




## MAY 2019: Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
		1	New York Thursday 2	3
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD. ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN.</p>	<p><i>Fresh New York Bagel Stick Varieties</i></p> <ul style="list-style-type: none"> <li>Blueberry</li> <li>Cinnamon Raisin</li> <li>Cranberry</li> <li>French Toast</li> <li>Multigrain</li> <li>Plain</li> <li>Poppy</li> </ul>	<p><b>Buttermilk Pancakes</b> Served with Syrup</p> <p><b>Back to the Roots® Cinnamon Cluster</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Cinnamon Twist</b></p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>
6	7	8	New York Thursday 9	10

## FRESH ATTITUDE WEEK MAY 6-10 2019

Fresh Fruit Bar	Fresh Fruit Bar	Fresh Fruit Bar	Fresh Fruit Bar	Fresh Fruit Bar
<p><b>Blueberry Muffin</b></p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Egg &amp; Cheese Wrap</b></p> <p>Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Assorted Muffins</b></p> <p><b>Cheese Omelet</b></p> <p><b>Back to the Roots® Cinnamon Cluster</b></p> <p>100% Fruit Juice Fresh Fruit</p>
13	14	15	New York Thursday 16	17
<p><b>Apple Cinnamon Muffin</b></p> <p>Land O'Lakes® Colby Cheese Stick</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Fresh Fruit Bar</b></p> <p><b>Egg &amp; Cheese</b> on an English Muffin</p> <p>Organic Stonyfield® Yogurt Served with Craisins &amp; Granola</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Tasty Waffles</b> Served with Syrup</p> <p><b>Back to the Roots® Cinnamon Cluster</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Fresh Fruit Bar</b></p> <p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Yogurt Parfait</b></p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Cinnamon Twist</b></p> <p><b>Cheese Omelet</b></p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>
20	21	22	New York Thursday 23	24
<p><b>Honey Corn Muffin</b></p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Fresh Fruit Bar</b></p> <p><b>Egg &amp; Cheese</b> on Ciabatta Bread</p> <p>Organic Stonyfield® Yogurt</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Buttermilk Pancakes</b> Served with Syrup</p> <p><b>Back to the Roots® Cinnamon Cluster</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Fresh Fruit Bar</b></p> <p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Cinnamon Twist</b></p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>
Memorial Day 27	28	29	New York Thursday 30	31
<p><b>Blueberry Muffin</b></p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Fresh Fruit Bar</b></p> <p><b>Egg &amp; Cheese Wrap</b></p> <p>Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds</p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Cinnamon Burst Pancakes</b> Served with Syrup</p> <p><b>Back to the Roots® Purple Corn Flakes</b></p> <p>100% Fruit Juice Fresh Fruit</p>	<p><b>Fresh Fruit Bar</b></p> <p><b>New York Bagel Thursday</b></p> <p><b>Assorted Fresh New York Bagel Sticks and Bagels</b> served with Cream Cheese &amp; Jelly</p> <p><b>Upstate Farms® Yogurt Choice</b></p> <p>100% Fruit Juice <b>Fresh New York Apples</b></p>	<p><b>Assorted Muffins</b></p> <p><b>Cheese Omelet</b></p> <p><b>Back to the Roots® Cinnamon Cluster</b></p> <p>100% Fruit Juice Fresh Fruit</p>

<p><b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate</p> <p><b>Spiced Oatmeal</b> Warm Peach Topper</p>	<p><b>Fresh Fruit</b></p> <p><b>Canned Fruit</b> Peaches, Pears, Pineapples</p> <p><b>Grab and Go Breakfast Pack</b></p>	<p><b>OFFERED DAILY</b></p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Vegetarian Breakfast Menu</p>	<p><b>100% Fruit Juice</b> Apple, Fruit Punch, Grape, Orange</p> <p><b>Breakfast Dipping Sauces:</b> Ketchup, Hot Sauce, Salsa</p>	<p><b>Cold Cereal Choices</b></p> <p>Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Clusters</p>
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.