



## JANUARY 2018: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1	2	3	New York Thursday 4	5
<p>Red, White and Green Panini</p> <p>Parmigiana Roasted Cauliflower</p> <p>Sweet Plantains</p> <p><u>Salad Bar</u> Green Garden Salad</p>	<p><b>100% Beef Hamburgers &amp; Cheeseburgers</b></p> <p>Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p>Crunchy Carrot Sticks</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>	<p>"Super Chef" Shepherd's Pie</p> <p>A Delicious Blend of Mashed Potatoes, Turkey, Cheese,</p> <p>Warm Dinner Roll</p> <p>Broccoli Trees</p> <p><u>Salad Bar</u> Spinach &amp; Cranberry Salad</p>	<p>Chef Salad</p> <p>Garlic Knot</p> <p>Classic Tuna on Ciabatta Bread</p> <p>Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Celery &amp; Apple Salad Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Margherita Pizza</p> <p>Roasted Chickpea Salad</p> <p>Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Fresh Marinated Vegetable Salad</p>
8	9	10	New York Thursday 11	12
<p>Turkey Carnitas Burrito</p> <p>Brown Rice</p> <p>Green Garden Salad</p> <p><u>Salad Bar</u> Broccoli &amp; Cranberry Salad</p>	<p><b>100% Beef Hamburgers &amp; Cheeseburgers</b></p> <p>Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p>Sweet Potato Wedge Fries</p> <p><u>Salad Bar</u> Carrot &amp; Lemon Salad</p>	<p>Hot Sliced Turkey with Gravy</p> <p>Warm Corn Bread</p> <p>Mashed Potatoes Garlicky Green Beans</p> <p><u>Salad Bar</u> Confetti Corn Salad</p>	<p>Vegetarian Chili with Rice and Salsa</p> <p>Roasted Zucchini</p> <p>Corn on the Cob</p> <p><u>Salad Bar</u> Kale Salad Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Veggie Pizza</p> <p>Seasoned Pinto Beans Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Italian Marinated Cucumber Salad</p>
Martin Luther King Day 15	16	17	New York Thursday 18	19
<p>Black Bean Quesadilla with Rice and Salsa</p> <p>Confetti Corn Salad</p> <p>Spring Mix Salad</p> <p><u>Salad Bar</u> Italian Classico Salad</p>	<p><b>100% Beef Hot &amp; Spicy Cheeseburgers</b></p> <p>Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p>Chickpea Salad Marinated Tomato Salad</p> <p><u>Salad Bar</u> Caesar Salad</p>	<p>Mushroom Bolognese with Whole Grain Rotini</p> <p>Garlic Toast</p> <p>Orange Glazed Carrots</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw</p>	<p>Turkey Ham Cubano Panini</p> <p>Italian Marinated Cucumber Salad</p> <p><u>Salad Bar</u> Asian Slaw New York Apple Slices</p>	<p>Classic Cheese Pizza</p> <p>Bruschetta Pizza Fresh Tomatoes &amp; Onions</p> <p>Garlic Knot</p> <p>Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Roasted Broccoli &amp; Cauliflower Salad</p>
22	23	24	New York Thursday 25	26
<p>Red, White and Green Panini</p> <p>Parmigiana Roasted Cauliflower</p> <p>Sweet Plantains</p> <p><u>Salad Bar</u> Green Garden Salad</p>	<p>Chef Salad</p> <p>Garlic Knot</p> <p>Classic Tuna on Ciabatta Bread</p> <p>Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>	<p>"Super Chef" Shepherd's Pie</p> <p>A Delicious Blend of Mashed Potatoes, Turkey, Cheese,</p> <p>Warm Dinner Roll</p> <p>Broccoli Trees</p> <p><u>Salad Bar</u> Spinach &amp; Cranberry Salad</p>	<p><b>100% New York Beef Hamburgers &amp; Cheeseburgers</b></p> <p>Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p>Crunchy Carrot Sticks</p> <p><u>Salad Bar</u> Celery &amp; Apple Salad Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Margherita Pizza</p> <p>Roasted Chickpea Salad</p> <p>Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Fresh Marinated Vegetable Salad</p>
29	30	31	 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>	
<p>Turkey Carnitas Burrito</p> <p>Brown Rice</p> <p>Green Garden Salad</p> <p><u>Salad Bar</u> Broccoli &amp; Cranberry Salad</p>	<p><b>100% Beef Hamburgers &amp; Cheeseburgers</b></p> <p>Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p>Sweet Potato Wedge Fries</p> <p><u>Salad Bar</u> Carrot &amp; Lemon Salad</p>	<p>Hot Sliced Turkey with Gravy</p> <p>Warm Corn Bread</p> <p>Mashed Potatoes Garlicky Green Beans</p> <p><u>Salad Bar</u> Confetti Corn Salad</p>		

### OFFERED DAILY

<p><u>Entree Alternatives</u></p> <ul style="list-style-type: none"> <li>• PB&amp;J Sandwich</li> <li>• Cheese Sandwich</li> <li>• Plain Turkey Sandwich</li> <li>• Hummus Grab &amp; Go</li> <li>• Cheese &amp; Tomato with Fresh Fruit Grab &amp; Go</li> </ul>	<p><u>Milk</u></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p> <p><u>Dipping Sauce Cups</u></p> <p>BBQ, Ranch, Honey Mustard</p>	<p><u>Seasonal Fresh Fruit</u></p> <p>Apples, Oranges, Bananas, Pears</p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p>	<p><u>Homemade Dressings</u></p> <p>Balsamic Vinaigrette Caesar Italian Vinaigrette</p>	<p><u>Flavor Station</u></p> <p>Granulated Garlic Red Pepper Flakes Parmesan Cheese</p>
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Pre-K - 8  
Alternative Lunch Menu

### ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK