



## AUGUST 2019: Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><u>Fresh New York Bagel Stick Varieties</u></p> <p>Blueberry Cinnamon Raisin Cranberry French Toast Multigrain Plain Poppy</p>			<p>New York Thursday 1</p> <p><b>New York Bagel Sticks</b> with Cream Cheese &amp; Jelly</p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p>2</p> <p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>
5	6	7	New York Thursday 8	9
<p><b>Assorted Muffins</b></p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Tasty Waffles</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Cheese Omelet</b> Served on an English Muffin</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Sticks</b> with Cream Cheese &amp; Jelly</p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>
12	13	14	New York Thursday 15	16
<p><b>Assorted Muffins</b></p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Tasty Waffles</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Cheese Omelet</b> Served on an English Muffin</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Sticks</b> with Cream Cheese &amp; Jelly</p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>
19	20	21	New York Thursday 22	23
<p><b>Assorted Muffins</b></p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Tasty Waffles</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Cheese Omelet</b> Served on an English Muffin</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Sticks</b> with Cream Cheese &amp; Jelly</p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>
26	27	28	New York Thursday 29	30
<p><b>Assorted Muffins</b></p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Tasty Waffles</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Cheese Omelet</b> Served on an English Muffin</p> <p><b>Land O'Lakes® Cheese Stick</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Sticks</b> with Cream Cheese &amp; Jelly</p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p>100% Fruit Juice Fresh Fruit</p>

### OFFERED DAILY

**Milk**  
1% Low-fat  
Fat Free  
Fat Free Chocolate

**Grab and Go Breakfast Pack**

**Fresh Fruit**

**Canned Fruit**  
Peaches, Pears, Pineapples

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Breakfast Menu

**100% Fruit Juice**  
Apple, Fruit Punch, Grape, Orange

**Breakfast Dipping Sauces:**  
Ketchup, Hot Sauce, Salsa

### Cold Cereal Choices

Frosted Mini Wheats  
Cinnamon Flakes  
Multi-Grain Cheerios  
Toasty-Oats  
Back to the Roots®  
Organic Purple Corn Flakes & Cinnamon Cluster