



NOVEMBER 2019: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
1				
Daily Lunch Specials <ul style="list-style-type: none"> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Cheese & Tomato with Fresh Fruit Grab & Go • Tuna or Turkey Sandwich (Not available on Monday) 			<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	!!! PIZZA !!! Vegetable Pizza Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad
4	Election Day 5	6	New York Thursday 7	8
Stuffed Shells in Marinara Sauce Fresh Broccoli with Garlic & Oil Toasted Garlic Knot <i>Salad Bar</i> Garden Greens	Peach BBQ Chicken Drumstick Honey Corn Muffin Slow Roasted Carrots <i>Salad Bar</i> Traditional	PROMO Mashed Potato Bowl Toasted Garlic Bread Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	Vegetarian Chili Served with Rice Roasted Zucchini Fresh New York Apples Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa	!!! PIZZA !!! Assorted Toppings Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad
11	12	13	New York Thursday 14	15
Home Made Grilled Cheese Roasted Fresh Broccoli & Cauliflower <i>Salad Bar</i> Garden Greens	Roasted Chicken Thighs Sweet Plantains Warm New York Dinner Roll <i>Salad Bar</i> Traditional Featuring Fresh Tomato Salad	Hot Turkey Sandwich Mashed Potatoes Grab-n-Go Chopped Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	Teriyaki Chicken Dumplings Vegetable Rice Orange Ginger Carrots Fresh New York Apples Grab-n-Go Chopped Salad <i>Salad Bar</i> Local New York	!!! PIZZA !!! Margherita Pizza Green Garden Salad Ranch Carrot Snacker <i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad
18	19	20	New York Thursday 21	22
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell <i>Salad Bar</i> Garden Greens	Hot Grilled Chicken Sandwich Baked Sweet Potato Waffle Fries <i>Salad Bar</i> Burger/Sandwich Fixin's	PROMO Chicken & Cheese Quesadillas Served with Salsa Cup Confetti Corn Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa	New York Beef Hamburgers & Cheeseburgers Baked New York French Fries Baked Broccoli Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	!!! PIZZA !!! Vegetable Pizza Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad
25	26	27	Thanksgiving Recess 28	29
Stuffed Shells in Marinara Sauce Fresh Broccoli with Garlic & Oil Toasted Garlic Knot <i>Salad Bar</i> Garden Greens	Peach BBQ Chicken Drumstick Honey Corn Muffin Slow Roasted Carrots <i>Salad Bar</i> Traditional	Holiday Meal Hot Sliced Turkey with Gravy Mashed Potatoes New York Cookie Treat <i>Salad Bar</i> Traditional	Vegetarian Chili Served with Rice Roasted Zucchini Fresh New York Apples Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa	!!! PIZZA !!! Assorted Toppings Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad

OFFERED DAILY

Fresh Fruit

Milk
 1% Low-fat
 Fat Free
 Fat Free Chocolate

No Artificial flavors, colors,
 or sweeteners in all
 OFNS Products

Homemade Dressings

Balsamic Vinaigrette
 Caesar
 Italian Vinaigrette

Flavor Station

Granulated Garlic
 Red Pepper Flakes
 Parmesan Cheese

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ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK or BONE-IN CHICKEN