



OCTOBER 2018: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
JUMPSTART MONDAY	BURGER	CHICKEN	NEW YORK THURSDAY	PIZZA
1	2	3	New York Thursday 4	5
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Personal Pizza Rounds Sweet Plantains <i>Salad Bar</i> Taco Station	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Chicken Caesar Salad Bruschetta Tomato Salad French Fries <i>Salad Bar</i> Burger Fixin's	Crispy Chicken Waffle Sandwich Fish & Cheese Sandwich Home Fries Creamed Spinach <i>Salad Bar</i> Traditional	Jamaican Beef Patty Mozzarella Sticks Marinara Sauce Roasted Zucchini New York Hot Pretzel New York Apple Slices <i>Salad Bar</i> New York Local	Classic Cheese Pizza Ranch Chicken Pizza Garlic Knot Marinara Sauce Marinated Bean Salad <i>Salad Bar</i> Pizza Toppings
Columbus Day 8	9	10	New York Thursday 11	12
Grilled Cheese Personal Pizza Rounds Onion Rings Garlicky Green Beans Frito-Lay® SunChips® <i>Salad Bar</i> Garden Greens	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Cobb Salad Sweet Potato Waffle Fries <i>Salad Bar</i> Burger Fixin's	Popcorn Chicken Cheese Steak on a New York Hero Garlic Toast Mashed Potatoes with Gravy Broccoli Trees New York Cookie Treat <i>Salad Bar</i> Traditional	Bite Size Beef Tacos Served with Baked! Tostitos® Scoops® Mozzarella Sticks Marinara Sauce Stewed Pinto Beans New York Apple Slices <i>Salad Bar</i> Taco Station	Classic Cheese Pizza Supreme Pizza Crispy Chicken Wrap Garlic Knot Marinara Sauce Crispy Kale Chips Ranch Carrot Snacker <i>Salad Bar</i> Pizza Toppings
15	16	17	New York Thursday 18	19
Baked Penne Personal Pizza Rounds Warm Breadstick Slow Roasted Carrots Frito-Lay® SunChips® <i>Salad Bar</i> Garden Greens	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Chef Salad French Fries Cucumber Salad <i>Salad Bar</i> Burger Fixin's	Popcorn Chicken Served With Mac-N-Cheese Gyro on a Pita with Tzatziki Sauce Broccoli Trees <i>Salad Bar</i> Traditional	Chicken Dumplings Served with Vegetable Fried Rice & Egg Roll Mozzarella Sticks Marinara Sauce New York Cookie Treat Fresh New York Apples <i>Salad Bar</i> New York Local	Classic Cheese Pizza Meat Lovers Pizza Fish Burrito Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto <i>Salad Bar</i> Pizza Toppings
22	23	24	New York Thursday 25	26
Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Personal Pizza Rounds Sweet Plantains <i>Salad Bar</i> Taco Station	100% Beef Hamburgers & Cheeseburgers Turkey Burgers Chicken Caesar Salad Bruschetta Tomato Salad French Fries <i>Salad Bar</i> Burger Fixin's	Crispy Chicken Waffle Sandwich Fish & Cheese Sandwich Home Fries Creamed Spinach <i>Salad Bar</i> Traditional	Jamaican Beef Patty Mozzarella Sticks Marinara Sauce Roasted Zucchini New York Hot Pretzel New York Apple Slices <i>Salad Bar</i> New York Local	Classic Cheese Pizza Ranch Chicken Pizza Garlic Knot Marinara Sauce Marinated Bean Salad <i>Salad Bar</i> Pizza Toppings
29	30	Happy Halloween 31		
Grilled Cheese Personal Pizza Rounds Onion Rings Garlicky Green Beans Frito-Lay® SunChips® <i>Salad Bar</i> Garden Greens	100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Cobb Salad Sweet Potato Waffle Fries <i>Salad Bar</i> Burger Fixin's	Chicken & Veggie Lo Mein Cheese Steak on a New York Hero Slow Roasted Carrots New York Cookie Treat <i>Salad Bar</i> Traditional	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Assorted Deli Sandwiches
- Grab and Go Salads
- Hummus Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Dipping Sauce Cups

- BBQ, Ranch,
- Honey Mustard

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

- Chipotle Ranch
- Balsamic Vinaigrette
- Ranch
- Asian Sesame
- Honey Mustard
- Caesar
- French
- Italian Vinaigrette

Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

High School Lunch Menu



SchoolFood
FEED YOUR MIND



NYC Department of
Education



**MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD MENUS ARE PORK FREE**