



SEPTEMBER 2018: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday					
JUMPSTART MONDAY		BURGER		CHICKEN		NEW YORK THURSDAY		PIZZA	
Labor Day 3	4	First Day of Classes 5	6	New York Thursday 6	7				
<p>Mozzarella Sticks Marinara Sauce</p> <p>Slow Roasted Carrots</p> <p>Frito-Lay® SunChips®</p>	<p>100% Beef New York Hamburgers & Cheeseburgers</p> <p>French Fries</p>	<p>Popcorn Chicken Served With Mac-n-Cheese</p> <p>Broccoli Trees</p>	<p>Chicken Dumplings</p> <p>Egg Roll with Duck Sauce</p> <p>New York Cookie Treat</p> <p>Fresh New York Apples</p>	<p>Pizza Bagel</p> <p>Garlic Knot</p> <p>Roasted Chickpeas with Spinach Cilantro Pesto</p> <p>Ranch Carrot Snacker</p>					
Rosh Hashanah 10	11	12	13	New York Thursday 13	14				
<p>Veggie Tacos A Blend of Veggies & Mexicali Beans Served with Baked! Tostitos® Scoops®</p> <p>Salsa Cup</p> <p>Sweet Plantains</p>	<p>100% Beef Hamburgers & Cheeseburgers</p> <p>Sweet Potato Waffle Fries</p>	<p>Crispy Chicken Waffle Sandwich</p> <p>Home Fries</p> <p>Creamed Spinach</p>	<p>Jamaican Beef Patty</p> <p>Roasted Zucchini</p> <p>New York Cookie Treat</p> <p>New York Apple Slices</p>	<p>Pizza Bagel</p> <p>Garlic Knot</p> <p>Hot Marinated Bean Salad</p>					
17	18	19	20	New York Thursday 20	21				
<p>Grilled Cheese</p> <p>Garlicky Green Beans</p> <p>Crunchy Carrots</p>	<p>100% Beef New York Hamburgers & Cheeseburgers</p> <p>French Fries</p>	<p>Popcorn Chicken</p> <p>Garlic Toast</p> <p>Sweet Potato Waffle Fries</p>	<p>Bite Size Beef Tacos Served with Baked! Tostitos® Scoops®</p> <p>Salsa Cup Broccoli Trees</p> <p>New York Cookie Treat</p> <p>New York Apple Slices</p>	<p>Pizza Bagel</p> <p>Garlic Knot</p> <p>Hot Black Bean Salad</p>					
24	25	26	27	New York Thursday 27	28				
<p>Mozzarella Sticks Marinara Sauce</p> <p>Slow Roasted Carrots</p> <p>Frito-Lay® SunChips®</p>	<p>100% Beef Hamburgers & Cheeseburgers</p> <p>French Fries</p>	<p>Popcorn Chicken Served With Mac-n-Cheese</p> <p>Broccoli Trees</p>	<p>Chicken Dumplings</p> <p>Egg Roll with Duck Sauce</p> <p>New York Cookie Treat</p> <p>Fresh New York Apples</p>	<p>Pizza Bagel</p> <p>Garlic Knot</p> <p>Roasted Chickpeas with Spinach Cilantro Pesto</p> <p>Ranch Carrot Snacker</p>					
			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>						

OFFERED DAILY			
<p><u>Entree Alternatives</u></p> <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • Deli Sandwich • Hummus Grab & Go 	<p><u>Milk</u></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p> <p><u>Dipping Sauce Cups</u></p> <p>BBQ, Ranch, Honey Mustard, Hot Sauce Ketchup, Mayonnaise</p>	<p><u>Fresh Fruit</u></p> <p style="color: yellow; font-size: small;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p>	<p><u>Dressings</u></p> <p>Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</p> <p><u>Flavor Station</u></p> <p>Granulated Garlic Red Pepper Flakes Parmesan Cheese</p> <p style="text-align: right; font-size: small;">Pre-K - 8 Express Hot Lunch Menu</p>

ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK