



SEPTEMBER 2018: High School Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|
| JUMPSTART MONDAY | BURGER | CHICKEN | NEW YORK THURSDAY | PIZZA |
| Labor Day 3 | 4 | First Day of Classes 5 | New York Thursday 6 | 7 |
| Baked Penne Personal Pizza Rounds Warm Breadstick Slow Roasted Carrots Frito-Lay® SunChips® Salad Bar Garden Greens | 100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Chef Salad French Fries Cucumber Salad Salad Bar Burger Fixin's | Popcorn Chicken Served With Mac-N-Cheese Gyro on a Pita with Tzatziki Sauce Broccoli Trees Salad Bar Traditional | Chicken Dumplings Served with Vegetable Fried Rice & Egg Roll Mozzarella Sticks Marinara Sauce New York Cookie Treat Fresh New York Apples Salad Bar New York Local | Classic Cheese Pizza Meat Lovers Pizza Fish Burrito Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings |
| Rosh Hashanah 10 | Rosh Hashanah 11 | 12 | New York Thursday 13 | 14 |
| Veggie Tacos A Blend of Veggies & Mexicali Beans Served in a Hard Taco Shell Personal Pizza Rounds Sweet Plantains Salad Bar Taco Station | 100% Beef Hamburgers & Cheeseburgers Turkey Burgers Chicken Caesar Salad Bruschetta Tomato Salad French Fries Salad Bar Burger Fixin's | Crispy Chicken Waffle Sandwich Fish & Cheese Sandwich Home Fries Creamed Spinach Salad Bar Traditional | Jamaican Beef Patty Mozzarella Sticks Marinara Sauce Roasted Zucchini New York Hot Pretzel New York Apple Slices Salad Bar New York Local | Classic Cheese Pizza Ranch Chicken Pizza Garlic Knot Marinara Sauce Marinated Bean Salad Salad Bar Pizza Toppings |
| 17 | 18 | Yom Kippur 19 | New York Thursday 20 | 21 |
| Grilled Cheese Personal Pizza Rounds Onion Rings Garlicky Green Beans Frito-Lay® SunChips® Salad Bar Garden Greens | 100% Beef New York Hamburgers & Cheeseburgers Turkey Burgers Cobb Salad Sweet Potato Waffle Fries Salad Bar Burger Fixin's | Popcorn Chicken Cheese Steak on a New York Hero Garlic Toast Mashed Potatoes with Gravy Broccoli Trees New York Cookie Treat Salad Bar Traditional | Bite Size Beef Tacos Served with Baked! Tostitos® Scoops® Mozzarella Sticks Marinara Sauce Stewed Pinto Beans New York Apple Slices Salad Bar Taco Station | Classic Cheese Pizza Supreme Pizza Crispy Chicken Wrap Garlic Knot Marinara Sauce Crispy Kale Chips Ranch Carrot Snacker Salad Bar Pizza Toppings |
| 24 | 25 | 26 | New York Thursday 27 | 28 |
| Baked Penne Personal Pizza Rounds Warm Breadstick Slow Roasted Carrots Frito-Lay® SunChips® Salad Bar Garden Greens | 100% Beef Hamburgers & Cheeseburgers Turkey Burgers Chef Salad French Fries Cucumber Salad Salad Bar Burger Fixin's | Popcorn Chicken Served With Mac-N-Cheese Gyro on a Pita with Tzatziki Sauce Broccoli Trees Salad Bar Traditional | Chicken Dumplings Served with Vegetable Fried Rice & Egg Roll Mozzarella Sticks Marinara Sauce New York Cookie Treat Fresh New York Apples Salad Bar New York Local | Classic Cheese Pizza Meat Lovers Pizza Fish Burrito Garlic Knot Marinara Sauce Roasted Chickpeas with Spinach Cilantro Pesto Salad Bar Pizza Toppings |
| | | |  <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p> | |

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| Entree Alternatives • PB&J Sandwich • Cheese Sandwich • Assorted Deli Sandwiches • Grab and Go Salads • Hummus Grab & Go | Milk 1% Low-fat Fat Free Fat Free Chocolate Dipping Sauce Cups BBQ, Ranch, Honey Mustard | OFFERED DAILY Fresh Fruit Water No Artificial flavors, colors, or sweeteners in all SchoolFood Products | Dressings Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette | Flavor Station Granulated Garlic Red Pepper Flakes Parmesan Cheese High School Lunch Menu |
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