



DECEMBER 2017: Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY
			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>	<p>Egg & Cheese on an English Muffin</p> <p>Honey Corn Loaf</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>
4	5	6		7
<p>French Toast Dippers Served with Syrup</p> <p>Back to the Roots Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Egg & Cheese Pita</p> <p>Organic Stonyfield® Yogurt</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>Fresh New York Apples 100% Fruit Juice</p>	<p>Cheese Omelet Soft Wrap with Salsa</p> <p>Blueberry Loaf</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>
11	12	13	14	15
<p>Tasty Waffles Served with Syrup</p> <p>Back to the Roots Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Cheddar Cheese Stick</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Whole Grain Croissant Served with Jelly</p> <p>Organic Stonyfield® Yogurt</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>New York Apple Slices 100% Fruit Juice</p>	<p>Egg & Cheese on a Soft Roll</p> <p>Apple Cinnamon Loaf</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>
18	19	20	21	22
<p>Cinnamon Pancakes Served with Syrup</p> <p>Back to the Roots Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Colby Cheese Stick</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Cheese Omelet with a Buttermilk Biscuit</p> <p>Organic Stonyfield® Yogurt</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>New York Apple Slices 100% Fruit Juice</p>	<p>Egg & Cheese on an English Muffin</p> <p>Honey Corn Loaf</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>
25	26	27	28	29
<p>Winter Recess</p> <p>French Toast Dippers Served with Syrup</p> <p>Back to the Roots Organic Purple Corn Flakes</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Winter Recess</p> <p>Whole Grain Bagel with Cream Cheese & Jelly</p> <p>Land O'Lakes® Mozzarella Cheese Stick</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Winter Recess</p> <p>Egg & Cheese Pita</p> <p>Organic Stonyfield® Yogurt</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>	<p>Winter Recess</p> <p>Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly</p> <p>Upstate Farms® Yogurt Choice</p> <p>Fresh New York Apples</p>	<p>Winter Recess</p> <p>Cheese Omelet Soft Wrap with Salsa</p> <p>Blueberry Loaf</p> <p>Back to the Roots Organic Cinnamon Clusters</p> <p>100% Fruit Juice Seasonal Fresh Fruit</p>

Milk

1% Low-fat
Fat Free
Fat Free Chocolate

Hot Oatmeal

Warm Peach Topper

Seasonal Fresh Fruit

Apples, Oranges,
Bananas, Pears

Canned Fruit

Peaches, Pears, Pineapples

OFFERED DAILY

No Artificial flavors, colors,
or sweeteners in all
SchoolFood Products

Vegetarian Breakfast Menu

100% Fruit Juice

Apple, Fruit Punch,
Grape, Orange

Breakfast Dipping Sauces:

Ketchup, Hot Sauce, Salsa

Cold Cereal Choices

Frosted Mini Wheats
Cinnamon Flakes
Multi-Grain Cheerios
Toasty-Oats
Raisin Bran
Back to the Roots®
Organic Purple Corn Flakes
& Cinnamon Cluster

ATTENTION:

All Pre-K 3 & 4 Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.



MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD HAS A PORK FREE MENU