




FEBRUARY 2017: K-8 Express Hot Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	New York Thursday 2	3
		Teriyaki Chicken Sliders	Assorted Hot Sandwiches	Macaroni and Cheese Warm Dinner Roll
		<u>Eat Your Colors</u> Super Hero Spinach	<u>Eat Your Colors</u> Cucumber Salad	<u>Eat Your Colors</u> Baked Beans
			Cookie Treat	
			NY Apples	
6	7	8	New York Thursday 9	10
Popcorn Chicken Dipping Sauce Cup	100% Beef Hamburger Sliders Deluxe Toppings	Spinach & Cheese Ravioli In Marinara Sauce	Grilled Cheese Sandwich	Macaroni and Cheese Warm Dinner Roll
<u>Eat Your Colors</u> Sweet Potato Wedges	<u>Eat Your Colors</u> Seasoned Wedge Fries	Toasty Breadstick	Frito-Lay® SunChips®	<u>Eat Your Colors</u> Baked Beans
		<u>Eat Your Colors</u> Garlicky Green Beans	<u>Eat Your Colors</u> Cucumber Salad	
			Champlain Valley NY Apple Slices	
13	14	15	New York Thursday 16	17
Crispy Chicken Tenders Dipping Sauce Cup	Turkey Burger Deluxe Toppings	Korean BBQ Roasted Chicken	Jamaican Patty	Macaroni and Cheese Warm Dinner Roll
<u>Eat Your Colors</u> Garlicky Green Beans	Cookie Treat	Long Grain Brown Rice	Cookie Treat	<u>Eat Your Colors</u> Baked Beans
	<u>Eat Your Colors</u> Sweet Potato Wedges	<u>Eat Your Colors</u> Egg Roll With Duck sauce	<u>Eat Your Colors</u> Kale Salad	
			Champlain Valley NY Apple Slices	
20	21	22	23	24
Mid-Winter Recess	Mid-Winter Recess	Mid-Winter Recess	Mid-Winter Recess	Mid-Winter Recess
Crispy Chicken Tenders Dipping Sauce Cup	100% Beef Cheeseburger Sliders Deluxe Toppings	Latin Pasta Bowl	Cheese Steak on NY Hero Roll	Macaroni and Cheese Warm Dinner Roll
<u>Eat Your Colors</u> Seasoned Wedge Fries	<u>Eat Your Colors</u> Sweet Potato Wedges	Warm Dinner Roll	<u>Eat Your Colors</u> Cold Black Bean Salad	<u>Eat Your Colors</u> Baked Beans
		<u>Eat Your Colors</u> Spring Mix Salad	Salad Bar Spring Mix Salad NY Apples	
27	28			
Crispy Chicken Sandwich Dipping Sauce Cup	100% Grass Fed Beef Cheeseburger Deluxe Toppings			
<u>Eat Your Colors</u> Seasoned Wedge Fries	<u>Eat Your Colors</u> Sweet Potato Waffle Fries		EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, PB&J, and Cheese Sandwiches

Spice Station: Granulated Garlic, Red Pepper Flakes, Oregano

Dressings: Ranch, Honey Mustard, French

Condiments : Ketchup, Mustard, Mayonnaise, Hot Sauce, BBQ Sauce

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MENUS ARE SUBJECT TO CHANGE