



FEBRUARY 2017: K-8 Alternative Lunch Menu

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| CHICKEN DELIGHTS | BURGER BASH | CULINARY | NEW YORK DELI DAY | PIZZA PARTY |
| | | 1 | New York Thursday 2 | 3 |
| | | <p>Black Bean Quesadilla with Salsa and Rice</p> <p><u>Eat Your Colors</u> Confetti Corn</p> <p><u>Salad Bar</u> Sliced Cucumbers</p> | <p><u>Deli Sandwiches</u> Red, White and Green Panini</p> <p><u>Eat Your Colors</u> Cold Bean Salad</p> <p><u>Salad Bar</u> Kale Salad NY Apples</p> | <p>Pizza Slice Veggie Pizza</p> <p><u>Eat Your Colors</u> Ranch Carrot Snackers</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p> |
| 6 | 7 | 8 | New York Thursday 9 | 10 |
| <p>Chicken Dumplings Soy Sauce Dipper Sesame Lo-Mein</p> <p><u>Eat Your Colors</u> Confetti Corn</p> <p><u>Salad Bar</u> Asian Slaw</p> | <p>100% Beef Burger Deluxe Toppings</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad</p> | <p>Vegetarian Chili Warm Taco Boat Served with Rice and Salsa</p> <p><u>Eat Your Colors</u> Broccoli Trees</p> <p><u>Salad Bar</u> Spring Mix Salad</p> | <p><u>Deli Sandwiches</u> Turkey Caesar Wrap</p> <p><u>Eat Your Colors</u> Fresh Cilantro Slaw</p> <p><u>Salad Bar</u> Kale Salad Champlain Valley NY Apple Slices</p> | <p>Pizza Slice Bruschetta Pizza</p> <p><u>Eat Your Colors</u> Chickpea Salad</p> <p><u>Salad Bar</u> Broccoli and Cranberry Salad</p> |
| 13 | 14 | 15 | New York Thursday 16 | 17 |
| <p>Chicken Sabrosa Yellow Rice & Beans</p> <p><u>Eat Your Colors</u> Sweet Plantains Seasoned Beans</p> <p><u>Salad Bar</u> Cilantro Slaw</p> | <p>Turkey Burger with Cheese Deluxe Toppings</p> <p><u>Eat Your Colors</u> Sweet Potato Waffle Fries</p> <p><u>Salad Bar</u> Spring Mix Salad</p> | <p>Spinach & Cheese Ravioli Whole Wheat Dinner Roll</p> <p><u>Eat Your Colors</u> Callaloo Spinach Cucumber Salad</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p> | <p><u>Deli Sandwiches</u> Hot Turkey Pastrami Melt on Kaiser Roll</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Spring Mix Salad NY Apples/ Apple Slices</p> | <p>Pizza Slice Pizza Margherita</p> <p><u>Eat Your Colors</u> Cold Bean Salad</p> <p><u>Salad Bar</u> Carrot and Lemon Salad</p> |
| 20 | 21 | 22 | 23 | 24 |
| <p>Mid-Winter Recess</p> <p>Chicken Dumplings Soy Sauce Dipper Sesame Lo-Mein</p> <p><u>Eat Your Colors</u> Confetti Corn <u>Salad Bar</u> Ranch Carrot Snacker</p> | <p>Mid-Winter Recess</p> <p>100% Beef Burger Deluxe Toppings</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Cucumber Salad</p> | <p>Mid-Winter Recess</p> <p>Pasta Fagioli Whole Wheat Dinner Roll</p> <p><u>Eat Your Colors</u> Roasted Zucchini</p> <p><u>Salad Bar</u> Marinated Green Beans</p> | <p>Mid-Winter Recess</p> <p><u>Deli Sandwiches</u> Italian Turkey Wrap</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Celery & Apple Salad NY Apples</p> | <p>Mid-Winter Recess</p> <p>Pizza Slice Bruschetta Pizza</p> <p><u>Eat Your Colors</u> Chickpea Salad</p> <p><u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad</p> |
| 27 | 28 | | | |
| <p>Savory Roasted Chicken Drumsticks Corn on the Cob Buttermilk biscuit</p> <p><u>Eat Your Colors</u> Broccoli Trees</p> <p><u>Salad Bar</u> Italian Classico Salad</p> | <p>Turkey Burger with Cheese Deluxe Toppings</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Marinated Vegetable Salad</p> | | | |

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, Cheese Sandwiches, Hummus & Pretzel Grab & Go
Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano
Condiments: Ketchup, Mustard, Mayonnaise, Hot Sauce
Homemade Dressings: Balsamic Vinaigrette, Caesar, Honey Mustard, Italian Vinaigrette

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MENUS ARE SUBJECT TO CHANGE