


## NOVEMBER 2017: Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
FROM THE GRIDDLE	BAGEL	SKILLET	NEW YORK THURSDAY	FRESH BAKERY
		1	2	3
		<b>Whole Grain Croissant</b> Served with Jelly  <b>Organic Stonyfield® Yogurt</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit	<b>New York Thursday</b>  <b>Assorted Warm NY Bagel Sticks</b> with Cream Cheese & Jelly  <b>Upstate Farms® Yogurt Choice</b>  <b>New York Apple Slices</b> 100% Fruit Juice	<b>Egg &amp; Cheese</b> on a <b>Soft Roll</b>  <b>Apple Cinnamon Loaf</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit
6	7	8	9	10
<b>Buttermilk Pancakes</b> Served with Syrup  Back to the Roots Organic Purple Corn Flakes  100% Fruit Juice Seasonal Fresh Fruit	<b>Election Day</b>  <b>Whole Grain Bagel</b> with Cream Cheese & Jelly  <b>Land O'Lakes® Colby Cheese Stick</b>  100% Fruit Juice Seasonal Fresh Fruit	<b>Cheese Omelet</b> with a Buttermilk Biscuit  <b>Organic Stonyfield® Yogurt</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit	<b>New York Thursday</b>  <b>Assorted Warm NY Bagel Sticks</b> with Cream Cheese & Jelly  <b>Upstate Farms® Yogurt Choice</b>  <b>New York Apple Slices</b> 100% Fruit Juice	<b>Egg &amp; Cheese</b> on an <b>English Muffin</b>  <b>Honey Corn Loaf</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit
13	14	15	16	17
<b>French Toast Dippers</b> Served with Syrup  Back to the Roots Organic Purple Corn Flakes  100% Fruit Juice Seasonal Fresh Fruit	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly  <b>Land O'Lakes® Mozzarella Cheese Stick</b>  100% Fruit Juice Seasonal Fresh Fruit	<b>Egg &amp; Cheese Pita</b>  <b>Organic Stonyfield® Yogurt</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit	<b>Assorted Warm NY Bagel Sticks</b> with Cream Cheese & Jelly  <b>Upstate Farms® Yogurt Choice</b>  <b>Fresh New York Apples</b> 100% Fruit Juice	<b>Cheese Omelet Soft Wrap</b> with Salsa  <b>Blueberry Loaf</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit
20	21	22	23	24
<b>Tasty Waffles</b> Served with Syrup  Back to the Roots Organic Purple Corn Flakes  100% Fruit Juice Seasonal Fresh Fruit	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly  <b>Land O'Lakes® Cheddar Cheese Stick</b>  100% Fruit Juice Seasonal Fresh Fruit	<b>Whole Grain Croissant</b> Served with Jelly  <b>Organic Stonyfield® Yogurt</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit	<b>Thanksgiving Break</b>  <b>Assorted Warm NY Bagel Sticks</b> with Cream Cheese & Jelly  <b>Upstate Farms® Yogurt Choice</b>  <b>New York Apple Slices</b> 100% Fruit Juice	<b>Thanksgiving Break</b>  <b>Egg &amp; Cheese</b> on a <b>Soft Roll</b>  <b>Apple Cinnamon Loaf</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit
27	28	29	30	
<b>Buttermilk Pancakes</b> Served with Syrup  Back to the Roots Organic Purple Corn Flakes  100% Fruit Juice Seasonal Fresh Fruit	<b>Whole Grain Bagel</b> with Cream Cheese & Jelly  <b>Land O'Lakes® Colby Cheese Stick</b>  100% Fruit Juice Seasonal Fresh Fruit	<b>Cheese Omelet</b> with a Buttermilk Biscuit  <b>Organic Stonyfield® Yogurt</b>  Back to the Roots Organic Cinnamon Clusters  100% Fruit Juice Seasonal Fresh Fruit	<b>New York Thursday</b>  <b>Assorted Warm NY Bagel Sticks</b> with Cream Cheese & Jelly  <b>Upstate Farms® Yogurt Choice</b>  <b>New York Apple Slices</b> 100% Fruit Juice	 <p><b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</b></p>

<p><b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate</p> <p><b>Hot Oatmeal</b> Warm Peach Topper</p>	<p><b>Seasonal Fresh Fruit</b> Apples, Oranges, Bananas, Pears</p> <p><b>Canned Fruit</b> Peaches, Pears, Pineapples</p>	<p><b>OFFERED DAILY</b></p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p> <p>Vegetarian Breakfast Menu</p>	<p><b>100% Fruit Juice</b> Apple, Fruit Punch, Grape, Orange</p> <p><b>Breakfast Dipping Sauces:</b> Ketchup, Hot Sauce, Salsa</p>	<p><b>Cold Cereal Choices</b> Frosted Mini Wheats Cinnamon Flakes Multi-Grain Cheerios Toasty-Oats Raisin Bran Back to the Roots® Organic Purple Corn Flakes &amp; Cinnamon Cluster</p>
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK or RAISIN BRAN and Can Only Have JUICE on MONDAYS.