



SEPTEMBER 2017: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
Labor Day 4	5	6	First Day of Classes 7	8
Classic Tuna on Ciabatta Bread Cubano Panini Garlic Toast Corn on the Cob Parmigiana Roasted Cauliflower Salad Bar Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Turkey Cheeseburger Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries Salad Bar Carrot & Lemon Salad	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Baked! Tostitos® Scoops® Brown Rice Classic Grilled Cheese Sweet Plantains Seasoned Pinto Beans Salad Bar Fresh Cilantro Slaw	Popcorn Chicken Dipping Sauce Cup Mozzarella Sticks Marinara Sauce Mac-N-Cheese French Fries New York Cookie Treat Salad Bar Kale Salad Fresh New York Apples	French Bread Pizza Meat Lovers Pizza Bacon & Sausage Teriyaki Chicken Sliders Fruit Juice Ice Garlic Knot Green Garden Salad Salad Bar Italian Marinated Cucumber Salad
11	12	13	New York Thursday 14	15
Chicken Parmigiana on a New York Hero Garlic Toast Cheese Steak on a New York Hero Roasted Zucchini Salad Bar Italian Classico Salad	100% Beef Hamburger & Cheeseburger Sliders Turkey Burger Burgers served with Lettuce Tomato & New York Onion Frito-Lay® SunChips® Orange Glazed Carrots Sweet Plantains Salad Bar Caesar Salad	"Super Chef" Shepard's Pie A Delicious Blend of Mashed Potatoes, Turkey, & Cheese, Warm Dinner Roll Sriracha Chicken Sliders Broccoli Trees Salad Bar Confetti Corn Salad	Jamaican Patty Mozzarella Sticks Marinara Sauce New York Hot Pretzel "Party Fries" Salad Bar Celery & Apple Salad New York Apple Slices	French Bread Pizza Bruschetta Pizza Fresh Tomatoes & Onions Spicy Chicken Sandwich served with Lettuce Tomato & New York Onion Chick Pea Salad Salad Bar Broccoli & Cauliflower Salad
18	19	20	Rosh Hashanah 21	Rosh Hashanah 22
Popcorn Chicken Dipping Sauce Cup Mac-N-Cheese Gyro on a Pita Tzatziki Sauce Fruit Juice Ice Sweet Potato Wedge Fries Brooklyn Baked Beans Salad Bar Green Garden Salad	100% Beef Bacon & Cheddar Burger Fish & Cheese Sandwich Burgers served with Lettuce, Tomato & New York Onion French Fries Salad Bar Greek Zucchini Salad	Brunch Canadian Bacon, Egg & Cheese on a Bagel Sausage Onion & Peppers Sandwich Home Fries Garlicky Green Beans Salad Bar Spinach & Cranberry Salad	Steamed Chicken Dumplings with Asian Dipping Sauce Vegetable Fried Brown Rice Mozzarella Sticks Marinara Sauce Fruit Juice Ice Vegetable Egg Roll Roasted Zucchini Salad Bar Asian Slaw Fresh New York Apples	French Bread Pizza Pizza Supreme Sausage, Onions & Peppers Crispy Chicken Wrap Kid Friendly Kale Salad Salad Bar Fresh Marinated Vegetable Salad
25	26	27	New York Thursday 28	29
Popcorn Chicken Dipping Sauce Cup Warm Dinner Roll Cubano Panini Corn on the Cob Parmigiana Roasted Cauliflower Salad Bar Broccoli and Cranberry Salad	100% Beef Hamburgers & Cheeseburgers Turkey Cheeseburger Burgers served with Lettuce, Tomato & New York Onion Sweet Potato Waffle Fries Salad Bar Carrot & Lemon Salad	Bite Size Beef Tacos Seasoned Beef served with Diced Tomato, Lettuce, Cheese & Taco Sauce Baked! Tostitos® Scoops® Brown Rice Classic Grilled Cheese Sweet Plantains Seasoned Pinto Beans Salad Bar Fresh Cilantro Slaw	Classic Tuna on Ciabatta Bread Mozzarella Sticks Marinara Sauce Garlic Toast New York Cookie Treat French Fries Salad Bar Kale Salad New York Apple Slices	French Bread Pizza Meat Lovers Pizza Bacon & Sausage Teriyaki Chicken Sliders Fruit Juice Ice Garlic Knot Green Garden Salad Salad Bar Italian Marinated Cucumber Salad
			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

OFFERED DAILY

Entree Alternatives

- PB&J Sandwich
- Cheese Sandwich
- Assorted Deli Sandwiches
- Grab and Go Salads
- Hummus Grab & Go

Milk

- 1% Low-fat
- Fat Free
- Fat Free Chocolate

Dipping Sauce Cups

- BBQ, Ranch,
- Honey Mustard

Seasonal Fresh Fruit

- Apples, Oranges,
- Bananas, Pears

No Artificial flavors, colors, or sweeteners in all SchoolFood Products

Dressings

- Chipotle Ranch
- Balsamic Vinaigrette
- Ranch
- Asian Sesame
- Honey Mustard
- Caesar
- French
- Italian Vinaigrette

Pizza and Pasta Flavor Station

- Granulated Garlic
- Red Pepper Flakes
- Parmesan Cheese

High School Lunch Menu



SchoolFood
Feed your mind



Department of
Education



MENUS ARE SUBJECT TO CHANGE
SCHOOLFOOD HAS A PORK FREE MENU