



APRIL 2019: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
1	2	3	New York Thursday 4	5
(V) Homemade Grilled Cheese Brooklyn Baked Beans <i>Salad Bar</i> Garden Greens	(V) Spicy Tofu & Bean Burrito with Salsa Parmesean Roasted Cauliflower Sweet Potato Wedge Fries <i>Salad Bar</i> Taco Station	(V*) Roasted Chickpea Tagine Served with Rice Broccoli with Garlic & Oil <i>Salad Bar</i> Traditional	(V*) Black Bean Casserole with Plantains Hot Confetti Corn Warm Biscuit New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> New York Local	(V) Classic Cheese Pizza Vegetable Pizza Corn, Peas & Carrots <i>Salad Bar</i> Pizza Toppings
8	9	10	New York Thursday 11	12
(V) Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Sweet Plantains Honey Corn Muffin <i>Salad Bar</i> Taco Station	(V) Personal Pesto Flatbread Pizza Crispy Broccoli <i>Salad Bar</i> Traditional	(V) Black Bean Quesadilla With Salsa Hot Confetti Corn Sweet Potato Waffle Fries <i>Salad Bar</i> Taco Station	(V) Pasta Fagioli Served with Whole Grain Pasta Roasted Zucchini New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> New York Local	(V) Classic Cheese Pizza Margherita Pizza Roasted Chickpeas with Spinach Cilantro Pesto <i>Salad Bar</i> Pizza Toppings
15	16	17	New York Thursday 18	Spring Recess 19
(V*) Vegetarian Chili Served with Rice Garlicky Green Beans <i>Salad Bar</i> Taco Station	(V) Baked Penne Toasted Garlic Bread Broccoli with Garlic & Oil <i>Salad Bar</i> Garden Greens	(V) Zucchini Parmigiana Served with Pasta Marinara Brown Sugar Carrots <i>Salad Bar</i> Traditional	(V) Spinach & Mozzarella Quesadilla Served with Salsa Stewed Pinto Beans Hot Confetti Corn New York Cookie Treat <i>Salad Bar</i> Taco Station	(V) Classic Cheese Pizza Onion & Pepper Pizza Green Garden Salad <i>Salad Bar</i> Pizza Toppings
Spring Recess 22	Spring Recess 23	Spring Recess 24	Spring Recess 25	Spring Recess 26
(V) Homemade Grilled Cheese Brooklyn Baked Beans <i>Salad Bar</i> Garden Greens	(V) Spicy Tofu & Bean Burrito with Salsa Parmesean Roasted Cauliflower Sweet Potato Wedge Fries <i>Salad Bar</i> Taco Station	(V*) Roasted Chickpea Tagine Served with Rice Broccoli with Garlic & Oil <i>Salad Bar</i> Traditional	(V*) Black Bean Casserole with Plantains Hot Confetti Corn Warm Biscuit New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> New York Local	(V) Classic Cheese Pizza Vegetable Pizza Corn, Peas & Carrots <i>Salad Bar</i> Pizza Toppings
29	30			
(V) Pasta Fagioli Served with Whole Grain Pasta Garlicky Green Beans New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> New York Local	(V) Personal Pesto Flatbread Pizza Crispy Broccoli <i>Salad Bar</i> Traditional		 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	Daily Lunch Specials <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • 8 oz. Yogurt Grab & Go • Hummus Grab & Go Every Tuesday & Thursday Grab & Go Salad

OFFERED DAILY

(V) Indicates Vegetarian
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 Pre-K 3 - 8
 Vegetarian Lunch Menu

Milk
 1% Low-fat
 Fat Free
 Fat Free Chocolate

Fresh Fruit
 No Artificial flavors, colors,
 or sweeteners in all
 SchoolFood Products

Homemade Dressings
 Balsamic Vinaigrette
 Caesar
 Italian Vinaigrette

Flavor Station
 Granulated Garlic
 Red Pepper Flakes
 Parmesan Cheese