



## OCTOBER 2017: Pre-K - 8 Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CHICKEN DELIGHTS</b>	<b>BURGER BASH</b>	<b>CULINARY</b>	<b>NEW YORK</b>	<b>PIZZA PARTY</b>
2	3	4	New York Thursday 5	6
<p><b>Crispy Chicken Waffle Sandwich</b> served with syrup</p> <p><b>Garlic Toast</b></p> <p><b>Roasted Zucchini</b></p> <p><b>Salad Bar</b> Italian Classico Salad</p>	<p><b>100% Beef Hamburger &amp; Cheeseburger Sliders</b></p> <p><b>Turkey Burger</b> Burgers served with Lettuce Tomato &amp; <b>New York Onion</b></p> <p><b>Frito-Lay® SunChips®</b></p> <p><b>Orange Glazed Carrots</b> <b>Salad Bar</b> Caesar Salad</p>	<p><b>"Super Chef" Shepherd's Pie</b> A Delicious Blend of Mashed Potatoes, Turkey, &amp; Cheese</p> <p><b>Warm Dinner Roll</b> <b>Broccoli Trees</b></p> <p><b>Salad Bar</b> Confetti Corn Salad</p>	<p><b>Jamaican Beef Patty</b></p> <p><b>Mozzarella Sticks</b> Marinara Sauce</p> <p><b>New York Hot Pretzel</b></p> <p><b>"Party Fries"</b></p> <p><b>Salad Bar</b> <b>Celery &amp; Apple Salad</b> <b>New York Apple Slices</b></p>	<p><b>Classic Cheese Pizza</b></p> <p><b>Bruschetta Pizza</b> Fresh Tomatoes &amp; Onions</p> <p><b>Chickpea Salad</b> <b>Hot Confetti Corn</b></p> <p><b>Salad Bar</b> Roasted Broccoli &amp; Cauliflower Salad</p>
9	10	11	New York Thursday 12	13
<p><b>Popcorn Chicken</b> Dipping Sauce Cup</p> <p><b>Mac-N-Cheese</b></p> <p><b>Sweet Potato Wedge Fries</b></p> <p><b>Brooklyn Baked Beans</b></p> <p><b>Salad Bar</b> Green Garden Salad</p>	<p><b>100% Beef Bacon Cheddar Cheeseburger</b></p> <p><b>Fish &amp; Cheese Sandwich</b> Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p><b>French Fries</b></p> <p><b>Salad Bar</b> Greek Zucchini Salad</p>	<p><b>Brunch</b> <b>Canadian Bacon, Egg &amp; Cheese</b> on a Bagel</p> <p><b>Mozzarella Sticks</b> Marinara Sauce</p> <p><b>Home Fries</b> <b>Garlicky Green Beans</b></p> <p><b>Salad Bar</b> Spinach &amp; Cranberry Salad</p>	<p><b>Steamed Chicken Dumplings</b> with Asian Dipping Sauce</p> <p><b>Vegetable Fried Brown Rice</b></p> <p><b>Egg Roll</b> with Duck Sauce</p> <p><b>Salad Bar</b> Asian Slaw <b>Fresh New York Apples</b></p>	<p><b>Classic Cheese Pizza</b></p> <p><b>Pizza Supreme</b> Sausage, Onions &amp; Peppers</p> <p><b>Kid Friendly Kale Salad</b></p> <p><b>Salad Bar</b> Fresh Marinated Vegetable Salad</p>
16	17	18	New York Thursday 19	20
<p><b>Popcorn Chicken</b> Dipping Sauce Cup</p> <p><b>Warm Dinner Roll</b></p> <p><b>Parmigiana Roasted Cauliflower</b></p> <p><b>Salad Bar</b> Broccoli and Cranberry Salad</p>	<p><b>Classic Tuna on Ciabatta Bread</b></p> <p><b>Mozzarella Sticks</b> Marinara Sauce</p> <p><b>New York Cookie Treat</b></p> <p><b>French Fries</b></p> <p><b>Salad Bar</b> Carrot &amp; Lemon Salad</p>	<p><b>Bite Size Beef Tacos</b> Seasoned Beef served with Diced Tomato, Lettuce, Cheese &amp; Taco Sauce</p> <p><b>Baked! Tostitos® Scoops®</b> <b>Brown Rice</b></p> <p><b>Teriyaki Chicken Sliders</b></p> <p><b>Sweet Plantains</b> <b>Seasoned