



MARCH 2018 : High School Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL NOSH	SKILLET SENSATIONS	NEW YORK THURSDAY	BAKERY FRESH
			New York Thursday 1	2
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	<p>Bagel Bar An Assortment of Bagel Varieties & Spreads including Hummus, Peanut Butter, Cream Cheeses and Jelly</p> <p>Egg Sandwich Plain Egg Omelet with Cheese on a Soft Bun, English Muffin or Buttermilk Biscuit</p>		<p>New York Bagel Sticks</p> <p>Yogurt Parfait</p> <p>Egg Sandwich</p> <p>New York Apple Slices</p>	<p>Blueberry Muffin</p> <p>Breakfast Quesadilla</p> <p>Spiced Oatmeal Peach Topper</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>
5	6	7	New York Thursday 8	9
<p>French Toast Dippers Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Egg Sandwich</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg Sandwich</p> <p>Assorted Muffins</p> <p>Organic Stonyfield® Yogurt</p> <p>Spiced Oatmeal Peach Topper</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Beef Sausage & White Cheddar Sandwich</p> <p>Hot Cinnamon Roll</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Sticks</p> <p>Upstate Farms® Yogurt Choice Served with Craisins & Granola</p> <p>Egg Sandwich</p> <p>Fresh New York Apples</p>	<p>Banana Muffin</p> <p>Turkey Sausage Crumble Egg & Cheese Wrap</p> <p>Spiced Oatmeal Peach Topper</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>
12	13	14	New York Thursday 15	16
<p>Cinnamon Pancakes Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Egg Sandwich</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg Sandwich</p> <p>Honey Corn Muffin</p> <p>Organic Stonyfield® Yogurt</p> <p>Spiced Oatmeal Peach Topper</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Cheese Omelet with Ciabatta Bread</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Sticks</p> <p>Upstate Farms® Yogurt Choice Served with Craisins & Granola</p> <p>Egg Sandwich</p> <p>Fresh New York Apples</p>	<p>Apple Cinnamon Muffin</p> <p>Turkey Sausage, Egg & Cheese on an Soft Roll</p> <p>Spiced Oatmeal Peach Topper</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>
19	20	21	New York Thursday 22	23
<p>Tasty Waffles Served with Syrup</p> <p>Turkey Sausage Patty</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>Egg Sandwich</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg Sandwich</p> <p>Organic Stonyfield® Yogurt Honey Roasted Sunflower Seeds</p> <p>Spiced Oatmeal Peach Topper</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Turkey Canadian Bacon, Egg & Cheese on an English Muffin</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Sticks</p> <p>Yogurt Parfait</p> <p>Egg Sandwich</p> <p>New York Apple Slices</p>	<p>Blueberry Muffin</p> <p>Breakfast Quesadilla</p> <p>Spiced Oatmeal Peach Topper</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>
26	27	28	New York Thursday 29	30
<p>French Toast Dippers Served with Syrup</p> <p>Turkey Canadian Bacon</p> <p>Egg Sandwich</p> <p>Back to the Roots® Cinnamon Cluster</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Egg Sandwich</p> <p>Assorted Muffins</p> <p>Organic Stonyfield® Yogurt</p> <p>Spiced Oatmeal Peach Topper</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>Beef Sausage & White Cheddar Sandwich</p> <p>Hot Cinnamon Roll</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>	<p>New York Bagel Sticks</p> <p>Upstate Farms® Yogurt Choice Served with Craisins & Granola</p> <p>Egg Sandwich</p> <p>Fresh New York Apples</p>	<p>Spring Recess</p> <p>Banana Muffin</p> <p>Turkey Sausage Crumble Egg & Cheese Wrap</p> <p>Spiced Oatmeal Peach Topper</p> <p>Back to the Roots® Purple Corn Flakes</p> <p>Bagel Bar</p> <p>100% Fruit Juice Fresh Fruit</p>

OFFERED DAILY

Milk

1% Low-fat
Fat Free
Fat Free Chocolate

Fresh Fruit

Canned Fruit
Peaches, Pears, Pineapples

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

High School Breakfast Menu

100% Fruit Juice

Apple, Fruit Punch, Grape, Orange

Breakfast Dipping Sauces:
Ketchup, Hot Sauce, Salsa

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Back to the Roots®
Organic Purple Corn Flakes & Cinnamon Cluster