



MARCH 2017: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK	PIZZA PARTY
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>		<p>1</p> <p>Chicken Dumplings with Asian Dipping Sauce</p> <p>Vegetable Fried Rice</p> <p>Pizza Slice / Sausage Pizza</p> <p><u>Eat Your Colors</u> Vegetable Stir Fry</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p>New York Thursday 2</p> <p>Spinach & Cheese Ravioli</p> <p>Jamaican Patty Cookie Treat</p> <p><u>Eat Your Colors</u> Italian Chickpeas</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw Champlain Valley NY Apple Slices</p>	<p>3</p> <p>Pizza Slice Bruschetta Pizza</p> <p>Sriracha Chicken Sliders Deluxe Toppings</p> <p><u>Eat Your Colors</u> Kale Salad French Fries</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>
	6	7	8	New York Thursday 9
<p>Sweet & Sour Popcorn Chicken Corn on the Cob</p> <p>Macaroni and Cheese Toasty Bread Stick</p> <p><u>Eat Your Colors</u> Roasted Zucchini <u>Salad Bar</u> Celery and Apple Salad</p>	<p>100% Beef Chipotle Cheeseburger Deluxe Toppings</p> <p>Spicy Chicken Sandwich Deluxe Toppings</p> <p><u>Eat Your Colors</u> Sweet Potato Waffle Fries</p> <p><u>Salad Bar</u> Ranch Carrot Snacker</p>	<p>Brunch Menu</p> <p>Egg Omelet with French Toast Sticks Turkey Canadian Bacon with Orange Juice</p> <p>Pizza Slice</p> <p><u>Eat Your Colors</u> Home Fries</p> <p><u>Salad Bar</u> Confetti Corn Salad</p>	<p>Deli Sandwiches Italian Hero</p> <p>Mozzarella Sticks with Marinara sauce Cookie Treat</p> <p><u>Eat Your Colors</u> Cold Bean Salad</p> <p><u>Salad Bar</u> Caesar Salad Fresh Apples</p>	<p>Pizza Slice Pineapple & Ham Pizza</p> <p>Gyro Pita Tzatziki Sauce</p> <p><u>Eat Your Colors</u> Green Garden Salad</p> <p><u>Salad Bar</u> Broccoli and Cranberry Salad</p>
13	14	15	New York Thursday 16	17
<p>Crispy Chicken Tenders Dipping Sauce Cup</p> <p>Mozzarella Sticks with Marinara sauce Toasty Bread Stick</p> <p><u>Eat Your Colors</u> Sweet Potato Waffle Fries</p> <p><u>Salad Bar</u> Ranch Carrot Snacker</p>	<p>100% Grass Fed Beef Burger Deluxe Toppings</p> <p>Fish & Cheese Sandwich</p> <p><u>Eat Your Colors</u> French Fries</p> <p><u>Salad Bar</u> Marinated Vegetable Salad</p>	<p>Korean BBQ Roasted Chicken Vegetable Fried Rice</p> <p>Macaroni and Cheese</p> <p><u>Eat Your Colors</u> Egg Roll With Duck sauce Garlicky Green Beans</p> <p><u>Salad Bar</u> Asian Slaw</p>	<p>Deli Sandwiches Turkey & Swiss on Kaiser Roll</p> <p>Jamaican Patty NY Soft Pretzel</p> <p><u>Eat Your Colors</u> Brooklyn Baked Beans</p> <p><u>Salad Bar</u> Spring Mix Salad Apple Slices</p>	<p>Pizza Slice Pizza Margherita</p> <p>Spicy Chicken Sandwich</p> <p><u>Eat Your Colors</u> Green Garden Salad</p> <p><u>Salad Bar</u> Carrot & Lemon Salad</p>
20	21	22	New York Thursday 23	24
<p>Crispy Chicken Parmigiana Hero</p> <p>Mozzarella Sticks with Marinara sauce Toasty Bread Stick</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Italian Classico Salad</p>	<p>100% Beef Burger Sliders Deluxe Toppings</p> <p>Teriyaki Chicken Sliders Deluxe Toppings</p> <p><u>Eat Your Colors</u> "Party Fries"</p> <p><u>Salad Bar</u> Marinated Green Beans New York Apple Slices</p>	<p>Bite Size Beef Tacos With Fresh Toppings Taco Sauce Baked! Tostitos® Scoops® Brown Rice</p> <p>Pizza Slice</p> <p><u>Eat Your Colors</u> Broccoli Trees</p> <p><u>Salad Bar</u> Confetti Corn Salad</p>	<p>Cheese Steak on NY Hero Roll</p> <p>Mozzarella Sticks with Marinara sauce Toasty Bread Stick</p> <p><u>Eat Your Colors</u> Cold Bean Salad</p> <p><u>Salad Bar</u> Celery & Apple Salad Fresh Apples</p>	<p>Pizza Slice Sausage Pizza</p> <p>Macaroni and Cheese Corn Bread</p> <p><u>Eat Your Colors</u> Cucumber Salad</p> <p><u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad</p>
27	28	29	New York Thursday 30	31
<p>Popcorn Chicken Dipping Sauce Cup</p> <p>Toasty Bread Stick</p> <p>Turkey & Swiss on Kaiser Roll</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Ranch Carrot Snacker</p>	<p>100% Beef Cheeseburger Deluxe Toppings</p> <p>Turkey Burger Deluxe Toppings</p> <p><u>Eat Your Colors</u> French Fries</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p>Latin Pasta Bowl Dinner Roll</p> <p>Classic Cheese Flatbread Pizza</p> <p><u>Eat Your Colors</u> Roasted Zucchini</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p>Spinach & Cheese Ravioli</p> <p>Jamaican Patty Cookie Treat</p> <p><u>Eat Your Colors</u> Italian Chickpeas</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw Champlain Valley NY Apple Slices</p>	<p>Classic Cheese Flatbread Pizza</p> <p>Teriyaki Chicken Sliders Deluxe Toppings</p> <p><u>Eat Your Colors</u> Kale Salad French Fries</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, Hummus & Whole Wheat Crackers (8 packs) or Pretzel Grab & Go PB&J Sandwich, Cheese Sandwich, Deli Sandwiches and/or Grab and Go Salads
 Flavor Station (Served on Pizza & Pasta Days): Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano
 Dipping Sauce Cups: BBQ, Honey Mustard, Ranch
 Condiments: Ketchup, Mustard, Mayonnaise, Hot Sauce
 Dressings: Asian Sesame, Balsamic Vinaigrette, Caesar, Chipotle Ranch, Ranch, French, Honey Mustard, Italian Vinaigrette

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MENUS ARE SUBJECT TO CHANGE