



## DECEMBER 2017: J.H.S. & Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
			 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</p>	<p>1</p> <p>Classic Cheese Pizza</p> <p>Meat Lovers Pizza Bacon &amp; Sausage</p> <p>Garlic Knot</p> <p>Green Garden Salad</p> <p>Salad Bar Italian Marinated Cucumber Salad</p>
4	5	6	New York Thursday 7	8
<p>Crispy Chicken Waffle Sandwich served with syrup</p> <p>Garlic Toast</p> <p>Roasted Zucchini</p> <p>Salad Bar Italian Classico Salad</p>	<p>Jamaican Beef Patty</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>"Party Fries"</p> <p>Orange Glazed Carrots</p> <p>Salad Bar Caesar Salad</p>	<p>"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, &amp; Cheese</p> <p>Warm Dinner Roll Broccoli Trees</p> <p>Salad Bar Confetti Corn Salad</p>	<p>100% New York Beef Hamburgers &amp; Cheeseburgers Burgers served with Lettuce Tomato &amp; New York Onion</p> <p>New York Hot Pretzel</p> <p>French Fries Salad Bar Celery &amp; Apple Salad New York Apple Slices</p>	<p>Classic Cheese Pizza</p> <p>Bruschetta Pizza Fresh Tomatoes &amp; Onions</p> <p>Chickpea Salad Hot Confetti Corn</p> <p>Salad Bar Roasted Broccoli &amp; Cauliflower Salad</p>
11	12	13	New York Thursday 14	15
<p>Popcorn Chicken Dipping Sauce Cup</p> <p>Mac-N-Cheese</p> <p>Sweet Potato Wedge Fries</p> <p>Brooklyn Baked Beans</p> <p>Salad Bar Green Garden Salad</p>	<p>100% Beef BBQ Burger</p> <p>Fish &amp; Cheese Sandwich Burgers served with Lettuce, Tomato &amp; New York Onion</p> <p>French Fries</p> <p>Salad Bar Greek Zucchini Salad</p>	<p>Brunch Canadian Bacon, Egg &amp; Cheese on a Bagel</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>Home Fries Garlicky Green Beans Salad Bar Spinach &amp; Cranberry Salad</p>	<p>Steamed Chicken Dumplings with Asian Dipping Sauce</p> <p>Vegetable Fried Brown Rice</p> <p>Egg Roll with Duck Sauce</p> <p>Salad Bar Asian Slaw Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Pizza Supreme Sausage, Onions &amp; Peppers</p> <p>Kid Friendly Kale Salad</p> <p>Salad Bar Fresh Marinated Vegetable Salad</p>
18	19	20	New York Thursday 21	22
<p>Popcorn Chicken Dipping Sauce Cup</p> <p>Warm Dinner Roll</p> <p>Parmigiana Roasted Cauliflower</p> <p>Salad Bar Broccoli and Cranberry Salad</p>	<p>100% Beef Hamburgers &amp; Cheeseburgers</p> <p>Turkey Burger Burgers served with Lettuce, Tomato &amp; New York Onion</p> <p>Sweet Potato Waffle Fries</p> <p>Salad Bar Carrot &amp; Lemon Salad</p>	<p>Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce Cheese &amp; Taco Sauce</p> <p>Baked! Tostitos® Scoops® Brown Rice</p> <p>Teriyaki &amp; Sriracha Chicken Sliders</p> <p>Sweet Plantains Seasoned Pinto Beans Salad Bar Fresh Cilantro Slaw</p>	<p>Classic Tuna on Ciabatta Bread</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>New York Cookie Treat</p> <p>French Fries</p> <p>Salad Bar Kale Salad Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Meat Lovers Pizza Bacon &amp; Sausage</p> <p>Garlic Knot</p> <p>Green Garden Salad</p> <p>Salad Bar Italian Marinated Cucumber Salad</p>
Winter Recess 25	Winter Recess 26	Winter Recess 27	Winter Recess 28	Winter Recess 29
<p>Chicken Parmigiana on a New York Bun</p> <p>Garlic Toast</p> <p>Roasted Zucchini</p> <p>Salad Bar Italian Classico Salad</p>	<p>100% Beef Hamburgers &amp; Cheeseburgers</p> <p>Turkey Burger Burgers served with Lettuce Tomato &amp; New York Onion</p> <p>Frito-Lay® SunChips®</p> <p>Orange Glazed Carrots</p> <p>Salad Bar Caesar Salad</p>	<p>"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, &amp; Cheese</p> <p>Warm Dinner Roll Broccoli Trees</p> <p>Salad Bar Confetti Corn Salad</p>	<p>Jamaican Beef Patty</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>New York Hot Pretzel</p> <p>"Party Fries"</p> <p>Salad Bar Celery &amp; Apple Salad New York Apple Slices</p>	<p>Classic Cheese Pizza</p> <p>Bruschetta Pizza Fresh Tomatoes &amp; Onions</p> <p>Chickpea Salad Hot Confetti Corn</p> <p>Salad Bar Roasted Broccoli &amp; Cauliflower Salad</p>

### OFFERED DAILY

<p><b>Entree Alternatives</b></p> <ul style="list-style-type: none"> <li>• PB&amp;J Sandwich</li> <li>• Cheese Sandwich</li> <li>• Plain Turkey Sandwich</li> <li>• Hummus Grab &amp; Go</li> </ul>	<p><b>Milk</b></p> <p>1% Low-fat Fat Free Fat Free Chocolate</p> <p><b>Dipping Sauce Cups</b></p> <p>BBQ, Ranch, Honey Mustard</p>	<p><b>Seasonal Fresh Fruit</b></p> <p>Apples, Oranges, Bananas, Pears</p> <p>No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p>	<p><b>Dressings</b></p> <p>Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</p>	<p><b>Flavor Station</b></p> <p>Granulated Garlic Red Pepper Flakes Parmesan Cheese</p> <p>JHS Lunch Menu</p>
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