



NOVEMBER 2017: High School Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| CHICKEN DELIGHTS | BURGER BASH | CULINARY | NEW YORK | PIZZA PARTY |
| | | 1 | New York Thursday 2 | 3 |
| | | <p>Brunch Canadian Bacon, Egg & Cheese on a Bagel</p> <p>Sausage Onion & Peppers Sandwich</p> <p>Home Fries Garlicky Green Beans</p> <p>Salad Bar Spinach & Cranberry Salad</p> | <p>Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Brown Rice</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>Vegetable Egg Roll Roasted Zucchini</p> <p>Salad Bar Asian Slaw</p> <p>Fresh New York Apples</p> | <p>Classic Cheese Pizza</p> <p>Pizza Supreme Sausage, Onions & Peppers</p> <p>Crispy Chicken Wrap</p> <p>Kid Friendly Kale Salad</p> <p>Salad Bar Fresh Marinated Vegetable Salad</p> |
| 6 | Election Day 7 | 8 | New York Thursday 9 | Half Day HS 10 |
| <p>Popcorn Chicken Dipping Sauce Cup</p> <p>Warm Dinner Roll</p> <p>Cubano Panini</p> <p>Corn on the Cob Parmigiana Roasted Cauliflower</p> <p>Salad Bar Broccoli and Cranberry Salad</p> | <p>100% Beef Hamburgers & Cheeseburgers</p> <p>Turkey Cheeseburger</p> <p>Burgers served with Lettuce, Tomato & New York Onion</p> <p>Sweet Potato Waffle Fries</p> <p>Salad Bar Carrot & Lemon Salad</p> | <p>Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce</p> <p>Baked! Tostitos® Scoops® Brown Rice</p> <p>Classic Grilled Cheese</p> <p>Sweet Plantains Seasoned Pinto Beans</p> <p>Salad Bar Fresh Cilantro Slaw</p> | <p>Classic Tuna on Ciabatta Bread</p> <p>Mozzarella Sticks Marinara Sauce Garlic Toast</p> <p>New York Cookie Treat</p> <p>French Fries Salad Bar Kale Salad New York Apple Slices</p> | <p>Classic Cheese Pizza</p> <p>Meat Lovers Pizza Bacon & Sausage</p> <p>Teriyaki Chicken Sliders</p> <p>Garlic Knot</p> <p>Green Garden Salad Salad Bar Italian Marinated Cucumber Salad</p> |
| 13 | 14 | 15 | New York Thursday 16 | 17 |
| <p>Crispy Chicken Waffle Sandwich served with syrup</p> <p>Cheese Steak on a New York Hero</p> <p>Roasted Zucchini</p> <p>Salad Bar Italian Classico Salad</p> | <p>100% Beef Hamburgers & Cheeseburgers</p> <p>Turkey Burger</p> <p>Burgers served with Lettuce Tomato & New York Onion</p> <p>Frito-Lay® SunChips®</p> <p>Orange Glazed Carrots Sweet Plantains</p> <p>Salad Bar Caesar Salad</p> | <p>"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese,</p> <p>Warm Dinner Roll</p> <p>Sriracha Chicken Sliders</p> <p>Broccoli Trees</p> <p>Salad Bar Confetti Corn Salad</p> | <p>Jamaican Patty</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>New York Hot Pretzel</p> <p>"Party Fries"</p> <p>Salad Bar Celery & Apple Salad New York Apple Slices</p> | <p>Classic Cheese Pizza</p> <p>Bruschetta Pizza Fresh Tomatoes & Onions</p> <p>Spicy Chicken Sandwich served with Lettuce Tomato & New York Onion</p> <p>Chick Pea Salad</p> <p>Salad Bar Broccoli & Cauliflower Salad</p> |
| 20 | 21 | 22 | Thanksgiving Break 23 | Thanksgiving Break 24 |
| <p>Popcorn Chicken Dipping Sauce Cup</p> <p>Mac-N-Cheese</p> <p>Gyro on a Pita Tzatziki Sauce</p> <p>Sweet Potato Wedge Fries</p> <p>Brooklyn Baked Beans Salad Bar Green Garden Salad</p> | <p>100% Beef Pizza Burger</p> <p>Fish & Cheese Sandwich</p> <p>Burgers served with Lettuce, Tomato & New York Onion</p> <p>French Fries</p> <p>Salad Bar Greek Zucchini Salad</p> | <p>Holiday Meal Hot Sliced Turkey with Gravy</p> <p>Warm Corn Bread</p> <p>New York Cookie Treat</p> <p>Mashed Potatoes Garlicky Green Beans</p> <p>Salad Bar Confetti Corn Salad</p> | <p>Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Brown Rice</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>Vegetable Egg Roll Roasted Zucchini</p> <p>Salad Bar Asian Slaw</p> <p>Fresh New York Apples</p> | <p>Classic Cheese Pizza</p> <p>Pizza Supreme Sausage, Onions & Peppers</p> <p>Crispy Chicken Wrap</p> <p>Kid Friendly Kale Salad</p> <p>Salad Bar Fresh Marinated Vegetable Salad</p> |
| 27 | 28 | 29 | New York Thursday 30 | |
| <p>Popcorn Chicken Dipping Sauce Cup</p> <p>Warm Dinner Roll</p> <p>Cubano Panini</p> <p>Corn on the Cob Parmigiana Roasted Cauliflower</p> <p>Salad Bar Broccoli and Cranberry Salad</p> | <p>100% Beef Hamburgers & Cheeseburgers</p> <p>Turkey Burger</p> <p>Burgers served with Lettuce Tomato & New York Onion</p> <p>Frito-Lay® SunChips®</p> <p>Orange Glazed Carrots French Fries</p> <p>Salad Bar Caesar Salad</p> | <p>Asian Noodle Bowl A Mixture of Asian Flavors with vegetables and lo-mein served with Popcorn Chicken</p> <p>Sausage Onion & Peppers Sandwich</p> <p>Sweet Plantains Seasoned Pinto Beans</p> <p>Salad Bar Fresh Cilantro Slaw</p> | <p>Classic Tuna on Ciabatta Bread</p> <p>Mozzarella Sticks Marinara Sauce Garlic Toast</p> <p>New York Cookie Treat</p> <p>French Fries Salad Bar Kale Salad New York Apple Slices</p> |  <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p> |

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Assorted Deli Sandwiches
- Grab and Go Salads
- Hummus Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Dipping Sauce Cups

- BBQ, Ranch, Honey Mustard

Seasonal Fresh Fruit

- Apples, Oranges, Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

- Chipotle Ranch
- Balsamic Vinaigrette
- Ranch
- Asian Sesame
- Honey Mustard
- Caesar
- French
- Italian Vinaigrette

Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

High School Lunch Menu



SchoolFood
Feed your mind



Department of
Education



MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD HAS A PORK FREE MENU