



MARCH 2018: Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
FROM THE GRIDDLE	BAGEL NOSH	SKILLET SENSATIONS	NEW YORK THURSDAY	BAKERY FRESH	
			New York Thursday 1	2	
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>			Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice Fresh New York Apples 100% Fruit Juice	Cheese Omelet Soft Wrap with Salsa Blueberry Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	
	5	6	7	New York Thursday 8	9
	Tasty Waffles Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Assorted Muffins Organic Stonyfield® Yogurt Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice New York Apple Slices 100% Fruit Juice	Egg & Cheese on a Soft Roll Apple Cinnamon Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
	12	13	14	New York Thursday 15	16
	Buttermilk Pancakes Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Colby Cheese Stick 100% Fruit Juice Fresh Fruit	Cheese Omelet with Ciabatta Bread Organic Stonyfield® Yogurt Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice New York Apple Slices 100% Fruit Juice	Egg & Cheese on an English Muffin Honey Corn Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit
19	20	21	New York Thursday 22	23	
French Toast Dippers Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice Fresh Fruit	Egg & Cheese Pita Organic Stonyfield® Yogurt Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice Fresh New York Apples 100% Fruit Juice	Cheese Omelet Soft Wrap with Salsa Blueberry Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	
26	27	28	New York Thursday 29	30	
Tasty Waffles Served with Syrup Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Whole Grain Bagel with Cream Cheese & Jelly Land O'Lakes® Cheddar Cheese Stick 100% Fruit Juice Fresh Fruit	Assorted Muffins Organic Stonyfield® Yogurt Back to the Roots® Cinnamon Cluster 100% Fruit Juice Fresh Fruit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly Upstate Farms® Yogurt Choice New York Apple Slices 100% Fruit Juice	Egg & Cheese on a Soft Roll Apple Cinnamon Muffin Back to the Roots® Purple Corn Flakes 100% Fruit Juice Fresh Fruit	

Milk 1% Low-fat Fat Free Fat Free Chocolate Spiced Oatmeal Warm Peach Topper	Fresh Fruit Canned Fruit Peaches, Pears, Pineapples Grab and Go Breakfast Pack	OFFERED DAILY No Artificial flavors, colors, or sweeteners in all SchoolFood Products Vegetarian Breakfast Menu	100% Fruit Juice Apple, Fruit Punch, Grape, Orange Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa	Cold Cereal Choices Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.