



## JUNE 2019: High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>JUMPSTART MONDAY</b>	<b>EGG SANDWICH</b>	<b>FROM THE GRIDDLE</b>	<b>NEW YORK THURSDAY</b>	<b>BAKERY FRESH</b>
3	Eid al-Fitr 4	5	Anniversary Day 6	7
<b>Assorted Muffins</b>  Land O'Lakes® Colby Cheese Stick  Egg Sandwich*  Spiced Oatmeal  100% Fruit Juice Fresh Fruit	Fresh Fruit Bar  <b>Egg &amp; Turkey Sausage Sandwich</b>  Bagel Bar**  100% Fruit Juice Fresh Fruit	<b>Tasty Waffles</b> Served with Syrup  <b>Turkey Canadian Bacon</b>  Spiced Oatmeal  Bagel Bar**  100% Fruit Juice Fresh Fruit	Fresh Fruit Bar  <b>New York Bagel Thursday</b> <b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese & Jelly  <b>Yogurt Parfait</b>  <b>Egg Sandwich*</b>  100% Fruit Juice Fresh New York Apples	<b>Cinnamon Twist</b>  <b>Cheese Omelet</b>  <b>Back to the Roots®</b> <b>Purple Corn Flakes</b>  Bagel Bar**  100% Fruit Juice Fresh Fruit

## Summer Menu Kickoff

10	June Clerical Day 11	12	New York Thursday 13	14
<b>Assorted Muffins</b>  <b>Organic Stonyfield®</b> <b>Yogurt</b>  100% Fruit Juice Fresh Fruit	<b>Tasty Waffles</b> Served with Syrup  <b>Turkey Sausage Patty</b>  100% Fruit Juice Fresh Fruit	<b>Cheese Omelet</b> Served on an English Muffin  <b>Land O'Lakes®</b> <b>Cheese Stick</b>  100% Fruit Juice Fresh Fruit	<b>New York Bagel Sticks</b> with Cream Cheese & Jelly  <b>Upstate Farms®</b> <b>Yogurt Choice</b>  100% Fruit Juice <b>Fresh New York Apples</b>	<b>Cinnamon Burst Pancakes</b> Served with Syrup  <b>Turkey Canadian Bacon</b>  100% Fruit Juice Fresh Fruit
17	18	19	New York Thursday 20	21
<b>Assorted Muffins</b>  <b>Organic Stonyfield®</b> <b>Yogurt</b>  100% Fruit Juice Fresh Fruit	<b>Tasty Waffles</b> Served with Syrup  <b>Turkey Sausage Patty</b>  100% Fruit Juice Fresh Fruit	<b>Cheese Omelet</b> Served on an English Muffin  <b>Land O'Lakes®</b> <b>Cheese Stick</b>  100% Fruit Juice Fresh Fruit	<b>New York Bagel Sticks</b> with Cream Cheese & Jelly  <b>Upstate Farms®</b> <b>Yogurt Choice</b>  100% Fruit Juice <b>Fresh New York Apples</b>	<b>Cinnamon Burst Pancakes</b> Served with Syrup  <b>Turkey Canadian Bacon</b>  100% Fruit Juice Fresh Fruit
24	25	Last Day of Classes 26	27	28
<b>Assorted Muffins</b>  <b>Organic Stonyfield®</b> <b>Yogurt</b>  100% Fruit Juice Fresh Fruit	<b>Tasty Waffles</b> Served with Syrup  <b>Turkey Sausage Patty</b>  100% Fruit Juice Fresh Fruit	<b>Cheese Omelet</b> Served on an English Muffin  <b>Land O'Lakes®</b> <b>Cheese Stick</b>  100% Fruit Juice Fresh Fruit	<b>New York Bagel Sticks</b> with Cream Cheese & Jelly  <b>Upstate Farms®</b> <b>Yogurt Choice</b>  100% Fruit Juice <b>Fresh New York Apples</b>	<b>Cinnamon Burst Pancakes</b> Served with Syrup  <b>Turkey Canadian Bacon</b>  100% Fruit Juice Fresh Fruit

<u><b>Fresh New York Bagel Stick Varieties</b></u>  Blueberry Cinnamon Raisin Cranberry French Toast Multigrain Plain Poppy	<u><b>Bagel Bar</b></u> An Assortment of Bagel Varieties & Spreads including Hummus, Peanut Butter, Cream Cheeses and Jelly  <u><b>Egg Sandwich</b></u> Plain Egg Omelet with Cheese on a Soft Bun, English Muffin or Buttermilk Biscuit		EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	
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<u><b>Milk</b></u> 1% Low-fat Fat Free Fat Free Chocolate  <b>Grab and Go Breakfast Pack</b>	<u><b>Fresh Fruit</b></u>  <u><b>Canned Fruit</b></u> Peaches, Pears, Pineapples	<u><b>OFFERED DAILY</b></u>  No Artificial flavors, colors, or sweeteners in all <b>SchoolFood Products</b>  High School Breakfast Menu	<u><b>100% Fruit Juice</b></u> Apple, Fruit Punch, Grape, Orange  <u><b>Breakfast Dipping Sauces:</b></u> Ketchup, Hot Sauce, Salsa	<u><b>Cold Cereal Choices</b></u> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters
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