



## SEPTEMBER 2019: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
MEATLESS MONDAY	CHICKEN	CULINARY	NEW YORK THURSDAY	PIZZA
Labor Day 2	3	4	First Day of Classes 5	6
<p style="text-align: center;"><b>Stuffed Shells*</b> in Marinara Sauce</p> <p>Fresh Broccoli with Garlic &amp; Oil</p> <p style="text-align: center;"><i>Salad Bar</i> Garden Greens</p>	<p style="text-align: center;"><b>100% Beef Hamburgers &amp; Cheeseburgers</b></p> <p style="text-align: center;">Turkey Burgers</p> <p style="text-align: center;">Baked French Fries</p> <p style="text-align: center;">Grab-n-Go <b>Chicken Caesar Salad</b> <i>Salad Bar</i> Burger/Sandwich Fixin's</p>	<p style="text-align: center;"><b>NEW GOLDEN KRUST® Jamaican Beef Patty</b></p> <p style="text-align: center;">Roasted Zucchini</p> <p style="text-align: center;">Grab-n-Go <b>Chicken Caesar Salad</b></p> <p style="text-align: center;"><i>Salad Bar</i> Traditional</p>	<p style="text-align: center;"><b>NEW Peach BBQ Chicken Drumstick*</b></p> <p style="text-align: center;">Honey Corn Muffin</p> <p style="text-align: center;">Slow Roasted Carrots</p> <p style="text-align: center;">Fruit Juice Ice</p> <p style="text-align: center;">Fresh New York Apples <i>Salad Bar</i> New York Local</p>	<p style="text-align: center;"><b>!!! PIZZA !!!</b></p> <p style="text-align: center;">Assorted Toppings</p> <p style="text-align: center;">Green Garden Salad</p> <p style="text-align: center;"><i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad</p>
9	10	11	New York Thursday 12	13
<p style="text-align: center;"><b>Baked Mozzarella Sticks</b> with Marinara Dipping Sauce</p> <p style="text-align: center;">Roasted Fresh Broccoli &amp; Cauliflower</p> <p style="text-align: center;"><i>Salad Bar</i> Garden Greens</p>	<p style="text-align: center;"><b>NEW Baked Chicken Bites</b></p> <p style="text-align: center;">Garlicky Green Beans</p> <p style="text-align: center;">Warm New York Dinner Roll</p> <p style="text-align: center;"><i>Salad Bar</i> Traditional Featuring Fresh Tomato Salad</p>	<p style="text-align: center;"><b>100% Beef Hamburgers &amp; Cheeseburgers</b></p> <p style="text-align: center;">Turkey Burgers</p> <p style="text-align: center;">Baked French Fries</p> <p style="text-align: center;">Grab-n-Go <b>Chopped Salad</b></p> <p style="text-align: center;"><i>Salad Bar</i> Burger/Sandwich Fixin's</p>	<p style="text-align: center;"><b>NEW Teriyaki Chicken Dumplings*</b></p> <p style="text-align: center;">Vegetable Rice</p> <p style="text-align: center;">Orange Ginger Carrots</p> <p style="text-align: center;">Fresh New York Apples</p> <p style="text-align: center;">New York Cookie Treat Grab-n-Go <b>Chopped Salad</b> <i>Salad Bar</i> New York Local</p>	<p style="text-align: center;"><b>!!! PIZZA !!!</b></p> <p style="text-align: center;">Margherita Pizza</p> <p style="text-align: center;">Green Garden Salad</p> <p style="text-align: center;">Fruit Juice Ice</p> <p style="text-align: center;"><i>Salad Bar</i> Pizza Toppings Featuring Cranberry Chickpea Salad</p>
16	17	18	New York Thursday 19	20
