



## APRIL 2018: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CHICKEN DELIGHTS</b>	<b>BURGER BASH</b>	<b>CULINARY</b>	<b>NEW YORK</b>	<b>PIZZA PARTY</b>
Spring Recess 2	Spring Recess 3	Spring Recess 4	Spring Recess 5	Spring Recess 6
<p>Popcorn Chicken Dipping Sauce Cup With <b>Mac-N-Cheese</b></p> <p>Stewed Pinto Beans</p> <p><u>Salad Bar</u> Broccoli and Cranberry Salad</p>	<p><b>100% Beef Hamburgers &amp; Cheeseburgers</b> Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p>"Sweet-N-Spicy" Sweet Potato Waffle Fries</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw</p>	<p><b>Cheesy Bread</b> Marinara Sauce</p> <p><b>Seasoned Wedge Fries</b></p> <p>Baked! Tostitos® Scoops®</p> <p><u>Salad Bar</u> Confetti Corn Salad</p>	<p><b>Mozzarella Sticks</b> Marinara Sauce</p> <p><b>French Fries</b> Garlicky Green Beans</p> <p><b>New York Cookie Treat</b></p> <p><u>Salad Bar</u> Kale Salad New York Apple Slices</p>	<p><b>Classic Cheese Pizza</b></p> <p><b>Meat Lovers Pizza</b> Bacon &amp; Sausage</p> <p><b>Green Garden Salad</b></p> <p><u>Salad Bar</u> Italian Marinated Cucumber Salad</p>
9	<b>Burger Promo</b> 10	11	<b>New York Thursday</b> 12	13
<p>Popcorn Chicken Dipping Sauce Cup With <b>Mac-N-Cheese</b></p> <p>Garlic Toast</p> <p>Sweet Potato Wedge Fries</p> <p><u>Salad Bar</u> Italian Classico Salad</p>	<p><b>100% Beef Bacon Cheddar Cheeseburger</b> Served on <b>Ciabatta Bread</b></p> <p><b>Turkey Burger</b> Burgers served with Lettuce Tomato &amp; <b>New York Onion</b></p> <p><b>Roasted Broccoli</b></p> <p><u>Salad Bar</u> Confetti Corn Salad</p>	<p><b>Grilled Cheese Sandwich</b></p> <p>Frito-Lay® SunChips®</p> <p>French Fries</p> <p><u>Salad Bar</u> Caesar Salad</p>	<p><b>Jamaican Beef Patty</b></p> <p><b>Mozzarella Sticks</b> Marinara Sauce</p> <p><b>Onion Rings</b> Crunchy Carrot Sticks</p> <p><b>New York Hot Pretzel</b> <u>Salad Bar</u> Celery &amp; Apple Salad New York Apple Slices</p>	<p><b>Classic Cheese Pizza</b></p> <p><b>Extra Zesty Pizza</b></p> <p><b>Garlic Knot</b></p> <p><b>Chickpea Salad</b></p> <p><u>Salad Bar</u> Roasted Broccoli &amp; Cauliflower Salad</p>
16	17	18	<b>New York Burger &amp; Fries</b> 19	20
<p><b>Brunch</b> <b>Crispy Chicken Waffle Sandwich</b> served with syrup</p> <p><b>Mac-N-Cheese</b></p> <p><b>Home Fries</b></p> <p>Frito-Lay® SunChips®</p> <p><u>Salad Bar</u> Green Garden Salad</p>	<p><b>Steamed Chicken Dumplings</b> with Asian Dipping Sauce</p> <p><b>Vegetable Fried Brown Rice</b></p> <p><b>Egg Roll</b> with Duck Sauce</p> <p><u>Salad Bar</u> Asian Slaw</p>	<p><b>Baked Penne</b></p> <p><b>Mozzarella Sticks</b> Marinara Sauce</p> <p><b>Roasted Carrots</b></p> <p><b>Dinner Roll</b></p> <p><u>Salad Bar</u> Spinach &amp; Cranberry Salad</p>	<p><b>100% Beef New York Cheeseburgers</b> Served on <b>Ciabatta Bread</b></p> <p>Burgers served with Lettuce Tomato &amp; <b>New York Onion</b></p> <p><b>New York French Fries</b></p> <p><b>New York Cookie Treat</b> <u>Salad Bar</u> Celery &amp; Apple Salad Fresh New York Apples</p>	<p><b>Classic Cheese Pizza</b></p> <p><b>Ranch Chicken Pizza</b> with Popcorn Chicken</p> <p><b>White Bean Salad</b> <b>Kale Caesar Salad</b></p> <p><b>Garlic Knot</b></p> <p><u>Salad Bar</u> Fresh Marinated Vegetable Salad</p>
23	24	25	<b>New York Thursday</b> 26	27
<p>Popcorn Chicken Dipping Sauce Cup With <b>Mac-N-Cheese</b></p> <p>Stewed Pinto Beans</p> <p><u>Salad Bar</u> Broccoli and Cranberry Salad</p>	<p><b>100% Beef Hamburgers &amp; Cheeseburgers</b></p> <p><b>Turkey Burger</b> Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p>"Sweet-N-Spicy" Sweet Potato Waffle Fries</p> <p><u>Salad Bar</u> Carrot &amp; Lemon Salad</p>	<p><b>Grilled Cheese Sandwich</b></p> <p><b>Seasoned Wedge Fries</b></p> <p>Baked! Tostitos® Scoops®</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw</p>	<p><b>Hot Turkey Melt with Gravy</b> on <b>Ciabatta Bread</b></p> <p><b>Mozzarella Sticks</b> Marinara Sauce</p> <p><b>French Fries</b> Healthy Cole Slaw</p> <p><b>New York Cookie Treat</b> <u>Salad Bar</u> Kale Salad New York Apple Slices</p>	<p><b>Classic Cheese Pizza</b></p> <p><b>Meat Lovers Pizza</b> Bacon &amp; Sausage</p> <p><b>Garlic Knot</b></p> <p><b>Green Garden Salad</b></p> <p><u>Salad Bar</u> Italian Marinated Cucumber Salad</p>
30			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>	

### OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Plain Turkey Sandwich
- Hummus Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Fresh Fruit

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

- Chipotle Ranch
- Balsamic Vinaigrette
- Ranch
- Asian Sesame
- Honey Mustard
- Caesar
- French
- Italian Vinaigrette

Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

JHS Lunch Menu



MENUS ARE SUBJECT TO CHANGE  
SCHOOLFOOD MENUS ARE PORK FREE