



JANUARY 2018: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 1 Popcorn Chicken Dipping Sauce Cup Mac-N-Cheese Sweet Potato Wedge Fries Brooklyn Baked Beans Salad Bar Green Garden Salad	2 100% Beef Hamburgers & Cheeseburgers Fish & Cheese Sandwich Burgers served with Lettuce, Tomato & New York Onion French Fries Salad Bar Greek Zucchini Salad	3 Brunch Canadian Bacon, Egg & Cheese on a Bagel Sausage Onion & Peppers Sandwich Home Fries Garlicky Green Beans Salad Bar Spinach & Cranberry Salad	New York Thursday 4 Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Brown Rice Mozzarella Sticks Marinara Sauce Vegetable Egg Roll Roasted Zucchini Salad Bar Asian Slaw Fresh New York Apples	5 Classic Cheese Pizza Pizza Supreme Sausage, Onions & Peppers Crispy Chicken Wrap Kid Friendly Kale Salad Salad Bar Fresh Marinated Vegetable Salad
8	9	10	New York Thursday 11	12
Popcorn Chicken Dipping Sauce Cup Warm Dinner Roll Cubano Panini Corn on the Cob Parmigiana Roasted Cauliflower Salad Bar Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Turkey Cheeseburger Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries Salad Bar Carrot & Lemon Salad	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Baked! Tostitos® Scoops® Brown Rice Classic Grilled Cheese Sofrito Seasoned Pinto Beans Salad Bar Fresh Cilantro Slaw	Classic Tuna on Ciabatta Bread Mozzarella Sticks Marinara Sauce Garlic Toast New York Cookie Treat French Fries Salad Bar Kale Salad New York Apple Slices	Classic Cheese Pizza Meat Lovers Pizza Bacon & Sausage Teriyaki Chicken Sliders Garlic Knot Green Garden Salad Salad Bar Italian Marinated Cucumber Salad
Martin Luther King Day 15	16	17	New York Thursday 18	19
Chicken Parmigiana on a New York Bun Cheese Steak on a New York Hero Roasted Zucchini Salad Bar Italian Classico Salad	100% Beef Hot & Spicy Cheeseburgers Turkey Burger Burgers served with Lettuce Tomato & New York Onion Frito-Lay® SunChips® Orange Glazed Carrots Salad Bar Caesar Salad	"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese, Warm Dinner Roll Sriracha Chicken Sliders Broccoli Trees Salad Bar Confetti Corn Salad	Jamaican Patty Mozzarella Sticks Marinara Sauce New York Hot Pretzel "Party Fries" Salad Bar Celery & Apple Salad Fresh New York Apples	Classic Cheese Pizza Bruschetta Pizza Fresh Tomatoes & Onions Spicy Chicken Sandwich served with Lettuce Tomato & New York Onion Chick Pea Salad Salad Bar Broccoli & Cauliflower Salad
22	23	24	New York Thursday 25	26
Popcorn Chicken Dipping Sauce Cup Mac-N-Cheese Gyro on a Pita Tzatziki Sauce Sweet Potato Wedge Fries Brooklyn Baked Beans Salad Bar Green Garden Salad	Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Brown Rice Mozzarella Sticks Marinara Sauce Vegetable Egg Roll Salad Bar Asian Slaw	Brunch Canadian Bacon, Egg & Cheese on a Bagel Sausage Onion & Peppers Sandwich Home Fries Garlicky Green Beans Salad Bar Spinach & Cranberry Salad	100% New York Beef Hamburgers & Cheeseburgers Fish & Cheese Sandwich Burgers served with Lettuce, Tomato & New York Onion New York French Fries Salad Bar Greek Zucchini Salad Fresh New York Apples	Classic Cheese Pizza Pizza Supreme Sausage, Onions & Peppers Crispy Chicken Wrap Kid Friendly Kale Salad Salad Bar Fresh Marinated Vegetable Salad
29	30	31		
Popcorn Chicken Dipping Sauce Cup Warm Dinner Roll Cubano Panini Corn on the Cob Parmigiana Roasted Cauliflower Salad Bar Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Turkey Cheeseburger Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries Salad Bar Carrot & Lemon Salad	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Baked! Tostitos® Scoops® Brown Rice Classic Grilled Cheese Sofrito Seasoned Pinto Beans Salad Bar Fresh Cilantro Slaw	 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

OFFERED DAILY				
Entree Alternatives • PB&J Sandwich • Cheese Sandwich • Assorted Deli Sandwiches • Grab and Go Salads • Hummus Grab & Go	Milk 1% Low-fat Fat Free Fat Free Chocolate Dipping Sauce Cups BBQ, Ranch, Honey Mustard	Seasonal Fresh Fruit Apples, Oranges, Bananas, Pears No Artificial flavors, colors, or sweeteners in all SchoolFood Products	Dressings Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette	Flavor Station Granulated Garlic Red Pepper Flakes Parmesan Cheese High School Lunch Menu