

OCTOBER 2019: Early Childhood Lunch Menu

Hummus Grab & Go 8 oz. Yogurt Tuna 7 8 Yom Kippur 9 New York Thursday 10 Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Milk Apple Sauce Baked Chicken Bites Columbus Day 14 Stuffed Shells in Marinara Sauce Steamed Broccoli Milk Apple Sauce Mashed Potatoes Milk Milk Apple Sauce Mashed Potatoes Milk Milk Milk Apple Sauce Mashed Potatoes Milk Milk Milk Milk Milk Milk Milk Milk	_				
Daily Lunch Specials Chicken Tenders Baked Chicken Tenders Baked Sweet Potato Wedge Fries Milk Sliced Peaches Milk Sliced Peaches Milk Apple Sauce Mi	Monday	Tuesday	Wednesday	Thursday	Friday
Daily Lunch Specials		Rosh Hashanah 1	2	New York Thursday 3	4
Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Maranara Dippog Sauce Baked Mozzarella Sticks with Marinara Dippog Sauce Steamed Broccoli Milk Apple Sauce Maron Dinner Roll Stuffed Shells in Marinara Dippog Sauce Diced Pears Milk Apple Sauce Maron Dinner Roll Maron Dinner Roll Milk Apple Sauce Maron Dinner Roll Maron Dinner R	• Toasted Cheese • Hummus Grab & Go • 8 oz. Yogurt • Tuna	Chicken Tenders Baked Sweet Potato Wedge Fries Milk	Cheeseburgers Baked French Fries Milk	with Gravy Soft Roll Mashed Potatoes Milk	Garlicky Green Beans Milk
Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Steamed Broccoli Milk Apple Sauce Marinara Sauce Steamed Broccoli Milk Apple Sauce Steamed Broccoli Marinara Sauce Steamed Broccoli Milk Apple Sauce Marinara Sauce Steamed Broccoli Milk Apple Sauce Marinara Sauce Steamed Broccoli Milk Apple Sauce Mashed Potatoes Milk Apple Sauce Milk Apple Sauce Mashed Potatoes Milk Apple Sauce Milk Apple Sauce Mashed Potatoes Milk Apple Sauce Mozzarella Sticks with Marinara Dipping Sauce Steamed Broccoli Milk Apple Sauce Milk Apple Sauce Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Milk Apple Sauce Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Milk Apple Sauce Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Milk Apple Sauce Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Milk Apple Sauce Milk Silced Peaches Slow Roasted Carrots Allik Apple Sauce Milk Silced Peaches Slow Roasted Carrots Allik Apple Sauce Milk Apple Sauce Milk Silced Peaches Slow Roasted Carrots Allik Apple Sauce Milk Apple Sauce All New York Thursday Milk Apple Sauce Milk Apple Sauce All New York Beef Hamburgers Acheeseburgers Ache	7	8	Yom Kippur 9	New York Thursday 10	11
Stuffed Shells in Marinara Sauce Steamed Broccoli Malk Apple Sauce Baked Mozzarella Sticks with Marinara Dipping Sauce Steamed Broccoli Milk Apple Sauce Baked Sweet Potato Wedge Fries Baked Sliced Peaches Baked French Fries Hummus Milk Fresh Banana 21 22 23 23 24 24 25 25 26 27 28 29 29 30 30 30 30 30 30 30 30 30 30 30 30 30	Warm Dinner Roll Steamed Broccoli Milk	Chicken Bites Slow Roasted Carrots Milk	Grilled Cheese Creamed Spinach Milk	Hamburgers & Cheeseburgers Baked New York French Fries Milk	Garlicky Green Beans Milk
Stuffed Shells in Marinara Sauce Chicken Bites Steamed Broccoli Mashed Potatoes Mashed Potatoes Mashed Potatoes Milk Apple Sauce 21 22 23 New York Thursday 24 22 Baked Mozzarella Sticks with Marinara Dipping Sauce Steamed Broccoli Milk Apple Sauce Steamed Broccoli Milk Apple Sauce Baked Sweet Potato Wedge Fries Milk Apple Sauce Baked French Fries Mashed Potatoes Milk Diced Pears Milk Diced Pears Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Steamed Broccoli Steamed Broccoli Steamed Broccoli Steamed Broccoli Milk Apple Sauce Baked Chicken Bites Creamed Spinach Milk Milk Silced Peaches Milk Milk Silced Peaches Milk S	Columbus Day 14	15	16	New York Thursday 17	18
Baked Mozzarella Sticks with Marinara Dipping Sauce Steamed Broccoli Milk Apple Sauce Baked Chicken Tenders Baked Sweet Potato Wedge Fries Milk Apple Sauce 28 29 30 New York Thursday Milk Sliced Peaches Sliced Turkey with Gravy Soft Roll Garlicky Green Beans Milk Flavored Apple Sauce Milk Flavored Apple Sauce Milk Flavored Apple Sauce Milk Flavored Apple Sauce Milk Sliced Peaches Creamed Spinach Milk Sliced Peaches Milk Sliced Turkey with Gravy Milk Flavored Apple Sauce Milk Sliced Turkey with Gravy Milk Flavored Apple Sauce Milk Sliced Peaches Milk Sliced Turkey with Gravy Milk Flavored Apple Sauce Milk Flavored Apple Sauce Milk Sliced Peaches Milk Sliced Turkey with Gravy Milk Flavored Apple Sauce	in Marinara Sauce Steamed Broccoli Milk	Chicken Bites Mashed Potatoes Milk	Sandwich Steamed Carrots Hummus Milk	Baked French Fries Milk	Garlicky Green Beans Milk
Mozzarella Sticks with Marinara Dipping Sauce Steamed Broccoli Milk Apple Sauce Baked Milk Apple Sauce Baked Chicken Tenders Baked French Fries Baked French Fries Milk Apple Sauce Baked Milk Apple Sauce Baked Chicken Bites Creamed Spinach Milk Apple Sauce Milk Bliced Peaches Milk Apple Sauce Milk Bliced Peaches Milk Blice	21	22	23	New York Thursday 24	25
Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Milk Apple Sauce Baked Chicken Bites Baked Chicken Bites Creamed Spinach Milk Sliced Peaches Homemade Grilled Cheese Grilled Cheese Creamed Spinach Milk Fresh Banana New York Beef Hamburgers & Cheeseburgers Baked New York French Fries Weik New York French Fries Weik New York French Fries Wilk Diced Pears New York Beef Hamburgers Mee Cheeseburgers Weik PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHED IN GREEN	Mozzarella Sticks with Marinara Dipping Sauce Steamed Broccoli Milk	Chicken Tenders Baked Sweet Potato Wedge Fries Milk	Cheeseburgers Baked French Fries Milk	with Gravy Soft Roll Mashed Potatoes Milk	Garlicky Green Beans Milk
Mac-n-Cheese Warm Dinner Roll Steamed Broccoli Milk Apple Sauce Baked Chicken Bites Homemade Grilled Cheese Creamed Spinach Milk Sliced Peaches Hamburgers & Cheeseburgers Creamed Spinach Milk Milk Sliced Peaches Milk Sliced Peaches Hamburgers & Cheeseburgers Baked New York French Fries Milk Diced Pears Milk Diced Pears Milk Diced Pears ARE HIGHLIGHED IN GREEN	28	29	30	New York Thursday 31	
OFFERED DAILY	Warm Dinner Roll Steamed Broccoli Milk	Chicken Bites Slow Roasted Carrots Milk	Grilled Cheese Creamed Spinach Milk	Hamburgers & Cheeseburgers Baked New York French Fries Milk	PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS
			OFFERED DAILY		

Milk 1% Low-fat Fat Free

Whole Milk

Fruit

No Artificial flavors, colors, or sweeteners in all **OFNS Products**

Dressings Chipotle Ranch Balsamic Vinaigrette Ranch Caesar **French Italian Vinaigrette**

Early Childhood Development Lunch Menu

PLEASE NOTE: 1 % and Fat Free Milk is available to students 2 years and over. Whole Milk is available for youngsters 12 to 24 months. Formula is to be provided by the parent.





