



FEBRUARY 2019: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
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			<p style="font-size: small;">EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD ALL NEW YORK ITEMS ARE HIGHLIGHTED IN GREEN</p>	<p>Honey Corn Muffin</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Fresh Fruit</p>
4	Lunar New Year	5	New York Thursday	6
<p>Breakfast Kit (2)</p> <p>Sun Butter Cup</p> <p>Graham Crackers Grape Jelly</p> <p>100% Fruit Juice</p>	<p style="text-align: center;">Apple Cinnamon Muffin</p> <p>Organic Stonyfield® Yogurt</p> <p>Craisins</p>	<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Fresh Fruit</p>	<p style="text-align: center;">Yogurt Parfait</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p style="text-align: center;">Fresh New York Apples</p>	<p style="text-align: center;">Cinnamon Twist</p> <p>Fresh Fruit</p>
11	12	13	New York Thursday	14
<p>Breakfast Kit (4)</p> <p>Apple Cinnamon Cheerios®</p> <p>Graham Crackers</p> <p>100% Orange Tangerine Juice</p>	<p style="text-align: center;">Banana Muffin</p> <p>Organic Stonyfield® Yogurt</p> <p>Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Fresh Fruit</p>	<p style="text-align: center;">Yogurt Parfait</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p style="text-align: center;">Fresh New York Apples</p>	<p style="text-align: center;">Honey Corn Muffin</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Fresh Fruit</p>
18	19	20	21	22
<p>Mid Winter Recess</p>	<p>Mid Winter Recess</p>	<p>Mid Winter Recess</p>	<p>Mid Winter Recess</p>	<p>Mid Winter Recess</p>
<p>Breakfast Kit (5)</p> <p>Fruity Cheerios®</p> <p>Graham Crackers</p> <p>100% Apple Juice</p>	<p style="text-align: center;">Honey Corn Muffin</p> <p>Organic Stonyfield® Yogurt</p> <p>Fresh Fruit</p>	<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Fresh Fruit</p>	<p style="text-align: center;">Yogurt Parfait</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p style="text-align: center;">Fresh New York Apples</p>	<p style="text-align: center;">Cinnamon Twist</p> <p>Fresh Fruit</p>
25	26	27	New York Thursday	28
<p>Breakfast Kit (2)</p> <p>Sun Butter Cup</p> <p>Graham Crackers Grape Jelly</p> <p>100% Fruit Juice</p>	<p style="text-align: center;">Apple Cinnamon Muffin</p> <p>Organic Stonyfield® Yogurt</p> <p>Craisins</p>	<p>Whole Grain Bagel served with Cream Cheese & Jelly</p> <p>Fresh Fruit</p>	<p style="text-align: center;">Yogurt Parfait</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p style="text-align: center;">Fresh New York Apples</p>	

<p><u>MILK</u></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p style="text-align: center;"><u>Fresh Fruit</u></p> <p style="text-align: center;"><u>Canned Fruit</u> Peaches, Pears, Pineapples</p>	<p style="text-align: center;"><u>OFFERED DAILY</u></p> <p style="font-size: small; text-align: center;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p style="text-align: center;">Breakfast Express / Breakfast in the Classroom Menu</p>	<p style="text-align: center;"><u>Cold Cereal Choices</u></p> <p style="font-size: small; text-align: center;">Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Clusters</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.