<p style="text-align: center;"><b>Mac-n-Cheese</b></p> <p style="text-align: center;">Toasted Garlic Bread</p> <p style="text-align: center;">Baked Broccoli</p> <p style="text-align: center;">Fruit Juice Ice</p> <p style="text-align: center;"><i>Salad Bar</i> Garden Greens</p>	<p style="text-align: center;"><b>NEW Baked Chicken Tenders</b> With Dipping Sauce</p> <p style="text-align: center;">Baked Sweet Potato Waffle Fries</p> <p style="text-align: center;">Baked! Tostitos® Scoops® Served with Salsa Cup</p> <p style="text-align: center;"><i>Salad Bar</i> Traditional</p>	<p style="text-align: center;"><b>PROMO Chicken &amp; Cheese Quesadillas*</b></p> <p style="text-align: center;">Confetti Corn</p> <p style="text-align: center;">Grab-n-Go Asian Sesame Chicken Salad</p> <p style="text-align: center;"><i>Salad Bar</i> Taco Bar Featuring Roasted Tomato Salsa</p>	<p style="text-align: center;"><b>New York Beef Hamburgers &amp; Cheeseburgers*</b></p> <p style="text-align: center;">Baked New York French Fries</p> <p style="text-align: center;">Fresh New York Apples</p> <p style="text-align: center;">Grab-n-Go Asian Sesame Chicken Salad <i>Salad Bar</i> Burger/Sandwich Fixin's</p>	<p style="text-align: center;"><b>!!! PIZZA !!!</b></p> <p style="text-align: center;">Chicken Ranch Pizza</p> <p style="text-align: center;">Green Garden Salad</p> <p style="text-align: center;"><i>Salad Bar</i> Pizza Toppings Featuring Cold Chickpea Salad</p>
23	24	25	New York Thursday 26	27
<p style="text-align: center;"><b>Stuffed Shells*</b> in Marinara Sauce</p> <p>Fresh Broccoli with Garlic &amp; Oil</p> <p style="text-align: center;">Toasted Garlic Knot</p> <p style="text-align: center;"><i>Salad Bar</i> Garden Greens</p>	<p style="text-align: center;"><b>NEW Peach BBQ Chicken Drumstick*</b></p> <p style="text-align: center;">Honey Corn Muffin</p> <p style="text-align: center;">Slow Roasted Carrots</p> <p style="text-align: center;">Fruit Juice Ice</p> <p style="text-align: center;"><i>Salad Bar</i> Traditional</p>	<p style="text-align: center;"><b>BRUNCH Specialty Breakfast Sandwich</b></p> <p style="text-align: center;">Home Fries</p> <p style="text-align: center;">Grab-n-Go Chicken Caesar Salad</p> <p style="text-align: center;"><i>Salad Bar</i> Burger/Sandwich Fixin's</p>	<p style="text-align: center;"><b>NEW GOLDEN KRUST® Jamaican Beef Patty</b></p> <p style="text-align: center;">Roasted Zucchini</p> <p style="text-align: center;">New York Cookie Treat</p> <p style="text-align: center;">Fresh New York Apples</p> <p style="text-align: center;">Grab-n-Go Chicken Caesar Salad <i>Salad Bar</i> New York Local</p>	<p style="text-align: center;"><b>!!! PIZZA !!!</b></p> <p style="text-align: center;">Assorted Toppings</p> <p style="text-align: center;">Green Garden Salad</p> <p style="text-align: center;"><i>Salad Bar</i> Pizza Toppings Featuring Balsamic Chickpea Salad</p>
Rosh Hashanah 30				
<p style="text-align: center;"><b>Baked Mozzarella Sticks</b> with Marinara Dipping Sauce</p> <p style="text-align: center;">Roasted Fresh Broccoli &amp; Cauliflower</p> <p style="text-align: center;"><i>Salad Bar</i> Garden Greens</p>	<p style="text-align: center;"><i>Daily Lunch Specials</i></p> <ul style="list-style-type: none"> <li>• Peanut Butter &amp; Jelly</li> <li>• Sunbutter &amp; Jelly</li> <li>• Cheese Sandwich</li> <li>• Hummus Grab &amp; Go</li> <li>• Tuna or Turkey Sandwich (Not available on Monday)</li> </ul>		<p style="text-align: center;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	

OFFERED DAILY			
<p><b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate</p>	<p><u>Dipping Sauce Cups</u> BBQ, Ranch, Honey Mustard</p>	<p><u>Fresh Fruit</u></p>	<p><u>Dressings</u> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</p>
<p>* These recipes are offered on both this menu and the Scratch Cooked menu</p>		<p>No Artificial flavors, colors, or sweeteners in all OFNS Products</p>	
		<p><u>Flavor Station</u> Granulated Garlic Red Pepper Flakes Parmesan Cheese</p> <p style="text-align: right;">Pre-K - 8 Lunch Menu</p>	

**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK