



APRIL 2017: Vegetarian Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	New York Thursday 6	7
Egg and Cheese Pita Honey Corn Bread Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	French Toast Sticks Served with Syrup Hot Oatmeal 100% Fruit Juice	Yogurt Parfait Whole Grain Croissant with Grape Jelly Honey Roasted Sunflower Seeds Fresh NY Apples	Egg & Cheese on an English Muffin Multi Grain Cheerios Upstate Farms® Yogurt 100% Fruit Juice
Spring Recess 10	Spring Recess 11	Spring Recess 12	Spring Recess 13	Spring Recess 14
Egg and Cheese Pita Warm Very Berry Bread Land O'Lakes® Colby Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	Blueberry Pancakes Served with Syrup Hot Oatmeal 100% Fruit Juice	Upstate Farms® Peach Yogurt Apple Cinnamon Bread Whole Grain Bagel with Cream Cheese & Jelly Champlain Valley NY Apple Slices	Cheese Omelet Soft Wrap with Salsa Back to the Roots Organic® Cinnamon Cereal Bowl 100% Fruit Juice
Spring Recess 17	Spring Recess 18	19	New York Thursday 20	21
Egg & Cheese Pita Warm Banana Bread Land O'Lakes® Colby Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	Tasty Waffles Served with Syrup Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Upstate Farms® Strawberry Banana Yogurt Apple Cinnamon Granola Honey Roasted Sunflower Seeds Fresh NY Apples	Egg & Cheese on a Roll Back to the Roots Organic® Purple Corn Flakes Bowl 100% Fruit Juice
24	25	26	New York Thursday 27	28
Egg and Cheese Pita Apple Cinnamon Bread Land O'Lakes® Cheddar Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Seasonal Fresh Fruit	Buttermilk Pancakes Served with Syrup Hot Oatmeal 100% Fruit Juice	Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar Whole Grain Bagel with Cream Cheese & Jelly Champlain Valley NY Apple Slices	Omelet with Cheese Buttermilk Biscuit San Franola Granola Bowl 100% Fruit Juice

EVERY KID HEALTHY™
April 24-28 is Every Kid Healthy week



EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit (Apples, Oranges, Bananas, Pears), Canned Fruit, 100% Fruit Juice (Apple, Fruit Punch, Grape, Orange), Assorted Cold Cereal

Cold Cereal Choices: Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal, Cinnamon Flakes

Breakfast Dipping Sauces: Ketchup, Hot Sauce, Salsa

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MENUS ARE SUBJECT TO CHANGE