Pinto Beans</b> <b>Salad Bar</b> Fresh Cilantro Slaw</p>	<p><b>100% New York Beef Hamburgers &amp; Cheeseburgers</b></p> <p>Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p><b>Sweet Potato Waffle Fries</b></p> <p><b>Salad Bar</b> <b>Kale Salad</b> <b>Fresh New York Apples</b></p>	<p><b>Classic Cheese Pizza</b></p> <p><b>Meat Lovers Pizza</b> Bacon &amp; Sausage</p> <p><b>Garlic Knot</b></p> <p><b>Green Garden Salad</b></p> <p><b>Salad Bar</b> Italian Marinated Cucumber Salad</p>
23	24	25	New York Thursday 26	27
<p><b>Chicken Parmigiana on a New York Bun</b></p> <p><b>Garlic Toast</b></p> <p><b>Roasted Zucchini</b></p> <p><b>Salad Bar</b> Italian Classico Salad</p>	<p><b>100% Beef Hamburgers &amp; Cheeseburgers</b></p> <p><b>Turkey Burger</b> Burgers served with Lettuce Tomato &amp; <b>New York Onion</b></p> <p><b>Frito-Lay® SunChips®</b></p> <p><b>Orange Glazed Carrots</b> <b>Salad Bar</b> Caesar Salad</p>	<p><b>"Super Chef" Shepherd's Pie</b> A Delicious Blend of Mashed Potatoes, Turkey, &amp; Cheese</p> <p><b>Warm Dinner Roll</b> <b>Broccoli Trees</b></p> <p><b>Salad Bar</b> Confetti Corn Salad</p>	<p><b>Jamaican Beef Patty</b></p> <p><b>Mozzarella Sticks</b> Marinara Sauce</p> <p><b>New York Hot Pretzel</b></p> <p><b>"Party Fries"</b></p> <p><b>Salad Bar</b> <b>Celery &amp; Apple Salad</b> <b>New York Apple Slices</b></p>	<p><b>Classic Cheese Pizza</b></p> <p><b>Bruschetta Pizza</b> Fresh Tomatoes &amp; Onions</p> <p><b>Chickpea Salad</b> <b>Hot Confetti Corn</b></p> <p><b>Salad Bar</b> Roasted Broccoli &amp; Cauliflower Salad</p>
30	31			
<p><b>Popcorn Chicken</b> Dipping Sauce Cup</p> <p><b>Mac-N-Cheese</b></p> <p><b>Sweet Potato Wedge Fries</b></p> <p><b>Brooklyn Baked Beans</b></p> <p><b>Salad Bar</b> Green Garden Salad</p>	<p><b>Happy Halloween</b></p> <p><b>100% Beef Mushroom Swiss Cheeseburger</b></p> <p><b>Fish &amp; Cheese Sandwich</b> Burgers served with Lettuce, Tomato &amp; <b>New York Onion</b></p> <p><b>New York Cookie Treat</b> <b>French Fries</b></p> <p><b>Salad Bar</b> Greek Zucchini Salad</p>	 <p><b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</b></p>		

<p><b>Entree Alternatives</b></p> <ul style="list-style-type: none"> <li>• PB&amp;J Sandwich</li> <li>• Cheese Sandwich</li> <li>• Plain Turkey Sandwich</li> <li>• Hummus Grab &amp; Go</li> </ul>	<p><b>Milk</b> 1% Low-fat Fat Free Fat Free Chocolate</p> <p><b>Dipping Sauce Cups</b> BBQ, Ranch, Honey Mustard</p>	<p style="text-align: center;"><b>OFFERED DAILY</b></p> <p><b>Seasonal Fresh Fruit</b> Apples, Oranges, Bananas, Pears</p> <p style="font-size: small;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p>	<p><b>Dressings</b> Chipotle Ranch Balsamic Vinaigrette Ranch Asian Sesame Honey Mustard Caesar French Italian Vinaigrette</p>	<p><b>Pizza and Pasta Flavor Station</b> Granulated Garlic Red Pepper Flakes Parmesan Cheese</p> <p style="text-align: right;">Pre-K - 8 Lunch Menu</p>
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK