



## JANUARY 2017: Breakfast Express/Breakfast in the Classroom Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Winter Recess 2	3	4	New York Thursday 5	6
<b>Meal Kit</b>  <b>Apple Cinnamon Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Orange Tangerine Juice	<b>Zucchini Bread</b>   Fresh Mandarins	<b>Whole Grain Croissant with Grape Jelly</b>  <b>Honey Roasted Sunflower Seeds</b>  100% Fruit Juice	<b>Upstate Farms® Cherry Vanilla Yogurt</b>  <b>Apple Cinnamon Granola</b>  <b>Fresh NY Apples</b>	<b>Cherry Fruit Pocket</b>  <b>Land O'Lakes® Mozzarella Cheese Stick</b>  100% Fruit Juice
9	10	11	New York Thursday 12	13
<b>Meal Kit</b>  <b>Sun Butter Cup</b>  <b>Honey Graham Crackers Grape Jelly</b>  100% Fruit Juice	<b>San Franola Granola Bowl®</b>   Fresh Tangerines	<b>Whole Grain Bagel with Cream Cheese &amp; Jelly</b>   100% Fruit Juice	<b>Yogurt Parfait</b>   <b>Champlain Valley NY Apple Slices</b>	<b>Nature Valley™ Oats 'n Honey Granola Bar</b>  <b>Land O'Lakes® Colby Cheese</b>  100% Fruit Juice
16	17	18	New York Thursday 19	20
<b>Martin Luther King Jr.</b> <b>Meal Kit</b>  <b>Fruity Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Apple Juice	<b>Zucchini Bread</b>   Fresh Mandarins	<b>Whole Grain Croissant with Grape Jelly</b>  <b>Honey Roasted Sunflower Seeds</b>  100% Fruit Juice	<b>Upstate Farms® Peach Yogurt</b>  <b>Blueberry Granola</b>  <b>Fresh NY Apples</b>	<b>Cherry Fruit Pocket</b>  <b>Land O'Lakes® Mozzarella Cheese Stick</b>  100% Fruit Juice
23	24	25	New York Thursday 26	27
<b>Meal Kit</b>  <b>Sun Butter Cup</b>  <b>Honey Graham Crackers Grape Jelly</b>  100% Fruit Juice	<b>San Franola Granola Bowl®</b>   Fresh Tangerines	<b>Whole Grain Bagel with Cream Cheese &amp; Jelly</b>   100% Fruit Juice	<b>Yogurt Parfait</b>   <b>Champlain Valley NY Apple Slices</b>	<b>Nature Valley™ Oats 'n Honey Granola Bar</b>  <b>Land O'Lakes® Colby Cheese</b>  100% Fruit Juice
30	31			
<b>Meal Kit</b>  <b>Apple Cinnamon Cheerios®</b>  <b>Honey Graham Crackers</b>  100% Orange Tangerine Juice	<b>Zucchini Bread</b>   Fresh Mandarins		  EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD	

**Offered Daily:** Milk (1% low fat, fat free), Seasonal Fresh Fruit, Assorted Cold Cereal

**Cold Cereal Choices:** Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

\*Please pack Cream Cheese COLD with Milk

Breakfast Express Menu



MENUS ARE SUBJECT TO CHANGE