



## DECEMBER 2017: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>	1 Sunshine Zucchini Loaf
				Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit
4	5	6	New York Thursday 7	8
<b>Apple Cinnamon Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Orange Tangerine Juice	<b>Back to the Roots® Cinnamon Cluster</b>  <b>Organic Stonyfield® Yogurt</b>  Honey Roasted Sunflower Seeds  100% Fruit Juice	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly    Seasonal Fresh Fruit	<b>Yogurt Parfait</b>  <b>Land O'Lakes® Cheddar Cheese Stick</b>  <b>New York Apple Slices</b>	<b>Honey Corn Loaf</b>  <b>Back to the Roots Organic Purple Corn Flakes</b>  Seasonal Fresh Fruit
11	12	13	New York Thursday 14	15
<b>Fruity Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Apple Juice	<b>Back to the Roots® Cinnamon Cluster</b>  <b>Organic Stonyfield® Yogurt</b>  Served with Craisins & Granola  100% Fruit Juice	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly    Seasonal Fresh Fruit	<b>Nature Valley™ Oats 'n Honey Granola Bar</b>  <b>Upstate Farms® Yogurt</b>  <b>Land O'Lakes® Mozzarella Cheese Stick</b>  <b>Fresh New York Apples</b>	<b>Whole Grain Croissant</b> Served with Jelly  <b>Back to the Roots Organic Purple Corn Flakes</b>  Seasonal Fresh Fruit
18	19	20	New York Thursday 21	22
<b>Sun Butter Cup</b>  <b>Honey Graham Crackers</b> Grape Jelly  100% Fruit Juice	<b>Back to the Roots® Cinnamon Cluster</b>  <b>Organic Stonyfield® Yogurt</b>  Served with Craisins & Granola  100% Fruit Juice	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly    Seasonal Fresh Fruit	<b>Nature Valley™ Oats 'n Honey Granola Bar</b>  <b>Upstate Farms® Yogurt</b>  <b>Land O'Lakes® Colby Cheese Stick</b>  <b>Fresh New York Apples</b>	<b>Sunshine Zucchini Loaf</b>  <b>Back to the Roots Organic Purple Corn Flakes</b>  Seasonal Fresh Fruit
Winter Recess 25	Winter Recess 26	Winter Recess 27	Winter Recess 28	Winter Recess 29
<b>Apple Cinnamon Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Orange Tangerine Juice	<b>Back to the Roots® Cinnamon Cluster</b>  <b>Organic Stonyfield® Yogurt</b>  Honey Roasted Sunflower Seeds  100% Fruit Juice	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly    Seasonal Fresh Fruit	<b>Yogurt Parfait</b>  <b>Land O'Lakes® Cheddar Cheese Stick</b>  <b>New York Apple Slices</b>	<b>Honey Corn Loaf</b>  <b>Back to the Roots Organic Purple Corn Flakes</b>  Seasonal Fresh Fruit

<p><b>Milk</b></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p><b>Seasonal Fresh Fruit</b> Apples, Oranges, Bananas, Pears</p> <p><b>Canned Fruit</b> Peaches, Pears, Pineapples</p>	<p><b>OFFERED DAILY</b></p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Breakfast Express / Breakfast in the Classroom menu</p>	<p><b>Grab and Go Breakfast Pack</b></p>	<p><b>Cold Cereal Choices</b></p> <p>Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Cluster</p>
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**ATTENTION:**  
All Pre-K 3 & 4 Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.