



DECEMBER 2019: Pre-K - 8 Alternative Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|---|
| MEATLESS MONDAY | CHICKEN | CULINARY | NEW YORK THURSDAY | PIZZA |
| 2 | 3 | 4 | New York Thursday 5 | 6 |
| <p>Home Made Grilled Cheese</p> <p>Roasted Fresh Broccoli & Cauliflower</p> <p><i>Salad Bar</i> Garden Greens</p> | <p>Roasted Chicken Thighs</p> <p>Sweet Plantains</p> <p>Warm New York Dinner Roll</p> <p><i>Salad Bar</i> Traditional Featuring Fresh Tomato Salad</p> | <p>Hot Turkey Sandwich</p> <p>Mashed Potatoes</p> <p>Grab-n-Go Chopped Salad</p> <p><i>Salad Bar</i> Burger/Sandwich Fixin's</p> | <p>Teriyaki Chicken Dumplings</p> <p>Vegetable Rice</p> <p>Orange Ginger Carrots</p> <p>Fresh New York Apples</p> <p>Grab-n-Go Chopped Salad</p> <p><i>Salad Bar</i> Local New York</p> | <p>!!! PIZZA !!!</p> <p>Margherita Pizza</p> <p>Green Garden Salad</p> <p>Ranch Carrot Snacker</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad</p> |
| 9 | 10 | 11 | New York Thursday 12 | 13 |
| <p>Veggie Tacos</p> <p>A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell</p> <p><i>Salad Bar</i> Garden Greens</p> | <p>Hot Grilled Chicken Sandwich</p> <p>Baked Sweet Potato Waffle Fries</p> <p><i>Salad Bar</i> Burger/Sandwich Fixin's</p> | <p>PROMO</p> <p>Chicken & Cheese Quesadillas Served with Salsa Cup</p> <p>Confetti Corn</p> <p>Grab-n-Go Asian Sesame Chicken Salad</p> <p><i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa</p> | <p>New York Beef Hamburgers & Cheeseburgers</p> <p>Baked New York French Fries</p> <p>Baked Broccoli</p> <p>Grab-n-Go Asian Sesame Chicken Salad</p> <p><i>Salad Bar</i> Burger/Sandwich Fixin's</p> | <p>!!! PIZZA !!!</p> <p>Vegetable Pizza</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad</p> |
| 16 | 17 | 18 | New York Thursday 19 | 20 |
| <p>Stuffed Shells in Marinara Sauce</p> <p>Fresh Broccoli with Garlic & Oil</p> <p><i>Salad Bar</i> Garden Greens</p> | <p>Peach BBQ Chicken Drumstick</p> <p>Honey Corn Muffin</p> <p>Slow Roasted Carrots</p> <p><i>Salad Bar</i> Traditional</p> | <p>BRUNCH</p> <p>Specialty Breakfast Sandwich</p> <p>Home Fries</p> <p>Grab-n-Go Chicken Caesar Salad</p> <p><i>Salad Bar</i> Burger/Sandwich Fixin's</p> | <p>Vegetarian Chili Served with Rice</p> <p>Roasted Zucchini</p> <p>Fresh New York Apples</p> <p>Grab-n-Go Chicken Caesar Salad</p> <p><i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa</p> | <p>!!! PIZZA !!!</p> <p>Assorted Toppings</p> <p>Green Garden Salad</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad</p> |
| Winter Recess 23 | Winter Recess 24 | Winter Recess 25 | Winter Recess 26 | Winter Recess 27 |
| <p>Home Made Grilled Cheese</p> <p>Roasted Fresh Broccoli & Cauliflower</p> <p><i>Salad Bar</i> Garden Greens</p> | <p>Roasted Chicken Thighs</p> <p>Sweet Plantains</p> <p>Warm New York Dinner Roll</p> <p><i>Salad Bar</i> Traditional Featuring Fresh Tomato Salad</p> | <p>Hot Turkey Sandwich</p> <p>Mashed Potatoes</p> <p>Grab-n-Go Chopped Salad</p> <p><i>Salad Bar</i> Burger/Sandwich Fixin's</p> | <p>Teriyaki Chicken Dumplings</p> <p>Vegetable Rice</p> <p>Orange Ginger Carrots</p> <p>Fresh New York Apples</p> <p>Grab-n-Go Chopped Salad</p> <p><i>Salad Bar</i> Local New York</p> | <p>!!! PIZZA !!!</p> <p>Margherita Pizza</p> <p>Green Garden Salad</p> <p>Ranch Carrot Snacker</p> <p><i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad</p> |
| Winter Recess 30 | Winter Recess 31 | | | |
| <p>Veggie Tacos</p> <p>A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell</p> <p><i>Salad Bar</i> Garden Greens</p> | <p>Hot Grilled Chicken Sandwich</p> <p>Baked Sweet Potato Waffle Fries</p> <p><i>Salad Bar</i> Burger/Sandwich Fixin's</p> | | <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p> | <p>Daily Lunch Specials</p> <ul style="list-style-type: none"> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Cheese & Tomato with Fresh Fruit Grab & Go • Tuna or Turkey Sandwich (Not available on Monday) |

OFFERED DAILY

Fresh Fruit

Milk
1% Low-fat
Fat Free
Fat Free Chocolate

No Artificial flavors, colors, or sweeteners in all OFNS Products

Homemade Dressings

Balsamic Vinaigrette
Caesar
Italian Vinaigrette

Flavor Station

Granulated Garlic
Red Pepper Flakes
Parmesan Cheese

Pre-K - 8
Alternative Lunch Menu

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK or BONE-IN CHICKEN