



## NOVEMBER 2016: High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>CHICKEN DELIGHTS</b>	<b>BURGER BASH</b>	<b>CULINARY</b>	<b>NEW YORK</b>	<b>PIZZA PARTY</b>
	1	2	3	4
	<p><b>100% Beef BBQ Rodeo Burger</b> Deluxe Toppings</p> <p><b>Cubano Panini</b></p> <p><u>Eat Your Colors</u> Garlicky Green Beans</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw</p>	<p><b>Mac and Cheese</b> <b>BBQ Chicken Drummy</b> Corn on the Cob <b>Pizza Slice</b> <b>Sausage Pizza</b></p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p><b>New York Thursday</b></p> <p><u>Deli Sandwiches</u> Italian <b>Hero</b></p> <p><b>Ravioli Bar</b> Dinner Roll <b>Cookie Treat</b></p> <p><u>Eat Your Colors</u> Broccoli</p> <p><u>Salad Bar</u> Kale Salad NY Apples/ Apple Slices</p>	<p><b>Pizza Slice</b> <b>Bruschetta Pizza</b></p> <p><b>Gyro Pita</b> Tzatziki Sauce</p> <p><u>Eat Your Colors</u> <b>Cold Bean Salad</b> French Fries <u>Salad Bar</u> Greek Zucchini Salad</p>
7	8	9	10	11
<p><b>Crispy Chicken Tenders</b> Dipping Sauce Cup Corn Cob <b>Mozzarella Sticks</b> Marinara Sauce Toasty Bread Stick</p> <p><u>Eat Your Colors</u> Sweet Potato Waffle Fries <u>Salad Bar</u> Confetti Corn Salad</p>	<p><b>Election Day</b></p> <p><b>100% Beef Chipotle Cheeseburger</b> Deluxe Toppings <b>Sriracha Chicken Sliders</b></p> <p><u>Eat Your Colors</u> French Fries</p> <p><u>Salad Bar</u> Spinach, Tomato &amp; Roasted Red Pepper Salad</p>	<p><b>Chicken Dumplings</b> Soy Sauce Dipper Sesame Lo-Mein</p> <p><b>Pizza Slice</b> <b>Sausage Pizza</b></p> <p><u>Eat Your Colors</u> Broccoli Trees <u>Salad Bar</u> Celery &amp; Apple Salad</p>	<p><b>New York Thursday</b></p> <p><b>Hot Turkey Pastrami Melt</b> on Kaiser Roll</p> <p><b>Jamaican Patty</b> Fritolay® SunChips®</p> <p><u>Eat Your Colors</u> Garlicky Green Beans <u>Salad Bar</u> Fresh Cilantro Slaw NY Apples/ Apple Slices</p>	<p><b>Veteran's Day</b></p> <p><b>Pizza Slice</b> <b>Teriyaki Chicken Pizza</b></p> <p><b>Chipotle Ranch Crispy Chicken Sandwich</b></p> <p><u>Eat Your Colors</u> <b>Cold Bean Salad</b> <u>Salad Bar</u> Broccoli Salad</p>
14	15	16	17	18
<p><b>Crispy Chicken Tenders</b> Corn Cob Dipping Sauce Cup Toasty Bread Stick <b>Turkey Sausage</b> <b>Stuffed Pizza Pocket</b></p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries <u>Salad Bar</u> Sliced Cucumbers</p>	<p><b>Turkey Burger</b> Deluxe Toppings</p> <p><b>100% Beef Burger</b> Deluxe Toppings <b>Cookie Treat</b></p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw</p>	<p><b>Latin Pasta Bowl</b> <b>Dinner Roll</b></p> <p><b>Pizza Slice</b> <b>Sausage Pizza</b></p> <p><u>Eat Your Colors</u> <b>Cold Bean Salad</b> <u>Salad Bar</u> Confetti Corn Salad</p>	<p><b>New York Thursday</b></p> <p><u>Deli Sandwiches</u> <b>Turkey and Swiss</b> on Kaiser Roll</p> <p><b>Jamaican Patty</b> NY Soft Pretzel <u>Eat Your Colors</u> Cucumber Salad <u>Salad Bar</u> Spring Mix Salad NY Apples/ Apple Slices</p>	<p><b>Pizza Slice</b> <b>BBQ Chicken Pizza</b></p> <p><b>Jerk Chicken</b> <b>Mac and Cheese</b> Corn Bread <u>Eat Your Colors</u> SchoolFood "Callaloo" <u>Salad Bar</u> Spring Mix Salad</p>
21	22	23	24	25
<p><b>Crispy Chicken Tenders</b> Corn Cob Dipping Sauce Cup Toasty Bread Stick <b>Mozzarella Sticks</b> Marinara Sauce</p> <p><u>Eat Your Colors</u> Sweet Potato Waffle Fries <u>Salad Bar</u> Marinated Green Beans</p>	<p><b>100% Beef Burger Sliders</b> Deluxe Toppings</p> <p><b>Turkey Carnitas Burrito</b></p> <p><u>Eat Your Colors</u> Cucumber Salad</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p><b>Sliced Turkey with Gravy</b> Buttermilk Biscuit</p> <p><u>Eat Your Colors</u> Mashed Potatoes Garlicky Green Beans</p> <p><u>Salad Bar</u> Confetti Corn</p>	<p><b>Thanksgiving Recess</b></p> <p><b>Cheese Steak</b> on NY Hero Roll Deluxe Toppings Fritolay® SunChips® <u>Eat Your Colors</u> Seasoned Beans</p> <p><u>Salad Bar</u> Celery &amp; Apple Salad NY Apples/ Apple Slices</p>	<p><b>Thanksgiving Recess</b></p> <p><b>Pizza Slice</b> <b>Chicken Ranch Pizza</b></p> <p><b>Spicy Chicken Sandwich</b></p> <p><u>Eat Your Colors</u> Broccoli</p> <p><u>Salad Bar</u> Spinach, Tomato &amp; Roasted Red Pepper Salad</p>
28	29	30	 <p><b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</b></p>	
<p><b>Crispy Chicken Tenders</b> Corn Cob Dipping Sauce Cup Toasty Bread Stick <b>Broccoli Cheese</b> <b>Stuffed Pizza Pocket</b></p> <p><u>Eat Your Colors</u> Sweet Potato Wedges <u>Salad Bar</u> Sliced Cucumbers</p>	<p><b>100% Beef BBQ Rodeo Burger</b> Deluxe Toppings</p> <p><b>Cubano Panini</b></p> <p><u>Eat Your Colors</u> Garlicky Green Beans</p> <p><u>Salad Bar</u> Fresh Cilantro Slaw</p>	<p><b>BBQ Chicken Drummy</b> Corn Bread</p> <p><b>Pizza Slice</b> <b>Sausage Pizza</b> <u>Eat Your Colors</u> Seasoned Wedge Fries Corn on the Cob <u>Salad Bar</u> Spring Mix Salad</p>		

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, Hummus & Pretzel Grab & Go  
PB&J Sandwich, Cheese Sandwich, Deli Sandwiches and/or Grab and Go Salads  
Flavor Station Served on Pizza & Pasta Days: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano  
Dipping Sauce Cups: BBQ, Honey Mustard, Ranch  
Condiments: Ketchup, Mustard, Mayonnaise, Hot Sauce  
Dressings: Asian Sesame, Balsamic Vinaigrette, Caesar, Chipotle Ranch, Ranch, French, Honey Mustard, Italian Vinaigrette

### High School Lunch Menu



MENUS ARE SUBJECT TO CHANGE