



JANUARY 2020: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		Winter Recess 1	New York Thursday 2	3
<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>		<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Land O'Lakes® String Cheese</p> <p>Fresh Fruit</p>	<p>Breakfast Kit (2)</p> <p>Sun Butter Cup</p> <p>Graham Crackers Grape Jelly</p> <p>100% Fruit Juice</p>	<p>Sweet Potato Oatmeal Muffin</p> <p>Fresh Fruit</p>
6	7	8	New York Thursday 9	10
<p>Breakfast Kit (5)</p> <p>Fruity Cheerios®</p> <p>Graham Crackers</p> <p>100% Apple Juice</p>	<p>Assorted Muffins</p> <p>Organic Stonyfield® Yogurt</p> <p>Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Land O'Lakes® String Cheese</p> <p>Fresh Fruit</p>	<p>Yogurt Parfait</p> <p>Fresh New York Apples</p>	<p>Cinnamon Twist</p> <p>Fresh Fruit</p>
13	14	15	New York Thursday 16	17
<p>Breakfast Kit (2)</p> <p>Sun Butter Cup</p> <p>Graham Crackers Grape Jelly</p> <p>100% Fruit Juice</p>	<p>Assorted Loaves</p> <p>Upstate Farms® Yogurt Choice</p> <p>Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Land O'Lakes® String Cheese</p> <p>Fresh Fruit</p>	<p>Yogurt Parfait</p> <p>Fresh New York Apples</p>	<p>Pillsbury® Mini Blueberry Waffles</p> <p>Fresh Fruit</p>
Martin Luther King Day 20	21	22	New York Thursday 23	24
<p>Assorted Muffins</p> <p>Upstate Farms® Yogurt Choice</p> <p>Fresh Fruit</p>	<p>Breakfast Kit (4)</p> <p>Apple Cinnamon Cheerios®</p> <p>Graham Crackers</p> <p>100% Orange Tangerine Juice</p>	<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Land O'Lakes® String Cheese</p> <p>Fresh Fruit</p>	<p>Yogurt Parfait</p> <p>Fresh New York Apples</p>	<p>Sweet Potato Oatmeal Muffin</p> <p>Fresh Fruit</p>
27	28	29	30	31
<p>Breakfast Kit (5)</p> <p>Fruity Cheerios®</p> <p>Graham Crackers</p> <p>100% Apple Juice</p>	<p>Assorted Muffins</p> <p>Organic Stonyfield® Yogurt</p> <p>Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Land O'Lakes® String Cheese</p> <p>Fresh Fruit</p>	<p>Yogurt Parfait</p> <p>Fresh New York Apples</p>	<p>Cinnamon Twist</p> <p>Fresh Fruit</p>

OFFERED DAILY

MILK

1% Low-fat
Fat Free
Fat Free Chocolate

Seasonal Fresh Fruit

No Artificial flavors, colors,
or sweeteners in all
OFNS Products

Breakfast Express /
Breakfast in the Classroom
Menu

Grab and Go Breakfast Pack

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Back to the Roots®
Organic Purple Corn Flakes
& Cinnamon Cluster

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.