



## DECEMBER 2017: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>	<p>1</p> <p>Classic Cheese Pizza</p> <p>Veggie Pizza</p> <p>Seasoned Pinto Beans</p> <p>Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Italian Marinated Cucumber Salad</p>
4	5	6	New York Thursday 7	8
<p>Black Bean Quesadilla with Rice and Salsa</p> <p>Confetti Corn Salad</p> <p>Spring Mix Salad</p> <p><u>Salad Bar</u> Italian Classico Salad</p>	<p>Seasoned Turkey Cubano Panini</p> <p>Italian Marinated Cucumber Salad</p> <p><u>Salad Bar</u> Caesar Salad</p>	<p>Mushroom Bolognese with Whole Grain Rotini</p> <p>Garlic Toast</p> <p>Orange Glazed Carrots</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw</p>	<p>100% New York Beef Hamburgers &amp; Cheeseburgers</p> <p>Burgers served with Lettuce, Tomato &amp; New York Onion</p> <p>Chickpea Salad</p> <p>Marinated Tomato Salad</p> <p><u>Salad Bar</u> Asian Slaw</p> <p>New York Apple Slices</p>	<p>Classic Cheese Pizza</p> <p>Bruschetta Pizza</p> <p>Fresh Tomatoes &amp; Onions</p> <p>Garlic Knot</p> <p>Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Roasted Broccoli &amp; Cauliflower Salad</p>
11	12	13	New York Thursday 14	15
<p>Red, White and Green Panini</p> <p>Parmigiana Roasted Cauliflower</p> <p>Sweet Plantains</p> <p><u>Salad Bar</u> Green Garden Salad</p>	<p>100% Beef BBQ Burger</p> <p>Burgers served with Lettuce, Tomato &amp; New York Onion</p> <p>Crunchy Carrot Sticks</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>	<p>"Super Chef" Shepherd's Pie</p> <p>A Delicious Blend of Mashed Potatoes, Turkey, Cheese,</p> <p>Warm Dinner Roll</p> <p>Broccoli Trees</p> <p><u>Salad Bar</u> Spinach &amp; Cranberry Salad</p>	<p>Chef Salad</p> <p>Garlic Knot</p> <p>Classic Tuna on Ciabatta Bread</p> <p>Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Celery &amp; Apple Salad</p> <p>Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Margherita Pizza</p> <p>Roasted Chickpea Salad</p> <p>Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Fresh Marinated Vegetable Salad</p>
18	19	20	New York Thursday 21	22
<p>Turkey Carnitas Burrito</p> <p>Brown Rice</p> <p>Green Garden Salad</p> <p><u>Salad Bar</u> Broccoli &amp; Cranberry Salad</p>	<p>100% Beef Hamburgers &amp; Cheeseburgers</p> <p>Burgers served with Lettuce, Tomato &amp; New York Onion</p> <p>Sweet Potato Wedge Fries</p> <p><u>Salad Bar</u> Carrot &amp; Lemon Salad</p>	<p>Hot Sliced Turkey with Gravy</p> <p>Warm Corn Bread</p> <p>Mashed Potatoes</p> <p>Garlicky Green Beans</p> <p><u>Salad Bar</u> Confetti Corn Salad</p>	<p>Vegetarian Chili with Rice and Salsa</p> <p>Roasted Zucchini</p> <p>Corn on the Cob</p> <p><u>Salad Bar</u> Kale Salad</p> <p>Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Veggie Pizza</p> <p>Seasoned Pinto Beans</p> <p>Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Italian Marinated Cucumber Salad</p>
Winter Recess 25	Winter Recess 26	Winter Recess 27	Winter Recess 28	Winter Recess 29
<p>Black Bean Quesadilla with Rice and Salsa</p> <p>Confetti Corn Salad</p> <p>Spring Mix Salad</p> <p><u>Salad Bar</u> Italian Classico Salad</p>	<p>Turkey Burger</p> <p>Burgers served with Lettuce, Tomato &amp; New York Onion</p> <p>Chickpea Salad</p> <p>Marinated Tomato Salad</p> <p><u>Salad Bar</u> Caesar Salad</p>	<p>Mushroom Bolognese with Whole Grain Rotini</p> <p>Garlic Toast</p> <p>Orange Glazed Carrots</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw</p>	<p>Seasoned Turkey Cubano Panini</p> <p>Italian Marinated Cucumber Salad</p> <p><u>Salad Bar</u> Asian Slaw</p> <p>New York Apple Slices</p>	<p>Classic Cheese Pizza</p> <p>Bruschetta Pizza</p> <p>Fresh Tomatoes &amp; Onions</p> <p>Garlic Knot</p> <p>Kid Friendly Kale Salad</p> <p><u>Salad Bar</u> Roasted Broccoli &amp; Cauliflower Salad</p>

### OFFERED DAILY

- Entree Alternatives**
- PB&J Sandwich
  - Cheese Sandwich
  - Plain Turkey Sandwich
  - Hummus Grab & Go
  - Cheese & Tomato with Fresh Fruit Grab & Go

**Milk**  
1% Low-fat  
Fat Free  
Fat Free Chocolate

**Seasonal Fresh Fruit**  
Apples, Oranges, Bananas, Pears  
No Artificial flavors, colors, or sweeteners in all SchoolFood Products

**Homemade Dressings**  
Balsamic Vinaigrette  
Caesar  
Italian Vinaigrette

**Flavor Station**  
Granulated Garlic  
Red Pepper Flakes  
Parmesan Cheese

Pre-K - 8  
Alternative Lunch Menu

### ATTENTION:

All Pre-K Students CANNOT be Offered CHOCOLATE MILK



MENUS ARE SUBJECT TO CHANGE  
SCHOOLFOOD HAS A PORK FREE MENU