



FEBRUARY 2018: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
			New York Thursday 1	2
			Hot Turkey Caprese on Ciabatta Bread Mozzarella Sticks Marinara Sauce New York Hot Pretzel French Fries <u>Salad Bar</u> Kale Salad New York Apple Slices	Classic Cheese Pizza Meat Lovers Pizza Bacon & Sausage Green Garden Salad <u>Salad Bar</u> Italian Marinated Cucumber Salad
5	6	7	New York Burger & Fries 8	9
Popcorn Chicken Dipping Sauce Cup With Mac-N-Cheese Garlic Toast Sweet Potato Wedge Fries <u>Salad Bar</u> Italian Classico Salad	Jamaican Beef Patty Mozzarella Sticks Marinara Sauce Hot Confetti Corn Roasted Broccoli <u>Salad Bar</u> Caesar Salad	Steak & Cheese Empanada Teriyaki & Sriracha Chicken Sliders Frito-Lay® SunChips® Onion Rings <u>Salad Bar</u> Carrot & Lemon Salad	100% Beef New York Cheeseburgers Served on Ciabatta Bread with Lettuce Tomato & New York Onion New York French Fries New York Cookie Treat <u>Salad Bar</u> Celery & Apple Salad New York Apple Slices	Classic Cheese Pizza Extra Zesty Pizza Garlic Knot Roasted Chickpea with Basil Pesto <u>Salad Bar</u> Roasted Broccoli & Cauliflower Salad
12	13	14	New York Thursday 15	16
<u>Brunch</u> Crispy Chicken Waffle Sandwich served with syrup Mac-N-Cheese Home Fries Frito-Lay® SunChips® <u>Salad Bar</u> Green Garden Salad	100% Beef Hamburgers & Cheeseburgers Southwest Fish & Cheese Sandwich Served with Lettuce Tomato & New York Onion French Fries <u>Salad Bar</u> Greek Zucchini Salad	Baked Penne Mozzarella Sticks Marinara Sauce Roasted Zucchini Dinner Roll <u>Salad Bar</u> Spinach & Cranberry Salad	Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Rice Crunchy Carrot Sticks New York Cookie Treat <u>Salad Bar</u> Asian Slaw Fresh New York Apples	Classic Cheese Pizza Ranch Chicken Pizza with Popcorn Chicken Garlic Knot Kale Caesar Salad White Bean Salad <u>Salad Bar</u> Fresh Marinated Vegetable Salad
19	20	21	22	23
Popcorn Chicken Dipping Sauce Cup With Mac-N-Cheese Stewed Pinto Beans <u>Salad Bar</u> Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion "Sweet-N-Spicy" Sweet Potato Waffle Fries <u>Salad Bar</u> Fresh Cilantro Slaw	Steak & Cheese Empanada Seasoned Wedge Fries Baked! Tostitos® Scoops® <u>Salad Bar</u> Confetti Corn Salad	Mozzarella Sticks Marinara Sauce French Fries Healthy Cole Slaw New York Cookie Treat <u>Salad Bar</u> Kale Salad New York Apple Slices	Classic Cheese Pizza Meat Lovers Pizza Bacon & Sausage Green Garden Salad <u>Salad Bar</u> Italian Marinated Cucumber Salad
26	27	28		
Popcorn Chicken Dipping Sauce Cup With Mac-N-Cheese Garlic Toast Sweet Potato Wedge Fries <u>Salad Bar</u> Italian Classico Salad	100% Beef Greek Style Cheeseburgers Served on Ciabatta Bread Turkey Burger Burgers served with Lettuce Tomato & New York Onion French Fries <u>Salad Bar</u> Confetti Corn Salad	Cheesy Bread Marinara Sauce Teriyaki & Sriracha Chicken Sliders Frito-Lay® SunChips® Roasted Broccoli <u>Salad Bar</u> Caesar Salad	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

OFFERED DAILY

<u>Entree Alternatives</u> <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go 	<u>Milk</u> 1% Low-fat Fat Free Fat Free Chocolate <u>Dipping Sauce Cups</u> BBQ, Ranch, Honey Mustard	<u>Fresh Fruit</u> No Artificial flavors, colors, or sweeteners in all SchoolFood Products	<u>Dressings</u> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette	<u>Flavor Station</u> Granulated Garlic Red Pepper Flakes Parmesan Cheese JHS Lunch Menu
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