



SEPTEMBER 2017: Pre-K - 8 Alternative Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| Labor Day 4 | 5 | 6 | First Day of Classes 7 | 8 |
| Turkey Carnitas Burrito Brown Rice Green Garden Salad Salad Bar Broccoli & Cranberry Salad | 100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Wedge Fries Salad Bar Carrot & Lemon Salad | Hot Sliced Turkey with Gravy Warm Corn Bread Mashed Potatoes Garlicky Green Beans Salad Bar Confetti Corn Salad | Vegetarian Chili with Rice and Salsa Roasted Zucchini Corn on the Cob Salad Bar Kale Salad Fresh New York Apples | French Bread Pizza Veggie Pizza Seasoned Pinto Beans Kid Friendly Kale Salad Salad Bar Italian Marinated Cucumber Salad |
| 11 | 12 | 13 | New York Thursday 14 | 15 |
| Black Bean Quesadilla with Rice and Salsa Confetti Corn Salad Spring Mix Salad Salad Bar Italian Classico Salad | Turkey Burger Burgers served with Lettuce, Tomato & New York Onion Chickpea Salad Marinated Tomato Salad Salad Bar Caesar Salad | Mushroom Bolognese with Whole Grain Rotini Garlic Toast Orange Glazed Carrots Salad Bar Fresh Cilantro Slaw | Seasoned Turkey Cubano Panini Italian Marinated Cucumber Salad Salad Bar Asian Slaw New York Apple Slices | French Bread Pizza Bruschetta Pizza Fresh Tomatoes & Onions Garlic Knot Kid Friendly Kale Salad Salad Bar Roasted Broccoli & Cauliflower Salad |
| 18 | 19 | 20 | Rosh Hashanah 21 | Rosh Hashanah 22 |
| Red, White and Green Panini Parmigiana Roasted Cauliflower Sweet Plantains Salad Bar Green Garden Salad | 100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion Crunchy Carrot Sticks Salad Bar Greek Zucchini Salad | "Super Chef" Shepard's Pie A Delicious Blend of Mashed Potatoes, Turkey, Cheese, Warm Dinner Roll Broccoli Trees Salad Bar Spinach & Cranberry Salad | Chef Salad Garlic Knot Classic Tuna on Ciabatta Bread Seasoned Wedge Fries Salad Bar Celery & Apple Salad Fresh New York Apples | French Bread Pizza Margherita Pizza Roasted Chickpea Salad Kid Friendly Kale Salad Salad Bar Fresh Marinated Vegetable Salad |
| 25 | 26 | 27 | New York Thursday 28 | 29 |
| Turkey Carnitas Burrito Brown Rice Green Garden Salad Salad Bar Broccoli & Cranberry Salad | 100% Beef Hamburgers & Cheeseburgers Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Wedge Fries Salad Bar Carrot & Lemon Salad | Hot Sliced Turkey with Gravy Warm Corn Bread Mashed Potatoes Garlicky Green Beans Salad Bar Confetti Corn Salad | Vegetarian Chili with Rice and Salsa Roasted Zucchini Corn on the Cob Salad Bar Kale Salad Fresh New York Apples | French Bread Pizza Veggie Pizza Seasoned Pinto Beans Kid Friendly Kale Salad Salad Bar Italian Marinated Cucumber Salad |
| | | | <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p> | |

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| OFFERED DAILY | | | |
| Entree Alternatives • PB&J Sandwich • Cheese Sandwich • Plain Turkey Sandwich • Hummus Grab & Go • Cheese & Tomato with Fresh Fruit Grab & Go | Milk 1% Low-fat Fat Free Fat Free Chocolate | Seasonal Fresh Fruit Apples, Oranges, Bananas, Pears No Artificial flavors, colors, or sweeteners in all SchoolFood Products | Homemade Dressings Balsamic Vinaigrette Caesar Italian Vinaigrette |
| | | | Pizza and Pasta Flavor Station Granulated Garlic Red Pepper Flakes Parmesan Cheese Pre-K - 8 Alternative Lunch Menu |

ATTENTION:
All Pre-K Students CANNOT be Offered CHOCOLATE MILK