



JULY 2017: Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Yogurt & Granola	Egg & Cheese Sandwich	Bagel & Bread	New York	Fan Favorite
3	INDEPENDENCE DAY 4	5	New York Thursday 6	7
Organic Stonyfield® Yogurt Served with Craisins & Granola Back to the Roots Organic Cinnamon Clusters Seasonal Fresh Fruit 100% Fruit Juice	Canadian Bacon, Egg & Cheese on an English Muffin Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit 100% Fruit Juice	Whole Grain Bagel Served with Jelly and Cream Cheese Back to the Roots Organic Cinnamon Clusters Seasonal Fresh Fruit 100% Fruit Juice	Turkey Breakfast Burrito with Taco Sauce Upstate Farms® Strawberry Yogurt Back to the Roots Organic Purple Corn Flakes New York Apple Slices 100% Fruit Juice	Cinnamon Pancakes Served with Syrup Turkey Sausage Patty Seasonal Fresh Fruit 100% Fruit Juice
10	11	12	New York Thursday 13	14
Organic Stonyfield® Yogurt Served with Craisins & Granola Back to the Roots Organic Cinnamon Clusters Seasonal Fresh Fruit 100% Fruit Juice	Omelet with Cheese Soft Wrap with Salsa Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit 100% Fruit Juice	Whole Grain Croissant Served with Grape Jelly Land O'Lakes® Cheddar Cheese Stick Back to the Roots Organic Cinnamon Clusters Seasonal Fresh Fruit 100% Fruit Juice	Beef Sausage & White Cheddar Sandwich Upstate Farms® Cherry Vanilla Yogurt Back to the Roots Organic Purple Corn Flakes Fresh New York Apples 100% Fruit Juice	Tasty Waffles Served with Syrup Turkey Canadian Bacon Seasonal Fresh Fruit 100% Fruit Juice
17	18	19	New York Thursday 20	21
Yogurt Parfait Honey Roasted Sunflower Seeds Back to the Roots Organic Cinnamon Clusters Seasonal Fresh Fruit 100% Fruit Juice	Turkey Bacon, Egg & Cheese Breakfast Toast Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit 100% Fruit Juice	Whole Grain Bagel Served with Jelly and Cream Cheese Back to the Roots Organic Cinnamon Clusters Seasonal Fresh Fruit 100% Fruit Juice	Cheese Omelet on a Buttermilk Biscuit Upstate Farms® Strawberry Banana Yogurt Back to the Roots Organic Purple Corn Flakes New York Apple Slices 100% Fruit Juice	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty Seasonal Fresh Fruit 100% Fruit Juice
24	25	26	New York Thursday 27	28
Organic Stonyfield® Yogurt Served with Craisins & Granola Back to the Roots Organic Cinnamon Clusters Seasonal Fresh Fruit 100% Fruit Juice	Egg & Cheese Pita Back to the Roots Organic Purple Corn Flakes Seasonal Fresh Fruit 100% Fruit Juice	Whole Grain Croissant Served with Grape Jelly Land O'Lakes® Mozzarella Cheese Stick Back to the Roots Organic Cinnamon Clusters Seasonal Fresh Fruit 100% Fruit Juice	Ham Egg & Cheese on a Soft Roll Upstate Farms® Peach Yogurt Back to the Roots Organic Purple Corn Flakes Fresh New York Apples 100% Fruit Juice	French Toast Sticks Served with Syrup Turkey Canadian Bacon Seasonal Fresh Fruit 100% Fruit Juice
31			 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

Offered Daily:

Milk (1% low fat, fat free), Fresh Fruit (Apples, Oranges, Bananas, Pears, Watermelon, Peaches, Plums, Nectarines), Canned Fruit, 100% Fruit Juice (Apple, Fruit Punch, Grape, Orange), Assorted Cold Cereal
Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Clusters
Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

Summer Breakfast Menu



MENUS ARE SUBJECT TO CHANGE