



DECEMBER 2019: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	New York Thursday 5	6
Breakfast Kit (2) Sun Butter Cup Graham Crackers Grape Jelly 100% Fruit Juice	Assorted Loaves Upstate Farms® Yogurt Choice Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Land O'Lakes® String Cheese Fresh Fruit	Yogurt Parfait Fresh New York Apples	Pillsbury® Mini Blueberry Waffles Fresh Fruit
9	10	11	New York Thursday 12	13
Breakfast Kit (4) Apple Cinnamon Cheerios® Graham Crackers 100% Orange Tangerine Juice	Assorted Muffins Upstate Farms® Yogurt Choice Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Land O'Lakes® String Cheese Fresh Fruit	Yogurt Parfait Fresh New York Apples	Sweet Potato Oatmeal Muffin Fresh Fruit
16	17	18	New York Thursday 19	20
Breakfast Kit (5) Fruity Cheerios® Graham Crackers 100% Apple Juice	Assorted Muffins Organic Stonyfield® Yogurt Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Land O'Lakes® String Cheese Fresh Fruit	Yogurt Parfait Fresh New York Apples	Cinnamon Twist Fresh Fruit
Winter Recess 23	Winter Recess 24	Winter Recess 25	Winter Recess 26	Winter Recess 27
Breakfast Kit (2) Sun Butter Cup Graham Crackers Grape Jelly 100% Fruit Juice	Assorted Loaves Upstate Farms® Yogurt Choice Fresh Fruit	Whole Grain Bagel served with Cream Cheese & Jelly Land O'Lakes® String Cheese Fresh Fruit	Yogurt Parfait Fresh New York Apples	Pillsbury® Mini Blueberry Waffles Fresh Fruit
Winter Recess 30	Winter Recess 31			
Breakfast Kit (4) Apple Cinnamon Cheerios® Graham Crackers 100% Orange Tangerine Juice	Assorted Muffins Upstate Farms® Yogurt Choice Fresh Fruit		EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	

OFFERED DAILY

MILK

1% Low-fat
Fat Free
Fat Free Chocolate

Seasonal Fresh Fruit

No Artificial flavors, colors,
or sweeteners in all
OFNS Products

Breakfast Express /
Breakfast in the Classroom
Menu

Grab and Go Breakfast Pack

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Back to the Roots®
Organic Purple Corn Flakes
& Cinnamon Cluster

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.