


## NOVEMBER 2017: Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY
		1	New York Thursday 2	3
		Whole Grain Croissant Served with Jelly	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	Egg & Cheese on a Soft Roll
		Organic Stonyfield® Yogurt	Upstate Farms® Yogurt Choice	Apple Cinnamon Loaf
		Back to the Roots Organic Cinnamon Clusters		Back to the Roots Organic Cinnamon Clusters
		100% Fruit Juice Seasonal Fresh Fruit	New York Apple Slices 100% Fruit Juice	100% Fruit Juice Seasonal Fresh Fruit
6	Election Day 7	8	New York Thursday 9	10
Buttermilk Pancakes Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Cheese Omelet with a Buttermilk Biscuit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	Egg & Cheese on an English Muffin
Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Colby Cheese Stick	Organic Stonyfield® Yogurt	Upstate Farms® Yogurt Choice	Honey Corn Loaf
100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	Back to the Roots Organic Cinnamon Clusters	New York Apple Slices 100% Fruit Juice	Back to the Roots Organic Cinnamon Clusters
		100% Fruit Juice Seasonal Fresh Fruit		100% Fruit Juice Seasonal Fresh Fruit
13	14	15	16	17
French Toast Dippers Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Egg & Cheese Pita	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	Cheese Omelet Soft Wrap with Salsa
Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Mozzarella Cheese Stick	Organic Stonyfield® Yogurt	Upstate Farms® Yogurt Choice	Blueberry Loaf
100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	Back to the Roots Organic Cinnamon Clusters	Fresh New York Apples 100% Fruit Juice	Back to the Roots Organic Cinnamon Clusters
		100% Fruit Juice Seasonal Fresh Fruit		100% Fruit Juice Seasonal Fresh Fruit
20	21	22	Thanksgiving Break 23	Thanksgiving Break 24
Tasty Waffles Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Whole Grain Croissant Served with Jelly	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	Egg & Cheese on a Soft Roll
Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Cheddar Cheese Stick	Organic Stonyfield® Yogurt	Upstate Farms® Yogurt Choice	Apple Cinnamon Loaf
100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	Back to the Roots Organic Cinnamon Clusters	New York Apple Slices 100% Fruit Juice	Back to the Roots Organic Cinnamon Clusters
		100% Fruit Juice Seasonal Fresh Fruit		100% Fruit Juice Seasonal Fresh Fruit
27	28	29	New York Thursday 30	
Buttermilk Pancakes Served with Syrup	Whole Grain Bagel with Cream Cheese & Jelly	Cheese Omelet with a Buttermilk Biscuit	Assorted Warm NY Bagel Sticks with Cream Cheese & Jelly	 <b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</b>
Back to the Roots Organic Purple Corn Flakes	Land O'Lakes® Colby Cheese Stick	Organic Stonyfield® Yogurt	Upstate Farms® Yogurt Choice	
100% Fruit Juice Seasonal Fresh Fruit	100% Fruit Juice Seasonal Fresh Fruit	Back to the Roots Organic Cinnamon Clusters	New York Apple Slices 100% Fruit Juice	
		100% Fruit Juice Seasonal Fresh Fruit		

<p><b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate</p> <p><b>Hot Oatmeal</b> Warm Peach Topper</p>	<p><b>Seasonal Fresh Fruit</b> Apples, Oranges, Bananas, Pears</p> <p><b>Canned Fruit</b> Peaches, Pears, Pineapples</p>	<p><b>OFFERED DAILY</b></p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Vegetarian Breakfast Menu</p>	<p><b>100% Fruit Juice</b> Apple, Fruit Punch, Grape, Orange</p> <p><b>Breakfast Dipping Sauces:</b> Ketchup, Hot Sauce, Salsa</p>	<p><b>Cold Cereal Choices</b> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Cluster</p>
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.