



SEPTEMBER 2019: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
Labor Day 2	3	4	First Day of Classes 5	6
Stuffed Shells in Marinara Sauce Fresh Broccoli with Garlic & Oil <i>Salad Bar</i> Garden Greens	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Baked French Fries Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	Vegetarian Chili Served with Rice Roasted Zucchini Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Taco Bar	NEW Peach BBQ Chicken Drumstick Honey Corn Muffin Slow Roasted Carrots Fruit Juice Ice Fresh New York Apples <i>Salad Bar</i> Local New York	!!! PIZZA !!! Assorted Toppings Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad
9	10	11	New York Thursday 12	13
Home Made Grilled Cheese Roasted Fresh Broccoli & Cauliflower <i>Salad Bar</i> Garden Greens	NEW Roasted Chicken Thighs Sweet Plantains Warm New York Dinner Roll <i>Salad Bar</i> Traditional Featuring Fresh Tomato Salad	Hot Turkey Sandwich Mashed Potatoes Grab-n-Go Chopped Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	Teriyaki Chicken Dumplings Vegetable Rice Orange Ginger Carrots Fresh New York Apples Grab-n-Go Chopped Salad <i>Salad Bar</i> Local New York	!!! PIZZA !!! Margherita Pizza Green Garden Salad Ranch Carrot Snacker Fruit Juice Ice <i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad
16	17	18	New York Thursday 19	20
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Fruit Juice Ice <i>Salad Bar</i> Garden Greens	NEW Hot Grilled Chicken Sandwich Baked Sweet Potato Waffle Fries <i>Salad Bar</i> Burger/Sandwich Fixin's	PROMO Chicken & Cheese Quesadillas Served with Salsa Cup Confetti Corn Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa	New York Beef Hamburgers & Cheeseburgers Baked New York French Fries Baked Broccoli Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	!!! PIZZA !!! Vegetable Pizza Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad
23	24	25	New York Thursday 26	27
Stuffed Shells in Marinara Sauce Fresh Broccoli with Garlic & Oil <i>Salad Bar</i> Garden Greens	NEW Peach BBQ Chicken Drumstick Honey Corn Muffin Slow Roasted Carrots Fruit Juice Ice <i>Salad Bar</i> Traditional	BRUNCH Specialty Breakfast Sandwich Home Fries Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Burger/Sandwich Fixin's	Vegetarian Chili Served with Rice Roasted Zucchini Fresh New York Apples Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa	!!! PIZZA !!! Assorted Toppings Green Garden Salad <i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad
Rosh Hashanah 30				
Home Made Grilled Cheese Roasted Fresh Broccoli & Cauliflower <i>Salad Bar</i> Garden Greens	Daily Lunch Specials <ul style="list-style-type: none"> • Peanut Butter & Jelly • Sunbutter & Jelly • Cheese Sandwich • Hummus Grab & Go • Cheese & Tomato with Fresh Fruit Grab & Go • Tuna or Turkey Sandwich (Not available on Monday) 		<p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	

OFFERED DAILY

Fresh Fruit

Milk
1% Low-fat
Fat Free
Fat Free Chocolate

No Artificial flavors, colors,
or sweeteners in all
OFNS Products

Homemade Dressings

Balsamic Vinaigrette
Caesar
Italian Vinaigrette

Flavor Station

Granulated Garlic
Red Pepper Flakes
Parmesan Cheese

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