



OCTOBER 2019: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
	Rosh Hashanah 1		New York Thursday 3	
Daily Lunch Specials <ul style="list-style-type: none"> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Cheese & Tomato with Fresh Fruit Grab & Go • Tuna or Turkey Sandwich (Not available on Monday) 	NEW Roasted Chicken Thighs Sweet Plantains Warm New York Dinner Roll <i>Salad Bar</i> Traditional Featuring Fresh Tomato Salad	Hot Turkey Sandwich Mashed Potatoes Grab-n-Go Chopped Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	Teriyaki Chicken Dumplings Vegetable Rice Orange Ginger Carrots Fresh New York Apples Grab-n-Go Chopped Salad <i>Salad Bar</i> Local New York	!!! PIZZA !!! Margherita Pizza Green Garden Salad Ranch Carrot Snacker <i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad
7	8	Yom Kippur 9	New York Thursday 10	11
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell <i>Salad Bar</i> Garden Greens	NEW Hot Grilled Chicken Sandwich Baked Sweet Potato Waffle Fries <i>Salad Bar</i> Burger/Sandwich Fixin's	Chicken & Cheese Quesadillas Served with Salsa Cup Confetti Corn Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa	New York Beef Hamburgers & Cheeseburgers Baked New York French Fries Baked Broccoli Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	!!! PIZZA !!! Vegetable Pizza Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad
Columbus Day 14	15	16	New York Thursday 17	18
Stuffed Shells in Marinara Sauce Fresh Broccoli with Garlic & Oil Toasted Garlic Knot <i>Salad Bar</i> Garden Greens	NEW Peach BBQ Chicken Drumstick Honey Corn Muffin Slow Roasted Carrots <i>Salad Bar</i> Traditional	BRUNCH Specialty Breakfast Sandwich Home Fries Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	Vegetarian Chili Served with Rice Roasted Zucchini Fresh New York Apples Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa	!!! PIZZA !!! Assorted Toppings Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad
21	22	23	New York Thursday 24	25
Home Made Grilled Cheese Roasted Fresh Broccoli & Cauliflower <i>Salad Bar</i> Garden Greens	NEW Roasted Chicken Thighs Sweet Plantains Warm New York Dinner Roll <i>Salad Bar</i> Traditional Featuring Fresh Tomato Salad	Hot Turkey Sandwich Mashed Potatoes Grab-n-Go Chopped Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	Teriyaki Chicken Dumplings Vegetable Rice Orange Ginger Carrots Fresh New York Apples Grab-n-Go Chopped Salad <i>Salad Bar</i> Local New York	!!! PIZZA !!! Margherita Pizza Green Garden Salad Ranch Carrot Snacker <i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad
28	29	30	New York Thursday 31	
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell <i>Salad Bar</i> Garden Greens	NEW Hot Grilled Chicken Sandwich Baked Sweet Potato Waffle Fries <i>Salad Bar</i> Burger/Sandwich Fixin's	PROMO Burrito Bowl Confetti Corn <i>Salad Bar</i> Taco Bar	New York Beef Hamburgers & Cheeseburgers Baked New York French Fries Baked Broccoli Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN

OFFERED DAILY

Fresh Fruit

Milk
 1% Low-fat
 Fat Free
 Fat Free Chocolate

No Artificial flavors, colors, or sweeteners in all OFNS Products

Homemade Dressings

Balsamic Vinaigrette
 Caesar
 Italian Vinaigrette

Flavor Station

Granulated Garlic
 Red Pepper Flakes
 Parmesan Cheese

Pre-K - 8
 Alternative Lunch Menu

ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK or BONE-IN CHICKEN