



APRIL 2019: Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	EGG SANDWICH	FROM THE GRIDDLE	NEW YORK THURSDAY	BAKERY FRESH
1	2	3	New York Thursday 4	5
Apple Cinnamon Muffin Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Yogurt Bar Egg & Cheese on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Cheese Omelet Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
8	9	10	New York Thursday 11	12
Honey Corn Muffin Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Yogurt Bar Egg & Cheese on Ciabatta Bread Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Buttermilk Pancakes Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
15	16	17	New York Thursday 18	Spring Recess 19
Blueberry Muffin Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	Yogurt Bar Egg & Cheese Wrap Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice Fresh Fruit	Cinnamon Burst Pancakes Served with Syrup Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Upstate Farms® Yogurt Choice 100% Fruit Juice Fresh New York Apples	Assorted Muffins Cheese Omelet Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit
Spring Recess 22	Spring Recess 23	Spring Recess 24	Spring Recess 25	Spring Recess 26
Apple Cinnamon Muffin Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Yogurt Bar Egg & Cheese on an English Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice Fresh Fruit	Tasty Waffles Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	New York Bagel Thursday Assorted Fresh New York Bagel Sticks and Bagels served with Cream Cheese & Jelly Yogurt Parfait 100% Fruit Juice Fresh New York Apples	Cinnamon Twist Cheese Omelet Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
29	30			
Honey Corn Muffin Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Yogurt Bar Egg & Cheese on Ciabatta Bread Organic Stonyfield® Yogurt 100% Fruit Juice Fresh Fruit	Fresh New York Bagel Stick Varieties Blueberry Cinnamon Raisin Cranberry French Toast Multigrain Plain Poppy	EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN	

Milk 1% Low-fat Fat Free Fat Free Chocolate Spiced Oatmeal Warm Peach Topper	Fresh Fruit Canned Fruit Peaches, Pears, Pineapples Grab and Go Breakfast Pack	OFFERED DAILY No Artificial flavors, colors, or sweeteners in all SchoolFood Products Vegetarian Breakfast Menu	100% Fruit Juice Apple, Fruit Punch, Grape, Orange Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa	Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.