<b>THE CLASSICS</b> Tasty Beef Ravioli Super Hero Spinach	<b>GOLDEN CRISPY</b> Crispy Chicken Sandwich on a Whole Grain Roll Burger Condiments Wedge Cut Potatoes	<b>NACHO TACO</b> Southwest Style Beef with Shredded Cheese & Salsa Baked! Tostitos® Scoops® Seasoned Pinto Beans	<b>THE CLASSICS</b> Savory Roasted Chicken FritoLay® SunChips® Orange Roasted Carrots	<b>PIZZA PARTY</b> Oven Baked Pizza Bagel Marinated Green Beans
<b>WELCOME BACK</b> Glazed Grilled Chicken Sandwich With BBQ Sauce OR Honey Mustard Glazed on a Whole Grain Roll Roasted Sweet Potato Wedges	<b>THE CLASSICS</b> Italian Bolognese Sauce WG Pasta Choice Herbed Marinara Sauce Italian Chickpeas	<b>CORNER DELI</b> Assorted Hot Sandwiches Turkey and Cheese OR Ham And Cheese on Whole Wheat Bread OR Whole Grain Roll Garlicky Green Beans Deli Condiments	<b>THE CLASSICS</b> Savory Roasted Chicken Chef's Choice Sauce Spanish Rice/Herbed Rice Pilaf Sweet Plantains	<b>PIZZA PARTY</b> Oven Baked Pizza Bagel Green Garden Salad Choice of Dressings Spice Station
<b>CHICKEN DELIGHTS</b> Crispy Chicken Tenders Dipping Sauces Garlicky Green Beans	<b>BURGER BASH</b> Big Apple Cheese Burger on a Whole Grain Roll Jamaican Beef Patty Burger Condiments Roasted Sweet Potato Wedges	<b>BOWL EM OVER</b> Grilled Chicken Strips with Shredded Cheese & BBQ Sauce over Rice Choice OR with Asian Sesame Sauce over Hot Lo Mein Noodles Super Hero Spinach	<b>THE CLASSICS</b> Slow Cooked Turkey Country Gravy Mashed Potatoes Sunrise Corn Bread	<b>PIZZA PARTY</b> Oven Baked Pizza Bagel Chickpea Salad Spice Station
<b>THE CLASSICS</b> Tasty Beef Ravioli Super Hero Spinach	<b>CHICKEN DELIGHTS</b> Crispy Chicken Sandwich on a Whole Grain Roll Dressings and Sauces Roasted Sweet Potato Wedges	<b>NACHO TACO</b> Southwest Style Beef with Shredded Cheese & Salsa Jasmine Rose Rice Baked! Tostitos® Scoops® Seasoned Bean Choice	<b>THE CLASSICS</b> Savory Roasted Chicken Chef's Choice Sauce FritoLay® SunChips® Red Roasted Potatoes	<b>PIZZA PARTY</b> Oven Baked Pizza Bagel Cucumber Salad Spice Station
<b>CHICKEN DELIGHTS</b> Crispy Chicken Tenders Dipping Sauces Crunchy Carrot Sticks				

Offered Daily : Milk (1% low fat, fat free and fat free chocolate), Seasonal Fresh Fruit, PB&J and Cheese Sandwiches

Packet Dressings : Creamy Italian, French, Thousand Island, Italian      Packet Dipping Sauces : Ketchup, Mayo

Packet Deli Condiments : Mayo, Mustard

Packet Burger Condiments : Ketchup, Mayo, Mustard

Spice Station : Granulated Garlic, Red Pepper Flakes, Oregano

K-8 Express Hot Lunch Menu

Menu is Subject to Change

