



JANUARY 2020: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
		Winter Recess 1	New York Thursday 2	3
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<p><i>Daily Lunch Specials</i></p> <ul style="list-style-type: none"> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Tuna or Turkey Sandwich (Not available on Monday) 	<p>Baked Mozzarella Sticks with Marinara Dipping Sauce</p> <p>Roasted Fresh Broccoli & Cauliflower</p> <p><i>Salad Bar</i> Garden Greens</p>	<p>New York Beef Hamburgers & Cheeseburgers* served on Ciabatta</p> <p>Baked New York French Fries</p> <p>Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's</p>	<p>!!! PIZZA !!!</p> <p>Chicken Ranch Pizza</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad</p>
6	7	8	New York Thursday 9	10
<p>Grilled Cheese Sandwich</p> <p>Fresh Broccoli with Garlic & Oil</p> <p><i>Salad Bar</i> Garden Greens</p>	<p>Peach BBQ Chicken Drumstick*</p> <p>Honey Corn Muffin</p> <p>Slow Roasted Carrots</p> <p><i>Salad Bar</i> Traditional</p>	<p>PROMO Mashed Potato Bowl</p> <p>Toasted Garlic Bread</p> <p>Grab-n-Go Chicken Caesar Salad</p> <p><i>Salad Bar</i> Garden Greens</p>	<p>GOLDEN KRUST® Jamaican Beef Patty</p> <p>Roasted Zucchini</p> <p>New York Cookie Treat</p> <p>Fresh New York Apples</p> <p>Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> New York Local</p>	<p>!!! PIZZA !!!</p> <p>Assorted Toppings</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad</p>
13	14	15	New York Thursday 16	17
<p>Baked Mozzarella Sticks with Marinara Dipping Sauce</p> <p>Roasted Fresh Broccoli & Cauliflower</p> <p>Rold Gold® Hartzels</p> <p><i>Salad Bar</i> Garden Greens</p>	<p>Baked Chicken Bites</p> <p>Garlicky Green Beans</p> <p>Warm New York Dinner Roll</p> <p><i>Salad Bar</i> Traditional Featuring Carrot Lemon Salad</p>	<p>PROMO Bite Size Beef Tacos</p> <p>Confetti Corn</p> <p>Baked! Tostitos® Scoops®</p> <p>Grab-n-Go Chopped Salad</p> <p><i>Salad Bar</i> Burger/Sandwich Fixin's</p>	<p>Teriyaki Chicken Dumplings*</p> <p>Vegetable Rice</p> <p>Orange Ginger Carrots</p> <p>Fresh New York Apples</p> <p>New York Cookie Treat Grab-n-Go Chopped Salad <i>Salad Bar</i> New York Local</p>	<p>!!! PIZZA !!!</p> <p>Margherita Pizza</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad</p>
Martin Luther King Day 20	21	22	New York Thursday 23	24
<p>Mac-n-Cheese</p> <p>Toasted Garlic Bread</p> <p>Baked Broccoli</p> <p><i>Salad Bar</i> Garden Greens</p>	<p>Baked Chicken Tenders With Dipping Sauce</p> <p>Baked Sweet Potato Waffle Fries</p> <p>Baked! Tostitos® Scoops® Served with Salsa Cup</p> <p><i>Salad Bar</i> Traditional</p>	<p>PROMO Sweet & Sour Chicken Bowl Served with Vegetable Rice</p> <p>Garlicky Green Beans</p> <p><i>Salad Bar</i> Garden Greens</p>	<p>New York Beef Hamburgers & Cheeseburgers* served on Ciabatta</p> <p>Baked New York French Fries</p> <p>Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's</p>	<p>!!! PIZZA !!!</p> <p>Chicken Ranch Pizza</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad</p>
27	28	29	30	31
<p>Grilled Cheese Sandwich</p> <p>Fresh Broccoli with Garlic & Oil</p> <p><i>Salad Bar</i> Garden Greens</p>	<p>Peach BBQ Chicken Drumstick*</p> <p>Honey Corn Muffin</p> <p>Slow Roasted Carrots</p> <p><i>Salad Bar</i> Traditional</p>	<p>BRUNCH Chicken & Waffles</p> <p>Home Fries</p> <p>Grab-n-Go Chicken Caesar Salad</p> <p><i>Salad Bar</i> Burger/Sandwich Fixin's</p>	<p>GOLDEN KRUST® Jamaican Beef Patty</p> <p>French Fries</p> <p>New York Cookie Treat</p> <p>Fresh New York Apples</p> <p>Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> New York Local</p>	<p>!!! PIZZA !!!</p> <p>Assorted Toppings</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad</p>

OFFERED DAILY

Milk
1% Low-fat
Fat Free
Fat Free Chocolate

Dipping Sauce Cups
BBQ, Ranch,
Honey Mustard

Fresh Fruit

* These recipes are offered on both this menu and the Scratch Cooked menu

No Artificial flavors, colors, or sweeteners in all OFNS Products

Dressings
Chipotle Ranch
Balsamic Vinaigrette
Ranch
Asian Sesame
Honey Mustard
Caesar
French
Italian Vinaigrette

Flavor Station

Granulated Garlic
Red Pepper Flakes
Parmesan Cheese

JHS Lunch Menu