



JANUARY 2019: Pre-K - 8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
	Winter Recess 1		New York Thursday 3	
	100% Beef Hamburgers & Cheeseburgers French Fries	Popcorn Chicken Garlic Toast Sweet Potato Waffle Fries	Bite Size Beef Tacos Served with Baked! Tostitos® Scoops® Salsa Cup Broccoli Trees New York Cookie Treat New York Apple Slices	Pizza Bagel Garlic Knot Hot Black Bean Salad
7	8	9	New York Thursday 10	11
Mozzarella Sticks Marinara Sauce Slow Roasted Carrots Frito-Lay® SunChips®	100% Beef New York Hamburgers & Cheeseburgers French Fries	Popcorn Chicken Served With Mac-n-Cheese Broccoli Trees	Chicken Dumplings Egg Roll with Duck Sauce New York Cookie Treat Fresh New York Apples	Pizza Bagel Garlic Knot Roasted Chickpeas with Spinach Cilantro Pesto Ranch Carrot Snacker
14	15	16	New York Thursday 17	18
Veggie Tacos A Blend of Veggies & Mexicali Beans Served with Baked! Tostitos® Scoops® Salsa Cup Sweet Plantains	100% Beef Hamburgers & Cheeseburgers Sweet Potato Waffle Fries	Crispy Chicken Waffle Sandwich Home Fries Creamed Spinach	Jamaican Beef Patty Roasted Zucchini New York Cookie Treat New York Apple Slices	Pizza Bagel Garlic Knot Hot Marinated Bean Salad
Martin Luther King Day 21	22	23	New York Thursday 24	25
Grilled Cheese Garlicky Green Beans Crunchy Carrots	100% Beef New York Hamburgers & Cheeseburgers French Fries	Popcorn Chicken Garlic Toast Sweet Potato Waffle Fries	Bite Size Beef Tacos Served with Baked! Tostitos® Scoops® Salsa Cup Broccoli Trees New York Cookie Treat New York Apple Slices	Pizza Bagel Garlic Knot Hot Black Bean Salad
28	29	30	New York Thursday 31	
Mozzarella Sticks Marinara Sauce Slow Roasted Carrots Frito-Lay® SunChips®	100% Beef Hamburgers & Cheeseburgers French Fries	Popcorn Chicken Served With Mac-n-Cheese Broccoli Trees	Chicken Dumplings Egg Roll with Duck Sauce New York Cookie Treat Fresh New York Apples	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

- Chipotle Ranch
- Balsamic Vinaigrette
- Ranch
- Asian Sesame
- Honey Mustard
- Caesar
- French
- Italian Vinaigrette

Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

- #### Dipping Sauce Cups
- BBQ, Ranch,
 - Honey Mustard, Hot Sauce
 - Ketchup, Mayonnaise

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ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK



**MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD MENUS ARE PORK FREE**