



OCTOBER 2019: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
	Rosh Hashanah 1		New York Thursday 3	
Daily Lunch Specials <ul style="list-style-type: none"> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Assorted Grab and Go Salads • Tuna or Turkey Sandwich (Not available on Monday) 	NEW Baked Chicken Bites Garlicky Green Beans Warm New York Dinner Roll Salad Bar Traditional Featuring Fresh Tomato Salad	100% Beef Hamburgers & Cheeseburgers served on Ciabatta Turkey Burgers Baked French Fries Grab-n-Go Chopped Salad Salad Bar Burger/Sandwich Fixin's	NEW Teriyaki Chicken Dumplings* Vegetable Rice Orange Ginger Carrots Fresh New York Apples New York Cookie Treat Grab-n-Go Chopped Salad Salad Bar New York Local	!!! PIZZA !!! Margherita Pizza BBQ Chicken Sliders Green Garden Salad Salad Bar Pizza Toppings Featuring Cranberry Chickpea Salad
7	8	Yom Kippur 9	New York Thursday 10	11
Mac-n-Cheese Personal Pizza Rounds Toasted Garlic Bread Baked Broccoli Salad Bar Garden Greens	NEW Baked Chicken Tenders With Dipping Sauce Rice & Beans Sweet Plantains Salad Bar Taco Bar	Stewed Chicken Thighs Baked Sweet Potato Waffle Fries Baked! Tostitos® Scoops® Served with Salsa Cup Salad Bar Traditional	New York Beef Hamburgers & Cheeseburgers* served on Ciabatta Baked New York French Fries Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad Salad Bar Burger/Sandwich Fixin's	!!! PIZZA !!! Chicken Ranch Pizza Crispy Chicken Wrap Green Garden Salad Salad Bar Pizza Toppings Featuring Cold Chickpea Salad
Columbus Day 14	15	16	New York Thursday 17	18
Stuffed Shells* in Marinara Sauce Personal Pizza Rounds Fresh Broccoli with Garlic & Oil Toasted Garlic Knot Salad Bar Garden Greens	NEW Peach BBQ Chicken Breasts* Honey Corn Muffin Slow Roasted Carrots Fresh New York Apples Salad Bar Traditional	BRUNCH Chicken & Waffles Home Fries Grab-n-Go Chicken Caesar Salad Salad Bar Burger/Sandwich Fixin's Featuring Celery & Apple Salad	NEW GOLDEN KRUST® Jamaican Beef Patty Roasted Zucchini New York Cookie Treat Fresh New York Apples Grab-n-Go Chicken Caesar Salad Salad Bar New York Local	!!! PIZZA !!! Assorted Toppings Spicy Chicken Sandwich Green Garden Salad Salad Bar Pizza Toppings Featuring Balsamic Chickpea Salad
21	22	23	New York Thursday 24	25
Baked Mozzarella Sticks with Marinara Dipping Sauce Personal Pizza Rounds Roasted Fresh Broccoli & Cauliflower Rold Gold® Heartzels Salad Bar Garden Greens	NEW Baked Chicken Bites Garlicky Green Beans Warm New York Dinner Roll Salad Bar Traditional Featuring Fresh Tomato Salad	100% Beef Hamburgers & Cheeseburgers served on Ciabatta Turkey Burgers Baked French Fries Grab-n-Go Chopped Salad Salad Bar Burger/Sandwich Fixin's	NEW Teriyaki Chicken Dumplings* Vegetable Rice Orange Ginger Carrots Fresh New York Apples New York Cookie Treat Grab-n-Go Chopped Salad Salad Bar New York Local	!!! PIZZA !!! Margherita Pizza BBQ Chicken Sliders Green Garden Salad Salad Bar Pizza Toppings Featuring Cranberry Chickpea Salad
28	29	30	New York Thursday 31	
Mac-n-Cheese Personal Pizza Rounds Toasted Garlic Bread Baked Broccoli Salad Bar Garden Greens	NEW Chicken Tenders With Dipping Sauce Baked Sweet Potato Waffle Fries Baked! Tostitos® Scoops® Served with Salsa Cup Salad Bar Traditional	PROMO Burrito Bowl Confetti Corn Salad Bar Taco Bar	New York Beef Hamburgers & Cheeseburgers* served on Ciabatta Baked New York French Fries Fresh New York Apples Grab-n-Go Asian Sesame Chicken Salad Salad Bar Burger/Sandwich Fixin's	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN

OFFERED DAILY

Milk
1% Low-fat
Fat Free
Fat Free Chocolate

Dipping Sauce Cups
BBQ, Ranch,
Honey Mustard

Fresh Fruit

* These recipes are offered on both this menu and the Scratch Cooked menu

No Artificial flavors, colors, or sweeteners in all OFNS Products

Dressings
Chipotle Ranch
Balsamic Vinaigrette
Ranch
Asian Sesame
Honey Mustard
Caesar
French
Italian Vinaigrette

Flavor Station

Granulated Garlic
Red Pepper Flakes
Parmesan Cheese

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