



MARCH 2018: Pre-K - 8 Vegetarian Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			New York Thursday 1	2
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>			Braised Black Beans with Plantains Served with Rice Seasoned Wedge Fries New York Cookie Treat <u>Salad Bar</u> Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza Pesto Pizza Fresh Basil & Tomatoes Garlic Knot White Bean Salad <u>Salad Bar</u> Roasted Broccoli & Cauliflower Salad
	5	6	7	New York Thursday 8
Mexicali Chili with Rice and Salsa Honey Corn Muffin Sweet Plantains <u>Salad Bar</u> Green Garden Salad	Black Bean Quesadilla with Rice and Salsa Seasoned Wedge Fries Spring Mix Salad <u>Salad Bar</u> Greek Zucchini Salad	"Super Chef" Veggie Shepherd's Pie A Delicious Blend of Mashed Potatoes, Beans & Cheese Garlicky Green Beans Warm Dinner Roll <u>Salad Bar</u> Spinach & Cranberry Salad	Tofu Burrito With Cheese and Salsa Served With Rice Sweet Potato Waffle Fries <u>Salad Bar</u> Healthy Cole Slaw Fresh New York Apples	Classic Cheese Pizza Margherita Pizza Garlic Knot Roasted Chickpea with Basil Pesto <u>Salad Bar</u> Fresh Marinated Vegetable Salad
12	13	14	Pre-K - 8 Half Day 15	16
Baked Penne Garlic Toast Roasted Zucchini <u>Salad Bar</u> Broccoli and Cranberry Salad	Vegetarian Chili Served with Rice and Salsa Sweet Plantains Baked! Tostitos® Scoops® <u>Salad Bar</u> Fresh Cilantro Slaw	Zucchini Parmigiana Served with Whole Grain Pasta Kale Caesar Salad Seasoned Wedge Fries <u>Salad Bar</u> Confetti Corn Salad	Spinach and Mozzarella Quesadilla with Tomatoes with Rice and Salsa Stewed Pinto Beans <u>Salad Bar</u> Kale Salad Fresh New York Apples	Classic Cheese Pizza Veggie Pizza Green Garden Salad <u>Salad Bar</u> Italian Marinated Cucumber Salad
19	20	21	New York Thursday 22	23
Crunchy Tofu with Korean BBQ Sauce Vegetable Fried Rice Vegetable Egg Roll with Duck Sauce <u>Salad Bar</u> Italian Classico Salad	Roasted Chickpea Tagine Warm Dinner Roll Sweet Potato Wedge Fries Sweet Plantains <u>Salad Bar</u> Caesar Salad	Cheesy Bread Marinara Sauce Broccoli Trees Green Garden Salad <u>Salad Bar</u> Carrot & Lemon Salad	Braised Black Beans with Plantains Served with Rice Seasoned Wedge Fries New York Cookie Treat <u>Salad Bar</u> Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza Pesto Pizza Fresh Basil & Tomatoes Garlic Knot White Bean Salad <u>Salad Bar</u> Roasted Broccoli & Cauliflower Salad
26	27	28	New York Thursday 29	Spring Recess 30
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OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Hummus Grab & Go
- 8 oz. Yogurt Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Homemade Dressings

- Balsamic Vinaigrette
- Caesar
- Italian Vinaigrette

Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

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**MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD MENUS ARE PORK FREE**