



MARCH 2018: Breakfast Express Menu

Monday	Tuesday	Wednesday	Thursday	Friday
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			New York Thursday 1 Yogurt Parfait Land O'Lakes® Cheddar Cheese Stick Fresh New York Apples	2 Blueberry Muffin Back to the Roots® Cinnamon Cluster Fresh Fruit
	5	6	7	8
Fruity Cheerios® Honey Graham Crackers 100% Apple Juice	Sunshine Zucchini Loaf Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Fresh Fruit	Nature Valley™ Oats 'n Honey Granola Bar Upstate Farms® Yogurt Land O'Lakes® Mozzarella Cheese Stick Fresh New York Apples	9 Assorted Muffins Back to the Roots® Purple Corn Flakes Fresh Fruit
12	13	14	15	16
Sun Butter Cup Honey Graham Crackers Grape Jelly 100% Fruit Juice	Honey Corn Muffin Organic Stonyfield® Yogurt Served with Craisins & Granola 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Fresh Fruit	Nature Valley™ Oats 'n Honey Granola Bar Upstate Farms® Yogurt Land O'Lakes® Colby Cheese Stick Fresh New York Apples	16 Apple Cinnamon Muffin Back to the Roots® Cinnamon Cluster Fresh Fruit
19	20	21	22	23
Apple Cinnamon Cheerios® Honey Graham Crackers 100% Orange Tangerine Juice	Banana Muffin Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Fresh Fruit	Yogurt Parfait Land O'Lakes® Cheddar Cheese Stick New York Apple Slices	23 Blueberry Muffin Back to the Roots® Cinnamon Cluster Fresh Fruit
26	27	28	29	30
Fruity Cheerios® Honey Graham Crackers 100% Apple Juice	Sunshine Zucchini Loaf Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Fresh Fruit	Nature Valley™ Oats 'n Honey Granola Bar Upstate Farms® Yogurt Land O'Lakes® Mozzarella Cheese Stick Fresh New York Apples	30 Assorted Muffins Back to the Roots® Purple Corn Flakes Fresh Fruit

<p>MILK</p> <p>1% Low-fat Fat Free Fat Free Chocolate</p>	<p>Fresh Fruit</p> <p>Canned Fruit Peaches, Pears, Pineapples</p>	<p>OFFERED DAILY</p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Breakfast Express / Breakfast in the Classroom Menu</p>	<p>Grab and Go Breakfast Pack</p>	<p>Cold Cereal Choices</p> <p>Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Back to the Roots® Organic Purple Corn Flakes & Cinnamon Cluster</p>
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ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK and Can Only Have JUICE on MONDAYS.