



OCTOBER 2017: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
2	3	4	New York Thursday 5	6
<p>Crispy Chicken Waffle Sandwich served with syrup</p> <p>Cheese Steak on a New York Hero</p> <p>Roasted Zucchini</p> <p>Salad Bar Italian Classico Salad</p>	<p>100% Beef Hamburger & Cheeseburger Sliders</p> <p>Turkey Burger Burgers served with Lettuce Tomato & New York Onion</p> <p>Frito-Lay® SunChips®</p> <p>Orange Glazed Carrots Sweet Plantains</p> <p>Salad Bar Caesar Salad</p>	<p>"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese,</p> <p>Warm Dinner Roll</p> <p>Sriracha Chicken Sliders</p> <p>Broccoli Trees</p> <p>Salad Bar Confetti Corn Salad</p>	<p>Jamaican Patty</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>New York Hot Pretzel</p> <p>"Party Fries"</p> <p>Salad Bar Celery & Apple Salad New York Apple Slices</p>	<p>Classic Cheese Pizza</p> <p>Bruschetta Pizza Fresh Tomatoes & Onions</p> <p>Spicy Chicken Sandwich served with Lettuce Tomato & New York Onion</p> <p>Chick Pea Salad Salad Bar Broccoli & Cauliflower Salad</p>
9	10	11	New York Thursday 12	13
<p>Popcorn Chicken Dipping Sauce Cup</p> <p>Mac-N-Cheese</p> <p>Gyro on a Pita Tzatziki Sauce</p> <p>Sweet Potato Wedge Fries Brooklyn Baked Beans</p> <p>Salad Bar Green Garden Salad</p>	<p>100% Beef Bacon & Cheddar Burger</p> <p>Fish & Cheese Sandwich Burgers served with Lettuce, Tomato & New York Onion</p> <p>French Fries</p> <p>Salad Bar Greek Zucchini Salad</p>	<p>Brunch Canadian Bacon, Egg & Cheese on a Bagel</p> <p>Sausage Onion & Peppers Sandwich</p> <p>Home Fries Garlicky Green Beans</p> <p>Salad Bar Spinach & Cranberry Salad</p>	<p>Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Brown Rice</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>Vegetable Egg Roll Roasted Zucchini</p> <p>Salad Bar Asian Slaw Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Pizza Supreme Sausage, Onions & Peppers</p> <p>Crispy Chicken Wrap</p> <p>Kid Friendly Kale Salad</p> <p>Salad Bar Fresh Marinated Vegetable Salad</p>
16	17	18	New York Thursday 19	20
<p>Popcorn Chicken Dipping Sauce Cup</p> <p>Warm Dinner Roll</p> <p>Cubano Panini</p> <p>Corn on the Cob Parmigiana Roasted Cauliflower</p> <p>Salad Bar Broccoli and Cranberry Salad</p>	<p>Classic Tuna on Ciabatta Bread</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>Garlic Toast</p> <p>New York Cookie Treat</p> <p>French Fries</p> <p>Salad Bar Carrot & Lemon Salad</p>	<p>Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Baked! Tostitos® Scoops® Brown Rice</p> <p>Classic Grilled Cheese</p> <p>Sweet Plantains Seasoned Pinto Beans</p> <p>Salad Bar Fresh Cilantro Slaw</p>	<p>100% New York Beef Hamburgers & Cheeseburgers</p> <p>Turkey Cheeseburger Burgers served with Lettuce, Tomato & New York Onion</p> <p>Sweet Potato Waffle Fries</p> <p>Salad Bar Kale Salad Fresh New York Apples</p>	<p>Classic Cheese Pizza</p> <p>Meat Lovers Pizza Bacon & Sausage</p> <p>Teriyaki Chicken Sliders</p> <p>Garlic Knot</p> <p>Green Garden Salad Salad Bar Italian Marinated Cucumber Salad</p>
23	24	25	New York Thursday 26	27
<p>Chicken Parmigiana on a New York Bun</p> <p>Cheese Steak on a New York Hero</p> <p>Roasted Zucchini</p> <p>Salad Bar Italian Classico Salad</p>	<p>100% Beef Hamburgers & Cheeseburgers</p> <p>Turkey Burger Burgers served with Lettuce Tomato & New York Onion</p> <p>Frito-Lay® SunChips®</p> <p>Orange Glazed Carrots Sweet Plantains</p> <p>Salad Bar Caesar Salad</p>	<p>"Super Chef" Shepherd's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese,</p> <p>Warm Dinner Roll</p> <p>Sriracha Chicken Sliders</p> <p>Broccoli Trees</p> <p>Salad Bar Confetti Corn Salad</p>	<p>Jamaican Patty</p> <p>Mozzarella Sticks Marinara Sauce</p> <p>New York Hot Pretzel</p> <p>"Party Fries"</p> <p>Salad Bar Celery & Apple Salad New York Apple Slices</p>	<p>Classic Cheese Pizza</p> <p>Bruschetta Pizza Fresh Tomatoes & Onions</p> <p>Spicy Chicken Sandwich served with Lettuce Tomato & New York Onion</p> <p>Chick Pea Salad Salad Bar Broccoli & Cauliflower Salad</p>
30	Happy Halloween 31			
<p>Popcorn Chicken Dipping Sauce Cup</p> <p>Mac-N-Cheese</p> <p>Gyro on a Pita Tzatziki Sauce</p> <p>Sweet Potato Wedge Fries Brooklyn Baked Beans</p> <p>Salad Bar Green Garden Salad</p>	<p>100% Beef Mushroom Swiss Cheeseburger</p> <p>Fish & Cheese Sandwich Burgers served with Lettuce, Tomato & New York Onion</p> <p>New York Cookie Treat French Fries</p> <p>Salad Bar Greek Zucchini Salad</p>			

<p>Entree Alternatives</p> <ul style="list-style-type: none"> • PB&J Sandwich • Cheese Sandwich • Assorted Deli Sandwiches • Grab and Go Salads • Hummus Grab & Go 	<p>Milk</p> <p>1% Low-fat Fat Free Fat Free Chocolate</p> <p>Dipping Sauce Cups BBQ, Ranch, Honey Mustard</p>	<p style="text-align: center;">OFFERED DAILY</p> <p>Seasonal Fresh Fruit Apples, Oranges, Bananas, Pears</p> <p style="font-size: small; color: #ffcc00;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p>	<p>Dressings Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</p>	<p>Pizza and Pasta Flavor Station</p> <p>Granulated Garlic Red Pepper Flakes Parmesan Cheese</p> <p style="text-align: right; font-size: small;">High School Lunch Menu</p>
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